



September 2025 | Edition 284

NEWS



by Brenda Waterhouse



Events at Your Clubhouse

Here in your magnificent Clubhouse, you'll find over 37,000 square feet of flexible event space.

Ready to accommodate everything from weddings, receptions, banquets, family events, conferences, parties and more!

Your Clubhouse can host everything from grand to intimate with the exceptional level of service you have come to expect.

Contact Jennifer Stoneking today to plan your next event by emailing or calling!

jstoneking@heritageeaglebend.com

720.235.1822





AN AGE-RESTRICTED COMMUNITY

MASTER ASSOCIATION BOARD OF DIRECTORS

President: Rex Gambrell, 303-913-4912
 Rexgambrell@comcast.net
 Vice President / Treasurer: Steve Krebsbach, 303-748-1886
 Hebstevek@gmail.com
 Secretary: Arleen Sandberg, 970-471-6222
 arleensandberg56@gmail.com
 Director: Chuck Cullens, 303-472-6584
 Chuckecm2@gmail.com
 Director: Steve Gallagher, 732-598-5507
 Stegsg52@gmail.com
 Director: Cindy Nelson, 303-919-2441
 Cjnelson@gmail.com
 Director: Debbie Strine, 303-506-5610
 Dmstrine@yahoo.com

HERITAGE EAGLE BEND GOLF CLUB STAFF

Administrative Office 720-235-1888
 Gene Blum, General Manager ext. 121
 GBlum@heritageeaglebend.com
 Jillian Wyatt, Community Manager ext. 131
 JW Wyatt@heritageeaglebend.com
 Alison Gulley, Assistant Community Manager ext. 126
 AGulley@heritageeaglebend.com
 Lori Mitchell, Controllor ext. 124
 LMitchell@heritageeaglebend.com
 Stephanie Balltrip ext. 125
 SBalltrip@heritageeaglebend.com
 Jen Bruning, Administrative Assistant ext. 127
 JBruning@heritageeaglebend.com

Clubhouse 303-693-7788
 Jason Franke, Director of Golf ext. 113
 JFranke@heritageeaglebend.com
 Jennifer Stoneking, Dir of Sales & Catering and Clubhouse Services ext. 122
 JStoneking@heritageeaglebend.com
 John Van Ness, Dir of Food & Beverage ext. 123
 JVanNess@heritageeaglebend.com
 Darren Pusateri, Executive Chef ext. 144
 Dpusateri@heritageeaglebend.com
 Jeff Lambert, Director of Marketing ext. 157
 JLambert@heritageeaglebend.com
 Chris Mara, Facility Manager ext. 146
 CMara@heritageeaglebend.com
 Josh Keim, Welcome Desk Supervisor ext. 120
 JKeim@heritageeaglebend.com

Landscape 720-235-1827
 Hector Rodriguez, Director of Grounds ext. 154
 HRodriguez@heritageeaglebend.com
 Marty Savage, Director of Agronomy
 MSavage@heritageeaglebend.com

HERITAGE EAGLE BEND GOLF CLUB NEWS

is the official publication of Heritage Eagle Bend Master Association, Inc. Published 12 times a year.

Deadline for submission of articles is the 5th of each month.

Contact Jillian Wyatt at

JWyatt@heritageeaglebend.com or 720-235-1831

All contents copyright Heritage Eagle Bend Master Association, Inc., or other copyright holders.

CLUBHOUSE

ph 303-693-7788 fax 720-235-1803
www.heritageeaglebend.com

WELCOME DESK

welcomedesk@heritageeaglebend.com
 Welcome Desk 303-693-7788
 Ext. 120 and 119

UPDATED HOURS

Welcome Desk Hours

Monday – Sunday 7:00am – 8:00pm

Clubhouse Hours

Tuesday – Saturday 7:00am – 9:00pm

Sunday – Monday 7:00am – 8:00pm

Administrative Office Hours

Monday – Friday 8:00 am – 4:30 pm

EAGLE'S NEST HOURS

Breakfast:

Monday – Saturday 8:00 am – 11:00 am

Sunday 8:00 am – 12:00 pm

Lunch:

Monday – Saturday 11:00 am – 4:00 pm

Sunday 12:00 pm – 4:00 pm

Dinner:

Tuesday – Saturday 4:30 pm – 8:00 pm

Bar:

Tuesday – Saturday 8:00 am – 9:00 pm

Sunday – Monday 8:00 am – 6:00 pm

MSI

Contact Kristen at

KKennedy@msiho.com or 720-974-4189

for Ledgers or Billing info (statements)

or at www.msihoa.com to request a status letter if you are selling your home.



IN THIS ISSUE

CLUBHOUSE AND STAFF	3
HERITAGE EAGLE BEND GOLF CLUB	4
BOARD ROOM	5
COMMUNITY INFORMATION	9
CLUBS AND GROUPS / SUB-COMMITTEES	12
SPORTS CORNER	19
SERVICE DIRECTORY	24
UPCOMING EVENTS	44

VISION STATEMENT
HERITAGE EAGLE BEND GOLF CLUB
 will be recognized as a premier
 age-restricted community in Colorado.

MISSION
 Preserve and enhance the value of our community
 by operating and maintaining
 our common elements and offering services
 to standards that support our vision.

Inclusion of any advertisement in this magazine shall
 not be deemed to be an endorsement of the advertiser
 by the Master Association.



**SNOW CONTRACT
 NOW AVAILABLE!**



Landscape Services will be limited
 to the following:

Aerification (spring & fall)
 Irrigation System Turn On & Turn Off

Additional Services:
 Leaf clean up (spring & fall)
 Shrub Pruning/removal
 Putting down mulch
 Holiday lights hanging & take down

Please contact the
 Landscaping Department
 720 - 235 - 1827
 or
 turf@heritageeaglebend.com

UPCOMING MEETINGS

Architectural Advisory Committee
 Monday, September 15th, at 2:00 pm

Facilities & Grounds Committee
 Thursday, September 11th, at 3:00 pm

Financial Advisory Committee
 Thursday, September 18th, at 2:00 pm

Golf Advisory Committee
 Thursday, September 11th, at 9:00 am

Legal & Compliance Committee
 Wednesday, September 17th, at 2:30 pm

Master Board Meeting
 Thursday, September 25th, at 2:00 pm

Master Board Work Session
 Wednesday, September 10th, at 2:00 pm

Please check with Jennifer Stoneking at
 JStoneking@heritageeaglebend.com
 or 720-235-1822 for location

If you change your meeting time and date, be sure to notify
 Jillian Wyatt at JWYatt@heritageeaglebend.com

*Notices presented in this publication are intended for legal and
 informational purposes and cannot be used as a platform for
 particular religious, political or philosophical points of view.

*Management reserves the right
 to make editorial decisions on content.*

President's Message

by Rex Gambrell,
President of Master Board



The Golden Eagle Men's Member Guest Tournament was a huge success. The golf course was in excellent shape, the food throughout the three tournament days was also great! I played in the tournament like I have many years before, so I was able to experience it again first-hand. As usual Jason, Marty, John, Darren and their teams all did a fantastic job in making the tournament first class. Next on the schedule for August 14th and 15th is the lady's Diamond Eagle member guest tournament. I have no doubt that the entire experience for the ladies will be first class and just as good as the men's Golden Eagle Member Guest tournament.

As far as an update goes for the golf course project there is not really anything new to report. Like I have said in prior meetings and in newsletters a portion of this work is scheduled to begin this summer or fall including the construction of the pump house on hole 11 and the installation of main line irrigation pipe.

We have already started to receive materials for this project including sprinkler heads and associated electronics. And in the next few months you will also see main line irrigation pipe delivered to various areas throughout the community.

In the fall of next year nine holes at a time will be scheduled to be closed so that lateral lines, sprinkler heads, bunker work & new forward tees can be installed. As of now the completion of all work is still projected to be the end of next year or early 2027.

Management upon commencement of the irrigation, bunkers and tees project will be updating everyone throughout the community of ongoing progress and work that is completed and what to expect next from our contractor, Landscapes Unlimited. The plan will be to update all HEB homeowners and residents on a regular basis by eblasts, continued articles in the monthly newsletters and of course in board meetings until the project has been completed.

Okay on another topic, the master board appreciates all of you that have volunteered your time and input serving on a committee. However, as always, we are looking for new volunteers since we have many committee members that have served for several years and I'm sure would like a break and a chance to step down. Just like board members there are supposed to be term limits for committee members. In theory committee members are only supposed to serve two terms. Although in many cases there are some volunteers that have served more than two terms in order to ensure a full committee. So please consider signing up for a committee.

General Manager's Message

by Gene Blum

As summer comes to a close at Heritage Eagle Bend Golf Club, I want to thank all of you for making it such a special season. From golf tournaments to poolside parties, we've enjoyed incredible events and strong turnouts — a true reflection of the vibrant community we have here at HEBGC.



I'd especially like to recognize our hardworking staff for their outstanding efforts. From the golf course to the clubhouse and everywhere in between, their dedication is what keeps the club running smoothly and looking its best. Please take a moment to thank them when you're here — they deserve every bit of appreciation.

The outdoor pool will remain open through Labor Day, so be sure to soak up the last days of summer while you can! It was a pleasure seeing so many of you at recent gatherings like last month's wine tasting, and we're already planning more fun and engaging events as we move into fall. Keep an eye out for upcoming announcements.

Looking ahead to 2026, now is the perfect time to book your private events, banquets, and parties at the club. Dates are already filling quickly, and we would love to help you host a memorable gathering in our beautiful spaces with outstanding service and cuisine.

To our new residents, welcome to the HEBGC community! We encourage you to take full advantage of all the amenities and experiences that come with membership.

**THANK YOU ALL FOR YOUR CONTINUED SUPPORT,
AND HERE'S TO A SMOOTH AND EXCITING TRANSITION
INTO THE FALL SEASON.**



TRADITIONS TALKING BY TRADITIONS EAGLE BEND BOARD MEMBERS

The operating results (subject to audit) for June 2025 are complete. The year-to-date net result is an excess of \$19,689 versus a budgeted excess of \$2,893. There have been no major unanticipated expenses so far this year and we feel confident that our operational financials are in good shape. For June 2025 year-to-date reserve net income shows a shortfall of \$215,263 vs budgeted shortfall of \$380,466. Over the last few months, we have paid most of our invoices for both house painting and roof/gutter replacements. We will be on budget for house painting but over budget for roofs/gutters for the full year. We have replaced more roofs than originally expected and will be overrunning that reserve expense for the year.

TRADITIONS HOA FLASHING INSTALLATION – FINAL PHASE BEGINS

We're entering the final year of the flashing installation project in Traditions. Below is the list of homes scheduled for this spring's installation. Thank you to all homeowners for your cooperation throughout this multi-year improvement effort.

S. Tempe Ct - 8166/8176, 8206/8216, 8246/8256

S. Sicily Ct - 8213/8223, 8238/8248, 8253/8257

E. Heritage Pkwy - 22063/22073, 22103/22113, 22373/22383, 22343

If your home is not listed but you believe your flashing should be replaced, please contact Debra Schaefer at 303-641-9739 by September 30, 2025.

ELECTION FOR TRADITIONS BOARD

Please take a moment to review the candidate biographies in this month's issue of the HEB Newsletter—a publication we all enjoy. Several current board members are seeking re-election for another term. We encourage you to thoughtfully consider this slate of candidates and cast your votes for this important responsibility.

Many residents appreciate the work of the Traditions Board, but it's worth noting that without these dedicated volunteers, the HOA would need to hire an outside management company to oversee key services such as irrigation, landscaping, painting, roofing, gutters, snow removal, and general community oversight. Bringing in outside management would likely increase monthly fees and could reduce the level of personal care we receive as neighbors within the Traditions community.

INCOME STATEMENTS JUNE YEAR TO DATE

	Actual 2025	Budget 2025	Actual 2024	Actual 2025	Budget 2025	Actual 2024
Total Revenues	\$ 355,269	\$ 356,004	\$ 337,812	\$ 161,306	\$ 158,238	\$ 152,445
Total Expenses	<u>335,580</u>	<u>353,111</u>	<u>361,836</u>	<u>376,569</u>	<u>538,704</u>	<u>127,654</u>
Net Income	<u>\$ 19,689</u>	<u>\$ 2,893</u>	<u>\$ (24,024)</u>	<u>\$ (215,263)</u>	<u>\$ (380,466)</u>	<u>\$ 24,791</u>
Checking Account - US Bank		\$ 102,535	0.00%			
Working Capital Bank Balance and Yield		\$ 9,824	0.53%			
Reserve Fund Bank Balance and Performance		\$ 679,784	2.28%			

DRY AND DEAD LAWNS

At the July 14, 2025 Quarterly Meeting, the topic of dry and dead lawns was discussed in detail with representatives from the HOA's irrigation contractors - ET Irrigation and SaBells. They identified four primary causes:

1. Winter drought
2. Intense sun exposure on south-facing lots
3. Isolated incidents of accidental lawn chemical spills
4. Damage from animals (dog urine, bunny grazing, rodent burrows)

Our experts recommend the following homeowner actions:

- If you are on an independently metered irrigation system, test your system to ensure all sprinkler heads are covering lawn areas properly. Report any broken systems to the Traditions Hotline.
- Consider hand watering problem spots to encourage dormant roots to recover and restart growth.
- Report any dead grass areas through the Traditions Hotline so they can be considered for a potential fall remediation program.

2026

**BUDGET AND BUSINESS PLAN PRESENTATION
SEPTEMBER 15TH, 2025 AT 5:30 IN THE ANTERO ROOM**

**Traditions Hotline
303.343.4011**



2025 TRADITIONS BOARD OF DIRECTORS ELECTIONS - CANDIDATES

Debra Schaefer

I'm Debra Schaefer, and I've had the privilege of serving on the HOA Board over the past term. I'm running for a second term because I care deeply about our community and want to continue supporting efforts that keep our neighborhood well-maintained, welcoming, and strong.

Over the past two years, I've helped coordinate the painting and flashing projects and truly enjoyed being part of the process. I'm committed to open communication, listening to neighbors, and making decisions that support what's best for our community.

I'd be honored to continue serving you and would appreciate your vote.

Don Rowlands

My wife, Karen, and I were lifelong residents of Nebraska until 2018 when we moved to Heritage Eagle Bend to be closer to our daughters, sons-in-law and 4 granddaughters.

I hold a bachelor's degree in business as well as a law degree, both of which were obtained from the University of Nebraska-Lincoln. I was in private practice for 12 years before being appointed a District Judge in 1986. I served in that capacity for 32 years.

While in Nebraska I served as President of the Nebraska District Judges Association, President of the Lincoln County Drug and Alcohol Program, Vice President of the Holy Spirit Parish Council, and a board member of Nebraska Legal Aid.

I currently serve on the Traditions Board and have been the Snow Boss for the past 2 years.

Ed Doherty

My wife and I have lived in HEB for 10 years now, 3 of which serving on the Traditions Board, and have come to appreciate the dedication of the board members, district delegates and other volunteers. In addition, we enjoy all of the benefits of living in such a wonderful community.

My background consists of 20 years in Law Enforcement in various local and federal agencies in NYC and Denver, Vice President of Sales of an International Telecommunications company, as well as President of the Littleton Station HOA from its inception until we moved to HEB. My Bachelor of Science is from Columbia. I feel I can continue to contribute some of my skills while serving on the Traditions Board.

BALLOTS FOR TRADITIONS BOARD ELECTION WILL BE MAILED OUT IN SEPTEMBER.

SUMMARY TREASURER'S REPORT • JULY 2025

2025 OPERATIONS INCOME STATEMENT--UNAUDITED
HERITAGE EAGLE BEND

Jul-25		Jul-25			Year to Date		
		2025 Actual	2025 Budget	2024 Actual	2025 Actual	2025 Budget	2024 Actual
Revenues:							
Cash and Investments	Golf	\$ 424,139	\$ 420,468	\$ 417,783	\$ 1,668,495	\$ 1,553,565	\$ 1,497,231
	Food and beverage	241,670	259,163	238,637	1,454,915	1,473,750	1,381,736
	HOA	295,923	297,190	299,771	2,108,655	2,132,433	2,129,990
	Total revenues	961,733	976,821	956,191	5,232,065	5,159,748	5,008,957
Cost of Sales:							
	Food and beverage	95,047	92,936	88,501	498,346	527,385	491,407
	Golf shop	13,558	13,783	13,467	51,023	55,740	49,810
Payroll and Benefits		412,961	412,817	380,339	2,565,510	2,648,733	2,389,639
Other Operating Expenses		332,604	324,842	339,773	1,939,168	2,040,857	1,820,366
Total Expenses		854,170	844,378	822,080	5,054,048	5,272,714	4,751,221
Net Operating Income (Loss)		\$ 107,563	\$ 132,443	\$ 134,111	\$ 178,017	\$ (112,966)	\$ 257,736

CASH FLOW AND BALANCES--UNAUDITED

Heritage Eagle Bend Master Association
Jul-25

	and Available	(Restricted)	Fund	Fund	Fund	Total
Cash and Investments January 1, 2025	1,207,292	834,274	854,722	472,478	4,849,084	8,217,850
Excess(Deficiency) of Revenues Over Expenses	178,017	15,819	19,792	162,946	1,588,192	1,964,766
Non-Cash Charges to Income		1,127	840	427	10,885	13,279
Change in Working Capital	176,968	-	-	(36,917)	-	140,051
Capital Expenditures					(322,181)	(322,181)
Repayment of Inter-Fund Loans:						
Principal		45,242	57,662	(156,130)	53,226	0
Interest		337	430	(1,164)	397	(0)
Homeowner Contributed Capital	-	-	-	54,224		54,224
Net Increase (Decrease) in Cash and Investments	354,986	62,526	78,724	23,385	1,330,518	1,850,139
Cash and Investments 7/31/2025	1,562,278	896,800	933,445	495,863	6,179,602	10,067,989



Village Voice by Marie Welch

Recently we learned from speaking to new Village residents that their realtor led them to believe they were only responsible for walls-in. This is a point of concern for the Board as there may be other residents who have also been misinformed. To clarify for everyone, there is no common ground in the Villages. We all own property. Individual property lines can be viewed online. Roofs, painting, gutter repairs and concrete are the Board's responsibility, and repairs are handled from HOA dues. Irrigation, mowing and bush trimming are also handled by the Board. However, each homeowner does have some responsibility for their individual property.

Last year a "Responsibility Document" was mailed to existing homeowners or it was provided for new owners when they registered at the Administration Building. Please review this document to determine your property responsibilities. In addition, if you want to remove a bush, plant a bush, plant a tree, or xeriscape these are decisions you can make with the approval of the Architectural Committee. *Please make sure when selling your property your real estate agent correctly represents the Villages.*

We are excited and pleased that 5 individuals have volunteered to serve on the Village Board. We want to get the board back to a board of 7 individuals, so we will elect 4 individuals in the October elections. Feel free to call any of the candidates and talk to them prior to the elections.

VILLAGE BOARD OF DIRECTORS ELECTION CANDIDATES - BIOS

Steven Salg

I am 72 years old. My wife Cindy and I moved to Heritage Eagle Bend in September of 2024 after living in Thornton for 30 years. We have 3 sons, 7 grandchildren and 2 step grandchildren. Our youngest son Ryan is a Denver police Officer and he and his wife just had their first child. She was born in July of 2024, and they live in Centennial, hence our move. We take care of her a couple times a week. It is our greatest joy.

We enjoy traveling and visiting our grandchildren, 3 who live in Spokane, Washington and 4 in Luddington, Mi and 2 in Colorado!

In 2019 I retired from the Automobile Business after 32 years. During that time, I worked in the Sales Department, where I held management positions in Finance, New Cars, Used Cars and General Sales.

I have volunteered for VIVA and helped Marcia with projects over the spring and summer for the residents of the Villages. I have been to a couple of board meeting, and I think they have a great group of people. I think I could add to the team in any aspect they need help with.
(303)669-0779

Susan Warneke

Heritage Eagle Bend on May 1 of this year. We are becoming acquainted with many new faces and enjoying our home and neighbors.

I was a Lutheran elementary school teacher and church music director in my professional life, serving congregations in Michigan and Nebraska for 27 years. After retiring from teaching, I worked as an administrative assistant for the Madison County Attorney for 8 years and worked especially with the chief deputy and juvenile court cases.

I am a problem solver. I look for practical solutions to situations and problems and have the ability many times to think "outside the box." I have been responsible for much of the maintenance of our family home over the years. I would welcome the opportunity to work with the HOA board on behalf of the Villages residents to manage our resources for the responsible care of our homes and properties.
(402)860-2500

Alex Bischoff

Alesia (Alex) Bischoff and her Chihuahua, Ghost, have proudly called HEB home for five years. Alex obtained her MPA from the University of Southern California in 1997 and was the first in the school's history to obtain a Certificate in Political Management. She's worked on federal community-development block grants and has negotiated with utility providers and cities to ensure the best coverage and rates for residents.

As a Policy Analyst for the League of California Cities, she wrote newsletters for the police and fire chiefs and parks and recreation directors for every city in the state and performed research on a variety of subjects from street cuts to ballot measures. She was the California contact for the Constitution Party and was asked to run for congressional district.

If you're looking for a person of multiple talents who is tenacious and detail-oriented, she's an excellent choice!
(408)234-4880

Becky Hollenshead

My husband Michael and I have lived in HEB Villages for almost 3 years now.

We moved here to be close to 4 of our 5 children and 8 of our 10 grandchildren. There is hardly time to stay still!

Although I am still working from home, I enjoy helping people and I got involved with the board while helping with the VIVA group.

I have been involved with the Village board since last fall assisting with the snow pushing after being appointed to the board. With your votes I would like to continue my time on the board and look forward to keeping our community going strong.

Thank you!
(510)541-3095

David Risley

Born and raised in Upstate New York, David built a strong career foundation with an associate's degree in Building Construction. After serving four years in the U.S. Air Force, he went on to spend 42 years in the field engineering industry. Throughout his professional life, David also found time to give back to the community, serving as a volunteer firefighter for 39 years.

David and his wife, Joanne, have been happily married for 56 years. They enjoy life at Heritage Eagle Bend and cherish visits with their two children and five grandchildren.

David believes his leadership experience—including his past role as President of the Centennial Airport Lions Club—makes him a strong returning candidate. He hopes to continue to represent the North Section on the Village Board and working alongside new volunteers to support and improve the community.

(720)870-2516

FALL CLEAN UP!

As Fall approaches, here are some reminders!

Fall is upon us, and with the colder weather approaching, we know people are beginning to think about prepping their homes for the upcoming seasons. Below is some helpful information on commonly asked questions regarding the colder weather and keeping the exterior of your home neat and well maintained:

Exterior Storage – No storage is permitted on the exterior of the property. This includes lawn mowers, ladders, gardening tools etc. Empty pots must be rid of dead plants, as well stored out of site. Storage sheds and bins are also not permitted.

Leaf Clean-Up – Make sure to take a look at your yards once the trees shed their leaves, and be sure to rake and bag any fallen leaves. Please do not blow them into the streets.

Artificial Flowers – As much as we may start to miss our summer flowers, artificial flowers are not permitted and may not be used in the landscaping or exterior decorations of homes.

Tree Trimming Reminder – If your trees in your Tree Lawn (area between sidewalk and street) have over-hanging branches on the sidewalks or streets, please be certain to have them trimmed at your earliest convenience. Please note per City of Aurora, trees must be trimmed to a minimum height of 8 feet above sidewalks, and a minimum of 13.5 feet above streets.



As a reminder, ALL exterior improvements require advanced approval before starting any work. This includes but is not limited to paint, roofs, decks, awnings, railings, landscape, fountains, hot tubs, patios, concrete projects, and all fencing. Please contact the Administration Building at 720-235-1888 or Alison Gulley at AGulley@heritageeaglebend.com for ACC forms and more information.

We thank you in advance for all your hard work in keeping your home and our community a wonderful place to live!

THANK YOU FOR ASSISTING US!

POOL HOURS: TUESDAY - SATURDAY 7:00 AM - 9:00 PM • SUNDAY & MONDAY 7:00 AM - 8:00 PM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM-8:00AM							
8:00AM-8:55AM	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE		
8:00AM-8:55AM	DEEP WATER Kathy Thompson		DEEP WATER Kathy Thompson		DEEP WATER Kathy Thompson		
9:00AM-10:00AM	AQUACISE Barb Osborn	AQUAFIT Kathy Thompson	AQUACISE Rita Stansberry	AQUAFIT Kathy Thompson	AQUACISE Susan Havel		
10:00AM-10:15AM							
10:15AM-11:30AM	AQUACISE Nancy Zanetti		AQUACISE Joyce Mannix		AQUACISE Susan Hayes		
11:30AM-12:00PM							
12:00PM-12:30PM		WATER		WATER		WATER	
12:30PM-1:00PM		VOLLEYBALL		VOLLEYBALL		VOLLEYBALL	
1:00PM-2:00PM		↓		↓		↓	
2:00PM-3:00PM	KID HOURS	KID HOURS	KID HOURS	KID HOURS		KID HOURS	KID HOURS
3:00PM-4:00PM	↓	↓	↓	↓		↓	↓
4:00PM-5:00PM							
5:00PM-6:00PM							
6:00PM-7:00PM				↓			↓
7:00PM-8:00PM							
8:00PM-9:00PM							

Blood Drive

AUGUST 8, 2025, your friends and neighbors showed up to give the *gift of life*, as we once again made a significant difference in metro Denver's blood supply. Ever need a blood transfusion? Know someone who did? It's critical that we have a safe and adequate supply of blood at-the-ready. THANK YOU to the 84 folks who signed up to donate. Please congratulate the following on their milestone donations:

*Vincent Paolucci – 6 gallons; Roger Harmelink – 13 gallons;
Esther Hudson – 5 gallons; Marianne Reed – 1 gallon;
James Cooper – 6 gallons; and Kevin and Eileen Brady – 1 gallon each.*

*Our final blood drive for 2025
is Friday, October 24.*

Please contact
junegoddardcolorado@gmail.com
for questions or to make
an appointment.
Let's finish the year
STRONG.



AAC Requests – Information to Provide for a Complete Application for Review:

If you are considering submitting for an exterior improvement, we have provided a sample below to adapt to any project you may be submitting for. Please email hebaac@heritageeaglebend.com for Plot Plans and AAC forms OR they can be found at www.heritageeaglebend.com website after logging in, select HOA select Committee Reports, select Architectural Submittals/AAC, select Architectural Submittal Form.



For a landscape request, you'll submit the following:

- AAC forms
 - including signatures from neighbors, at least 1-2 must sign (emails from neighbors acknowledging the project can be included with the forms and information)
 - initial all areas on the forms (no check marks)
 - include details of project
- Plot Plan
 - drawing on location of requested improvements
- Photo(s) of existing areas you wish to change
 - Additional information such as: Size, dimensions, accurate drawing of changes, plants, materials, etc.
- Any additional information helpful to the AAC in their review process

Please send all of this to hebaac@heritageeaglebend.com or drop off at the Admin Building M-F between 9 am – 4 pm



SUN, SHINE & A LITTLE TLC FOR MAILBOXES AND LAMPPOSTS

Colorado sunshine is one of the best parts of living here – but it can be tough on our outdoor fixtures. If your mailbox or lamppost is looking faded from the summer sun, late summer and early fall are perfect times to freshen them up.

PLEASE USE THE APPROVED COLORS AND PRODUCTS LISTED BELOW TO ENSURE CONSISTENCY THROUGHOUT THE COMMUNITY:

LAMPPOSTS

- Product: Rust-Oleum Rusty Metal Primer
- Where to Buy: Most local hardware stores or online retailers

MAILBOX POSTS

- Product: Sherwin-Williams Exterior Stain – SW 3512 Cider Mill

MAILBOXES (METAL PORTION)

- Product: Rust-Oleum Protective Enamel Spray Paint – Hunter Green

Thank you for helping keep our neighborhood looking its best!



2025 HEB FOOD DRIVE THANK YOU!

A big heartfelt thank you HEB
for making the food drive huge success!
Without your support and generosity
we couldn't do this! See you next August!



Pictured from left to right:
Luke Massa, Mark Massa, Connie Massa, Joe Massa,
Manna Massa, Ben Massa, Amy Knowles (not pictured).

SMART DRIVER COURSE NOW FREE TO CURRENT AARP® MEDICARE SUPPLEMENT INSURANCE PLAN CUSTOMERS

United Healthcare is performing all marketing activities
related to this free offer and is providing customers with
information on how to take advantage of it.
Must be Medicare Supplemental Plan G not Medicare
Advantage. You must bring your card to the class
to show instructor.

The AARP Smart Driver online course is an alternative,
especially for those who need to renew
their car insurance.
\$20 for AARP Members and \$25 for Non-Members.

Website: www.aarpdriversafety.org

NEXT AARP DRIVER SAFETY CLASS
SEPTEMBER 13TH
FROM 8:45AM TO 1:00PM

Call the Welcome Desk to Register
Please pay by check or money order



PARKING REMINDERS FOR HERITAGE EAGLE BEND RESIDENTS

No Overnight Street Parking

Overnight parking on streets is not allowed anywhere in
Heritage Eagle Bend. The only exception is a 48-hour period
for RV or moving truck loading/unloading. Moving a vehicle
temporarily and returning it to the street may be viewed as an
attempt to bypass the rules.

8-Hour Parking Limit

A vehicle may not be parked for more than 8 hours in any
7-day period on streets, frontage roads, or common driveways.

Guest Parking Is for Guests

Guest parking areas are located throughout the community and
are intended for short-term guest use only. They are not to be
used by residents for long-term parking or as a way to avoid
using their driveway.

Driveway Parking Rules

- Permitted: Single Family Homes and Traditions Homes
- Prohibited: The Villages — even if it seems you're not
blocking anyone, driveway parking is not allowed in the shared
driveways.

Temporary Overflow Parking

Short-term parking is available at the Clubhouse for residents
with special circumstances. A Permit is required and is available
from the Welcome Desk or Administrative Office.

*Let's all do our part to follow these rules and keep Heritage
Eagle Bend looking great and functioning smoothly. Questions?
Contact the HOA office – we're happy to help!*

GATE CODE CHANGE: SEPTEMBER 15, 2025

We will be sending out the new gate code to the Delegates who will
then send it out to the residents in their District.
If you do not know who your Delegate is, or have not heard from them
by September 15th, please contact
Jennifer at JBruning@heritageeaglebend.com or 720-235-1827.

As a reminder, please do not give this code out to anyone
other than family or friends.

If you have a delivery coming, please instruct them
to look up your last name, find the code and call you directly
from the HEB gate / interphone system.
You will press "9" on your phone to open the gate.
This only works when they call you from the HEB interphone system.
It does not work from cell phone to cell phone.

Thank You!



Aquacise

Monday, Wednesday, Friday • 10:15 am - 11:15 am

A vigorous but fun class that uses weights to exercise and strengthens your core, joints and muscles. Weights are provided at the pool. Class is held in the outdoor pool after Memorial Day. Call Linda Rydberg with questions 303-770-6939

Monday - Friday • 7:30 am

The early bird gets the pool. Join us for an early morning class Monday-Friday At 7:30 AM – 9:00 AM. Class includes full-body stretches followed by low-impact body exercise conditioning and cardio movement. Free swimmers are welcome in the adjacent lanes. HEB resident Stu Joyce leads sessions.

Monday, Wednesday and Friday • 9:00 am - 10:00 am

Come join the fun and get a full body aerobic workout at the same time, including new noodle exercises! Our three leaders- Barb Osborn, Susan Havel & Rita Stansberry welcome you! For more info on class or our monthly breakfast contact Rita @ 720-220-4688

AquaFit

Tuesday and Thursday 9:00 am -10:00 am led by Kathy Thompson

This class spends 20-30 minutes of aerobic activity and 20 minutes of body toning. The last 10 minutes are dedicated to cool down, while allowing you to move at your own pace. Kathy Thompson, a AEA Certified Water Fitness Instructor provides music to the classes, as well as mixing up the workouts.

The AquaFit class has moved outside for the summer, weather permitting.

Art - HEBGC For anyone interested in creative arts, please contact Sheryl Hutchings, 303-204-4682 or sahutch@me.com

Beginning Line Dance NEW TIME! **Wednesday, 11:30am -12:30pm**

All levels welcome! \$6 per class. First visit FREE.

Contact Jenny Moss at jjenmoss@comcast.net

Bible Study 1st and 3rd Tuesdays, 6:00pm - 7:30pm

The Eagle Bend Bible Study meets the first and third Tuesdays of each month from 6:00pm to 7:30pm at the Clubhouse. Topics include books of the Bible and themed studies of Bible person, places, and history. For more information, please call Jim Baller (303-994-0877), Claudie Read (303-883-8623), or Mary DeHay (303-726-8648).

Bridge - Duplicate Wednesdays, 5:30 pm

Meet in the Clubhouse. Contact John Posluszny

Cell: 720-454-3969 jpoz4842@msn.com and Janet Cain Cell: 303-929-9088

Bridge - Ladies' Monday, 12:30 pm to 3:30 pm

\$1 for prizes. Please call first. We have five tables of regular players and always need substitute. Alice Smith, 303-400-0615 or Carol Larsen, 303-519-5671

Bridge - Relax and Laugh Tuesday, 8:45 am to 11:00 am - No fees

This non-competitive bridge group is for those who want to get back to a really fun, thinking game. We meet each week in our Clubhouse.

For information call Linda Rodewald, 303-840-1952 or Julie Berg, 858-216-5302

Bridge - Partners Thursday, 8:45 am - noon This club meets each week at the Clubhouse. Each person pays \$1 for that day's prizes. For more information, call Alice Edwards, 720-299-3803 or Cheryl McMann, 303-881-7203.

Bocce Check the weekly E-Blast for current information on leagues and events. Leagues run from May – October with a Spring and Fall Session. There are leagues for singles, pairs, men, women, and mixed. All skill levels welcome.

For more information, please contact Sharon Armstrong at 303-947-3222 or sharonarmstrong82@comcast.net

Car Club 2nd Saturday, 9 am at the Clubhouse

Informal meeting of guys and girls who enjoy seeing and discussing the cars.

Organizers of the HEBGC Summer Car Show. No dues. No rules. Just Fun. For more information contact Gary Mabie, gimabie@hotmail.com, 832-603-9429

Cardio Rock Tuesdays and Thursdays, 10:00 - 10:45 am, Antero Room

In this class you will rock, pony, samba, and boogie to great music for an energizing 45 minutes! Uncomplicated footwork and simple choreography will encourage everyone to move to the music at your own level. \$6 drop in. Contact Jenny for more info at jjenmoss@comcast.net.

Canasta-Hand and Foot

1st and 3rd Thursday every month 1:00 – 4:00 pm

1:00pm - 4:00pm at the HEBGC Clubhouse. Easy card game to learn, drop ins welcome. For more info contact Melissa Bryson 303-952-9249

Church - Eagle Bend Community

Every Sunday at the Clubhouse, 10:00 am

Call Bruce Minor, Pastor, 303-504-3531

Crazy Quilters 3rd Saturday, 10:00 am - 3:00 pm

We always welcome new residents. We will be meeting on the 3rd Saturday of each month from 10:00 am to 3:00 pm in the HEBGC Clubhouse Craft Room. Vickie Pervich: 303-771-6342 • vickiepervich@gmail.com

Cribbage Club Every Tuesday Afternoon 2:30 - 5:00 pm

Both Tournament cribbage and Social cribbage each Tuesday.

\$5 entry fee for prizes for Tournament cribbage. Signup is required.

New players are always welcome. For more information,

contact Larry Place at 303-617-5419 or lj_place@msn.com

Deep Water

Monday, Wednesday, Friday 8:00 am

Full-body, zero-impact, aerobics/strengthening workout.

Classes take place in the deep end of the indoor pool. Taught by Kathy Thompson, AEA Certified Water Fitness Instructor.

Garden Club

3rd Monday, 10 am at the HEBGC Clubhouse

Enjoy gardening in Colorado! Informative, stimulating agenda to benefit members and our HEB community - special guest speakers, unique tours, lively projects, worthwhile fundraisers. Come join us and experience the social fun in gardening! Maryellen Comeau, 630.890.9100



Genealogy Club 2nd Monday of the month (except June, July & August),

10 a.m. to Noon at the HEB Clubhouse

The Genealogy Club offers residents an opportunity to further their understanding of genealogy and family history research through education, mentoring, discussion, and preservation. There are no dues but if there is an outside speaker, a speaker fee will be charged at the door. If you have any questions, please contact us at hebgenealogyclub@gmail.com

Mah Jongg Fridays, 12 noon to 3 pm at the Clubhouse

If you need help, please contact Peggy Calhoun at 303-746-8190

Pickleball Club (check the HEBGC website under COURT SPORTS)

Please join us for one of the fastest growing sports in the country! All skill levels from novice to advanced. See our website for current playtimes, weather permitting year round. For more information, contact Brenda Waterhouse at bwaterh19@gmail.com

Parkinson's Support Group

3rd Thursday of each month at 11:00 am, in the HEB Clubhouse.

Please pass the word that this group is for anyone with Parkinsons, any and all care partners and support friends and family. Our goal is to reach out to the community to help all of the above to better understand and support our Parkinsons community. For more information contact Larry and Mary Lou Cotter - 303-680-8344 ldcotter@comcast.net

Pinochle Club 2nd and 4th Wednesday, 12:00 pm - 4:00 pm

Contact Barbara Pedersen, phone 303-690-3451 for more information

Singles 2nd Thursday, 4:30 pm

The Singles group has a calendar full of fun group activities and outings.

We occasionally have speakers at our meetings and host a Spring and Fall Luncheon that includes entertainment. All HEBGC residents are welcome. Please contact Joani Cravens at jolycravens@gmail.com or 720-837-4036

Strength Training Tuesdays and Thursdays 4:30pm to 5:30pm and/or Wednesdays

6:15am and Saturdays 7am. New Directions Personal Training offers group strength training classes at HEB, in the fitness area. Please call or email Stacy Montgomery at 303-898-5945 or stacy@newdirectionspt.com for more information. Reaching out to Stacy is encouraged, if you would like to check out the class one day, to avoid any last-minute changes.

Tennis Club

Men - Drop in doubles for all levels Tuesday & Saturday mornings.

Women - drop in doubles for all levels Mondays 9-11 am. Call for current times as they change by the seasons. See emails and gazebo bulletin board for mixers & interclub play. Contact David Peck at 913-579-3218 or Karen Wadleigh at 719-233-9325 for more info.

Wanderlust HEB Travel Club

On Tuesday, August 26 the Wanderlust HEB Travel Club met at 5:15 pm in the Humboldt Room and enjoyed 2 Africa presentations, one from Pat and Ellen Lewis and one from Mic Bielstein. Also discussion took place about possible Africa trips through various companies to get some ball-park price comparisons. Various discussions continued in the Shavano Room for dinner as those in attendance continued to share experiences from various journeys. Invite your HEB neighbors. We would love to continue to grow our club. John Krueger, Facilitator, JWKrueger88@gmail 303-204-2739

Water Volleyball Tuesday, Thursday and Saturday Noon - 2:00pm

If you're interested in having fun and getting a good workout, then please join us at Water Volleyball. No swimming is required and we welcome all skill levels.

For more information, please contact

Larry Greenberg, larryhardwk@yahoo.com , (303) 594-5466

Karen Nerger, klnrger@gmail.com , (303) 229-2277

Tom Cooper, tomcoop417@gmail.com , (714) 401-6426

Watercolor and Beyond

Monday 1:00 pm - 4:00 pm

For all those interested in painting in watercolor and exploring other media, meets every Monday. For more information, please contact Sheryl Hutchings, 303-204-4682 or sahutch@me.com

HEB Garden Club

Many of our members attended our July meeting given by The Denver Audubon Society. The talk was given by Robert Sanchez, Master Gardener on native plants for birds: backyard habitant and wildscaping.

Our August meeting was a speaker from Denver Urban Gardens, speaking on "Cultivating Calm with Sensory Gardens" also "Indoor seed starting" and "maintaining a healthy garden."

Members will be getting emails regarding signing up for coming events, we will have a "Sip and Paint", Arraging a centerpiece of greens for your Thanksgiving or Christmas table, A Holiday Luncheon in December: a favorite for our many members.

For more information, please contact Maryellen Comeau, marycomeau@aol.com



Chair Aerobics is Back!

Some of you have been asking for Chair Aerobics. It is back! Tuesdays and Fridays in September through November in the Antero Room starting Tuesday, September 9 at 11 am-12 pm.

Please bring your own hand weights. Recommended 1-5 lbs. Whatever you feel comfortable lifting a few times in repetition. This is an aerobic class you will get your heart rates up as well as do some body toning. It is also a stand/sit class. Some times we will be standing and walking, but you can also do the same exercises sitting. I hope to see you back. Friends and neighbors are welcome.

We will not have class on October 17th, November 11th & 14th. The Antero room is being used by another organization. I look forward to seeing you!

Kathy Thompson, 224-848-1842
Retired Physical Education Teacher and Arthritis
Foundation Exercise Program Leader



Billiard's Club News by Marty Patten

As Summer slowly winds down, the air conditioning is on and working great in the HEB clubhouse and Billiards Room! Please consider joining us in playing pool on Monday and Thursday afternoons. Many Billiards Club members continue to play pool every week, so come on over!! Please join us to play, regardless of your skill level. All are welcome!

The regularly scheduled dates and times set for open men's play, for billiards club members, are currently Monday and Thursday afternoons from 1 to 5 pm. We can have 8 or more players at a time in the Billiards Room, so we can have members playing on both pool tables, with 4 at a time playing on each table. We can also schedule additional days and times or even evening times if there is enough interest. If we can get more participation and enough interest, we would again like to host pool tournaments and playoffs.

If you would like to join the Billiards Club, dues are currently \$10/year, but remain suspended for all members until we resume full normal operations. Women are also encouraged to join and in the past there has been a regularly scheduled women's pool playing session on Tuesday afternoons from 2 to 5 pm. It is also possible to set up times for couples play, again if interested.

If you want to join the Billiards Club, or if you have any questions, please contact Marty Patten @ (303) 690-5971. Your feedback on when to schedule reserved times for play is appreciated.



Reminder: Resident Guest Policy

Heritage Eagle Bend is an age-restricted community. Please review these important guest and visitor guidelines:

- **No Permanent Residency for Minors:**
Individuals under 19 years old may not permanently reside in Heritage Eagle Bend. No exceptions.
- **Visiting Minors:**
Guests under 19 are welcome but may not visit for more than **6 consecutive weeks** and no more than **90 days per year**.
° Any part of a day counts as one full day toward the 90-day limit.
- **Adult Guests:**
Friends and family **19 years or older** may reside here if living with a **qualifying resident** (someone 55+ years old).
- **Long-Term Guest Registration:**
Any guest staying **more than 90 days** must register with the **Administrative Office**. For any questions about the guest policy, please contact the Administrative Office at 720-235-1888.

Bocce *by Cathy Murtha*

Here we are, the 2025 Fall Bocce Season is well underway. We are going into our fifth week of play, which means we are halfway through the Fall season and you still have time to get your 8 weeks of play (24 games) in before October 3rd. There are several times that are available, Friday Drop In Play is just one, Sunday PM pairs and Monday AM pairs. Just make sure there is room for you and let the monitor know.



This year has been an eventful one for the Bocce Club. It started off in March with our third annual Bocce Spring Event, good food, trivia and just being around fellow players made for a great evening.

Mother's Day started the Spring League and we played our 10 weeks with the Spring games ending July 18th. We played around rain delays and court closures and still came back with smiles and enthusiasm to compete.

The Spring league also brought our Bocce mascot, now named Boccelli. He mysteriously arrived at the courts early in the season and has been overseeing our games since then. He will continue to watch us play and will retire for the Winter to HEB North, where he will be warm and coddled until next Spring when Bocce starts again.

The Club also hosted a Mixed Pairs Tournament on July 25th. Around 60 players came to compete with the final four teams competing under the lights. The atmosphere on the courts was one of competitiveness and great camaraderie, making for a fun evening.

When the October edition of the HEB monthly newsletter comes out, we will be finalizing our Fall season and the courts will be put to rest. But the good news is there will still be time to play for fun. As in the past, under the ball racks are tubs that contain everything you need to play a few games. Come on down and play on any available court, even if you haven't played before. After all, when the bocce ball rolls, the good times follow.

LIFE IS GREAT — BOCCE MAKES IT BETTER!

If you would like to reserve the Bocce courts during off league play, please contact Mary Jo Collins at big_strong_woman@yahoo.com or 303-810-1725 and she will help you. If she doesn't answer, please leave a message and she will get back to you.

Please contact Sharon Armstrong with questions or comments at 303-947-3222 or email at sharonarmstrong82@comcast.net

HEB Music Club

Music Club will be holding meetings starting at 6:30 PM in the Pikes Peak room on the following dates:

- Wed September 10
- Wed October 8
- Wed November 5



Music Club is pleased to announce an event that is open to all HEB residents and guests:

DANCE FEATURING SECRET AGENT BAND September 18 6:30 - 8:30 in the Antero Ballroom

Tickets \$15 — cash or check payable to "HEB Music Club"
Be sure to include all names of ticket holders with your payment.

Drop off to either
East side: Pam Voges at 7948 S. Addison Way
West side: Janie Imseis at 7926 S. Quemoy Way

For more information about Music Club, please contact Greg Klinkel at gklinkel@comcast.net or (720) 935-0215.



2025 TEXAS HOLD'EM September 3 and September 17 Time is 6 pm – 9 pm • BUY IN \$20

Come a few minutes early to set up.
To Rebuy, you must be out of chips.
Please come on time, you get an extra chip and be able to play.
Rebuy's until the Break, Around 7:30.
Remember 1st and 3rd Wednesdays

Dates for the 2025 year are below:

September 3 and 17
October 1 and 15
November 5 and 19
December 3 and 17

Looking forward to enjoying the evening.
Any questions, you can email or call.
Phyllis Matthews • 303-941-2074
phyllismatthews3@comcast.net

A Front-Row Seat to the World's Greatest Operas—Without Leaving Town *by Carol Pike*

On December 30, 2016, the Metropolitan Opera in New York City began an experiment. They broadcast the Magic Flute opera live into movie theaters around the United States and a couple of theaters in Britain, Norway and Japan. Since that time the live HD broadcasts now are in more than 60 countries around the world and in every continent except Antarctica. The world of opera has changed dramatically over the past several years. Interesting to note that when the Met HD performance of Aida was shown in a huge theater in Mexico City 6,000 people attended and when The Barber of Seville in HD was broadcast it was watched by 60,000 viewers around the world.

Highly trained singers now are from all over the world. At the Met opera house a singer must be able to project around 100 feet to reach the back wall of the highest balcony and that is without a microphone.

The nearest participating theater to Heritage Eagle Bend is the AMC Highlands near C470 and Broadway. Tickets are around \$22 dollars dependent on purchasing at the ticket office or ordering online. Below is a schedule currently online. Of course, as we all know, everything is subject to change so checking to be certain of dates and times are recommended.

If you've never seen an opera and would like to try one, I would recommend The Magic Flute in December. It has become a favorite for children as well as adults. Any questions, don't hesitate to contact me at carolmpike@outlook.com.

Metropolitan Opera Live in HD Schedule

2025

(All are at 11AM Mountain time)

La Sonnambula (Vincenzo Bellini) – Saturday, October 18

La Bohème (Giacomo Puccini) - Saturday, November 8

Arabella (Richard Strauss) – Saturday, November 22

The Magic Flute (Wolfgang Amadeus Mozart) –

Saturday, December 6

Andrea Chénier (Umberto Giordano) –

Saturday, December 13, 2025 at 1:00 PM ET

2026

(All are at 11 AM Mountain time except

the March 21 performance that starts at 10 AM)

I Puritani (Vincenzo Bellini) – Saturday, January 10, 2026

Cinderella (Jules Massenet) – Saturday, February 14, 2026

Tristan und Isolde (Richard Wagner) –

Saturday, March 21, 2026

Eugene Onegin (Pyotr Ilyich Tchaikovsky) -

Saturday, May 2, 2026

El Último Sueño de Frida y Diego -

Saturday, May 30, 2026

HEB EBLASTS?
ARE YOU SIGNED UP TO RECEIVE
EBLASTS FROM HEB?

IF NOT, PLEASE EMAIL JEFF LAMBERT AT
JLAMBERT@HERITAGEEAGLEBEND.COM

WITH YOUR CHOICE OF PASSWORD
AND JEFF WILL GET YOU ALL SET UP,

SO YOU WON'T MISS ANY IMPORTANT HEB INFORMATION!

Fun and Friendship with EB Singles *by Joani Cravens*

EB Singles had fun in July by starting with a breakfast pajama party at Eagles Nest restaurant. We said goodbye to July at Balistreri Winery in Commerce City. We had a delicious lunch and some of us participated in wine tasting. Then we were given a tour of the wine making and cherry pie making. A delicious day.

*For information about EB Singles,
please contact Joani Cravens at jolycravens@gmail.com*



THE JOYS OF HEB BLACK HAWK CASINO OUTINGS



Every month, the residents of HEB gather with anticipation and a touch of excitement for a tradition that has come to mean far more than its simple destination might suggest. To the casual observer, the sight of our cheerful group boarding a bus bound for the local casino might conjure up the tired stereotype of gamblers chasing fortune. But to us, this monthly outing is about so much more—it's a tapestry woven from laughter, lively conversation, good food, and lasting friendships.

The journey begins not at the casino doors, but as we step onto the bus. There's a unique camaraderie that forms among us as we settle into our seats. Familiar faces greet each other with warm smiles and gentle teasing, while newcomers are welcomed into the fold with open arms. The hum of conversation fills the air, a gentle undercurrent of stories, updates, and shared memories.

For many of us, the bus ride is a cherished time to catch up with friends, both old and new. It's a safe and comfortable space to share our joys and our challenges, to offer advice or a listening ear, and to remember together the moments that have shaped our community. The rhythm of the road offers a soothing background, encouraging even the quietest among us to join in.

Life, with all its routines and responsibilities, can sometimes weigh heavy upon our shoulders. But on Black Hawk Day, we give ourselves permission to set those worries aside. As the bus pulls out of HEB our concerns begin to fade, replaced by a spirit of light-hearted adventure.

The anticipation builds as we approach our destination—not because of the games that await, but because the day promises freedom from the ordinary. For a few cherished hours, we are

not defined by the tasks and troubles of daily life, but by our willingness to embrace fun and spontaneity. We trade burdens for laughter, stress for storytelling, and the clock's relentless ticking for the gentle pace of fellowship.

For us, the casino is not a temple of risk but a playground of possibility. So, why do we go? Not for the thrill of the gamble, but for everything that surrounds it. For the joy of discovering that the person sitting beside you has the best jokes in the neighborhood, or that someone you've only ever nodded to can become a close friend over the course of a single afternoon. For the chance to see our world through new eyes, if only for a day.

We go for the fun, the food, and the friendships that grow deeper with each journey. We go to surprise ourselves with how much happiness can be found in the little things—a shared laugh, a remembered story, a kind gesture. We go to let our cares go for a day, and to return home refreshed, renewed, and ready to face whatever comes next.

So, the next time someone calls us gamblers, we'll just smile and invite them along for the ride. Because we know the secret: this isn't about risk or luck—it's about living fully, loving deeply, and savoring every moment we have together.

You can bring your friends, family, groups, and neighbors or join others on the bus and make new friends. All this packed into a \$30 per person fee and a 9:00am-4:30pm day. Seats fill quickly so move fast.

2025 Black Hawk Trip Schedule
September 25 October 23 November 20 December 18

*Special pricing for groups & clubs
of 4 or more new to our trip to Blackhawk.*

To sign up, contact Syble Revard
by email syblejane2@gmail.com, or phone or text 303-917-4095

HEBGC CAR CLUB

Informal meeting of guys and girls who enjoy seeing and discussing cars. No dues, no rules, just fun.
Organizers of the annual HEB Summer car show.

*For more information, contact Gary Mabie at
"gjmabie@hotmail.com" or call him at 832-603-9429.*



Al Dahlbach's 1982 Chevrolet Corvette

Eagle Book Club

Meets the third Thursday of the month at 7pm in the HEBGC Clubhouse.

Mary Ann Tarr - 720-318-7706

September 18, 2025 [The Splendid and the Vile](#)
by Erik Larson Biography

This story is an intimate chronicle of Winston Churchill and London during the Blitz. It is an inspiring portrait of courage, leadership and political brinkmanship in a time of unprecedented crisis.

October 16, 2025 [Never Let Me Go](#)
by Kazuo Ishiguro Science Fiction

While attending a pleasant English boarding school in the city of Hailsham, Kathy and her friends, Ruth and Tommy, leave the safe grounds of the school to discover the mysterious happenings in the town.

November 20, 2025 [The Ride of Her Life](#)
by Elizabeth Letts Biography

The triumphant true story of Annie Wilkins who rode her horse across America in the 1950s fulfilling her dying wish to see the Pacific Ocean.

CAL News!!

by Cindy Born-Mylo



Summer is almost over which means that the CAL Fall Term is right around the corner. Kickoff was a great success and we thank all of HEB for their continued support.

Before we get into CAL news, we would like to welcome two new members of the Lead Team.

David Vollmann is our new A/V Lead Team member. David will be working with the CAL Facilitators during the term with their A/V needs.

Francie Bernier is our new Curriculum Lead. Francie will be working with her team putting together the courses and PopUps for the coming terms. If you have an idea for a CAL course or a PopUp, contact Francie at cal@calforheb.com.

We welcome both David and Francie to the Team and thank them for giving their time to CAL.

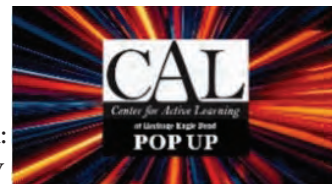
WEBSITE NEWS

Our new CAL website is up and running. And if you are in CAL's database, expect to see an email from CAL at HEB no-reply@usrmailtest.com. If you didn't get the email in your inbox, please check your junk/spam folder.

As a reminder, if you had our old site bookmarked, please delete your old bookmark and re-bookmark the new site. The old site has been deleted. It is the same address though – calheb.org.

POPU CORNER

We are finalizing our PopUps September's PopUps – Join us on Sept 20 for From NYPD to DEA: *A Life Fighting Crime*. Ed Doherty will tell about his life of fighting crime in NYC. Visit calheb.org or watch the eblast for more information.



Checkout calheb.org or watch eblasts for more information.

Artists Find Joy in Painting Favorite Things by Sheryl Hutchings

It goes without saying that painting is a favorite thing for HEB artists in the Watercolor and Beyond group. Several of them found joy in painting some favorite things, the guiding theme for this month's artistic offerings.

- "Catitude" pastel on pastel mat by Sharon Gregory
- "Mountain Stream" acrylic by Susan Ficca
- "Purple Bench" watercolor and ink by Christina Davis
- "Keeping in Touch" watercolor by Elaine Tsumura
- "Serenity" watercolor by Sheryl Hutchings
- "Gethsemane" watercolor by Pat Powell

- "Pink Champagne on Ice" watercolor, ink, and collage by Roxanne O'Rourke
- "Pineapple Express" watercolor on Yupo paper by Joanne Posluszny
- "Colorful Iris" watercolor by Alaine Lessing
- "Desert Flowers" watercolor by Linda Ault
- "Colors of Autumn" watercolor by Carol Taylor



Catitude



Purple Bench



Gethsemane



Serenity



Mountain Stream



Keeping in Touch



Pink Champagne on Ice



Pineapple Express



Colorful Iris



Desert Flowers



Colors of Autumn

**If you are new to HEB and have questions about the HEB Art Club, please contact Sheryl Hutchings via at sahutch@me.com, and she will send you a general information document that explains everything you might want to know.*



HEBGC Genealogy Club News!!

by Cindy Born-Mylo

We're back!! In September we will be having Sylvia Tracy Doolos present the first of our two-part migration series, *Europeans to North America: Who, When, and How They Came*. Many of our ancestors came from Europe to North America between the 17th and 20th centuries. Join us as we examine migration trends and the records that can help us understand how our ancestors arrived here.



SAVE THE DATE

Our October meeting will have Tracy presenting the second of our two-part series on migration, **American Migration: Pushes, Pulls, and Problems**. October is also our Yearly meeting where we will elect officers. If you would like to be more involved in the Genealogy Club, please let me know at hebgenealogyclub@gmail.com

If there are any questions, please contact us at hebgenealogyclub@gmail.com. The Genealogy Club is open to all HEB residents and meets the 2nd Monday of every month at 10:00 a.m. until noon at the HEB Clubhouse.

Bible Study

Come join a community of Christian believers who want to learn more about the Bible and Biblical topics in an atmosphere of friendship. Our next meeting will be Tuesday, September 16th from 6:00 to 7:30 PM at the Heritage Eagle Bend Clubhouse. We will discuss the life of the Apostle Paul. The Apostle Paul was an arch-enemy of Christianity, who amazingly became the greatest Christian missionary of all times. He authored more books of the Bible than anyone else and is called the "Apostle to the Gentiles."

For more information, please call Jim Baller (303-994-0877), Claudia Read (303-883-8623), or Mary DeHay (303-726-8648)

The Chavurah

The HEBGC Chavurah invites you to join our Circle of Friends, a Jewish-oriented social group here at HEBGC. The word Chavurah is a Hebrew word which means "circle of friends." We welcome anyone interested in participating in traditional and social Jewish activities.

Some of the planned activities are a Chanukah Party, Passover Seder, attend plays, a summer BBQ, and other events which please our members. We also lend support to our members during times when they need care, help, and comfort through difficult times. Currently we meet monthly.

For further information, please contact:
Jerry Lassow 720-379-7429 Chairperson
Donna Musciano Vice Chairperson 303-663-7472
Natalie Lassow Secretary 720-379-7429
Stan Sachs Treasurer 661-717-6558

PASSPORT FOR THE ARTS

Please see listed below some dates and times for upcoming shows.

2025 Dates

Shucked • October 19th - 1:00 pm
\$91.53 Money Due by September 15th

Lion King • November 2nd - 1:00 pm
\$158.20 Money Due by September 21st

How The Grinch Stole Christmas • December 7th - 2:00 pm
\$81.36 Money Due by October 15th

The Notebook • December 28th - 1:00 pm
\$101.70 Money Due by November 1st

2026 Dates

Six • January 11th - 1:00 pm
\$107.35 Money Due by November 20th

Water for Elephants • February 22nd - 1:00 pm
\$91.53 Money Due by January 6th

The Music Man • March 1st - 1:00 pm
\$81.36 Money Due by January 20th

Phantom Of the Opera • March 29th - 1:00 pm
\$107.35 Money Due by February 10th

Hell's Kitchen • April 26th - 1:00 pm
\$101.70 Money Due by March 1st

Hadestown • May 10th - 1:00 pm
\$101.70 Money Due by April 1st

MJ • May 17th - 1:00 pm
\$145.77 Money Due by April 5th

The Sound of Music • August 2nd - 1:00 pm
\$101.70 Money Due by June 15th

BeetleJuice • August 9th - 1:00 pm
\$101.70 Money Due by June 22nd

Monty Pythons Spamalot • August 23rd - 1:00 pm
\$91.53 Money Due by July 1st

The Outsiders • September 27th - 1:00 pm
\$107.35 Money Due by August 10th

Please see new shows that are on our list for 2026, prices will be coming soon

2026

Harry Potter and the Cursed Child • June 14th

Please let me know if you have any questions.

Please sign up at the Welcome Desk and bring your check at that time made out to DCPA.

Thank you, Donna Musciano
Donna.Musciano@gmail.com

303.570.4287

Tuesday Ladies 9/18 League *by Liz Folk*

"TIME FLIES WHEN YOU'RE HAVING FUN!"

Our season is winding down with just a few more weeks left before our Fall Brunch/Annual Meeting on Tuesday, September 23. Mark your calendar.

New this year, the Tuesday Ladies 9/18 League will be joining the Tuesday WGA for a "2Presidents Revenge" Day on Tuesday, September 30 @ 8:30 AM. Join the group for a wild round of goofy hole setups, unpredictable contest holes and lot of laughs. Bring your best swing, your sense of humor and maybe a few extra golf balls because nothing about this round will be "normal". Meet old friends and new! Mark your calendar; you don't want to miss this end of year event! Look for more information about this event through emails directly to membership.

Some of our members have been enjoying the Ladies' 9 Hole Exchanges at participating courses. Below are a few group pictures from some of the exchanges.

There will be one more exchange on Monday, September 29 at CommonGround. This is CommonGround's first year of participation in the Exchanges. Our league is appreciative that we were invited to participate by the Ladies' 9 Hole League and will continue to enjoy the opportunity to golf these other courses with them.

Next month's issue will have the results and pictures of our Four-Person Member/Member Scramble which takes place after this issue's cutoff.



Ladies 9 Hole *by Karen Watson*

It was Par-Tee Time on August 7, when we hosted the 9-hole exchange! 72 players from Aurora Hills, Common Ground, Lone Tree, Meadow Hills, Red Hawk Ridge and HEB gathered to celebrate Heritage Eagle Bend's 25 years of women's golf. The theme was "Silver Tees" and we played a step-aside scramble. One drive from each player was required.

There were three contest holes:

1. Closest to the Silver triangle on hole #3
2. Longest putt on hole #1
3. Closest to the Silver Tee (Disco ball) on hole # 9

**"THE MOST IMPORTANT SHOT
IN GOLF
IS THE NEXT ONE."
~ BEN HOGAN**

First, second and third place teams were awarded cash prizes. During dinner we also had random drawings for several different items. The challenging tournament was followed by dinner of their choice: Caesar Salad, Stuffed Chicken Breast or Glazed Salmon; it was prepared by the Eagle's Nest and served in the Antero Room. Kudos to the Eagle Nest's staff for an absolutely delicious dinner. It took many people to organize this wonderful exchange. We'd like to give a huge shout out to: Pam Finch, our exchange coordinator, Sheralyn Bratlien and Tecla Smith our event coordinators, Liz and Jim Folk, Jason Franke and staff, Judy and Dave Peck, Marti Waneka, Cathy Moes, Phyllis Ulrich, Tomi Vollman, Chris Holliday, Amy Knowles and any others I may have missed. What a great team we have here at HEB!

There are two other exchange events planned for the 2025 season: on Tuesday, August 26th at 4pm we will play at Lone Tree and on Monday, Sept. 29th at 8:30am we will play at Common Ground. You can join us for fun and camaraderie by taking your check to the pro shop and leaving it in the 9-Hole Binder. You won't want to miss these fabulous events!





Wednesday Nine and Dine (aka W9D) *by Lynn Nelson*

Our goal is to have a fun, lighthearted 9-hole golf scramble twice a month. This is a great way to meet new neighbors, get together with old friends, play a little golf, and converse over dinner and a beverage afterwards.

Here are the details for our 2025 season:

- We will play twice a month and will rotate between the front 9 and back 9. Please see schedule for dates.
- An invitation will go out a week prior to play through Golf Genius, which will include the buffet menu and price.
- Each time you sign up to play, you must also send a "Message to the Manager" stating if you are or are not getting the buffet for that night. Please remember to do this every time you sign up to play.
- If you are not currently on the Golf Genius app for W9D, please send your name, email address, and phone number to Jason Franke or Lynn Nelson requesting to be included on the emails for our group.
- Deadline to sign up for play and buffet is 5:00 pm on the Monday before that Wednesday's play.
- Assigned foursomes will be sent out from the Golf Shop on the day of play before check-in time for that week. You will be with your playing partner each week (unless you're signing up as a single), but your twosome will be with a different twosome most of the time in order to play with different people.
- Check-in will begin at 4:00 pm on the day of play on the patio outside the Golf Shop. We will collect \$3 per person for those who wish to be included in the prizes and drawings for that night. You can win only once on a given night and you must be present and have contributed \$3 to win a prize.

Lynn and Hal Nelson will continue to run the group this year, but the Golf Shop will help administer weekly operations.

Please reach out with any questions.

Lynn Nelson: lynn_nelson712@comcast.net

Hal Nelson: pipernelson@comcast.net

Jason Franke: jfranke@heritageeaglebend.com

Golf Shop: 303-400-6700

2025 WEDNESDAY 9 & DINE

DATE	TIME / NINE
Sept 3rd	5:00pm SG • Front 9
Sept 17th	4:30pm SG • Back 9

Flexible and Casual Monday Men's Golf *by Larry Place*

Monday Men's Golf is an HEB tradition since the 2000s. Are you newly retired, a new resident, someone looking to meet new golfing friends, or someone looking to play a flexible, friendly and casual round of golf with your current buddies? This could be the group for you. This group can be a great way to meet new friends, neighbors, other golfers that you do not normally play with, or form a foursome with your current golfing friends.

No need to play every week. No fees to be on the email list. You can pick whether you want to play in the early morning one week and in the late morning another week depending on your schedule. You can pick to play with some of your buddies or pick to meet new residents or a combination. You can sit down for a drink and/or a meal in the Eagle's Nest after your round. You only pay for applicable greens fees and cart fees on weeks when you decide to play.

All I need from you is your name, email address, preferred tees, and either your GHIN handicap or an average score and I will pair you up with players of similar ability who are playing on the same tees. If your ability goes up or down or you want to change tees during the season, let me know and I can change your preferences.

Tee times are from 7:30 through 10:57 from now through the end of October. I will send out an email to the email list 10 days prior to the date of play and after responses have been gathered, I will send out the tee sheet 5-6 days before the date of play. The player then just needs to show up, pay applicable cart and greens fees, play golf, and have fun.

If you would like to become part of the email list, you can send your name, tee box preference, and handicap or average score to hebmng@gmail.com or call me at 303-570-5639.



Tennis Club *by David Peck*

The summer has gone fast and we have played a lot of tennis. Saturday morning tennis has become so popular, we had to set up 2 time sessions. We now play at both 8:30 am and 10 am. We continue to play on Tuesdays, Mondays and Sunday evenings. We are playing our 3rd session of competition pro sets on Thursday mornings that Larry Place organizes.

We have 49 members ranging in ages from the 50's to the 90's! I would like to highlight these members each month starting with Bob Bretall. Bob has played tennis with the club since 2014 and is the current treasurer. He has participated in USTA matches in the past and is always available to play now. Bob also plays cribbage, pickleball and water volleyball here. He loves to travel, do handyman work and woodworking. He has been a real pleasure to get to know. We look forward to seeing him on the courts for many years to come.

On Saturday September 13th we will have our fall social event. We will play tennis at 9 am followed by a luncheon at the Clubhouse.

Contact David Peck at 913.579.3218 if you have any questions.



Eagle Bend Golf Association (EBGA)

Our 2025 season is coming to a close this month. It has been a great year with outstanding participation. We have had 4 great events and will conclude the season with a best ball format.

The EBGA is open to all residents. Golf events are foursomes with two couples per team followed with a meal where the scores and winners are announced. The pro shop establishes the pairings and flights for each event based on the players' GHIN handicap. This is a great opportunity for HEB residents to participate in golfing and socializing with other residents.

Our next and final event is
Sunday, September 28 at 8 AM

- All players must have a current USGA Handicap Index capped at 40.4.
- Couples are one male and one female golfer.
- Ladies play from the green tees, men from gold or white.

REMINDER: POST SCORES ON GOLF GENIUS DURING THE EVENT OR YOU ARE NOT ELIGIBLE TO WIN PRIZE MONEY

Golf Genius is easy to use and anyone in the Pro Shop or other golfers can assist in how it works. You need to have a cell phone with you. Please contact the Pro Shop or Jason with any questions.

Committee Members
Ann Gallagher (732) 580-5591
Jim Folk (301) 437-2100
Gail Inderwish (303) 653-3721
Larry Comstock (720) 733-8100
Marsha Comstock (303) 999-1575

TIMES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
9:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
10:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
11:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
NOON		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
6:00 PM	MIXED DOUBLES						
7:00 PM	MIXED DOUBLES						
8:00 PM	MIXED DOUBLES						
9:00 PM	MIXED DOUBLES						

Start times are subject to change per the season.
The tennis ball machine on court #2 can be reserved during non-scheduled times. Contact David Peck for the combinations.
All other times are available for tennis reservations.



Men's Golf Association

by *Mike McTigue*

Shockingly, we still have not had any Holes-in-One so far through July. Let's get 1-2 before the year ends. If there are no Holes-in-One this year, we will carry the Reserve Fund balance into 2026.



Good News! The MGA Leadership team expects that annual MGA dues will remain unchanged for 2026.

With the two rainouts we have had so far this year, we were able to increase weekly prize money targets from \$520 to \$610 for the balance of year. We are also planning to provide prize money for our final event of the year - the always fun President's Revenge scheduled for September 17.

The last Stroke Play Challenge event is scheduled for August 27. Please try to make sure you play at least 3 of the 4 scheduled SPC events to be eligible to place and receive some extra prize money.

Our Fall Luncheon and Meeting is scheduled for September 17, following the President's Revenge. We will hand out prize money at this event.

We will also hold elections for one opening in the 2026 MGA leadership group during our Fall meeting. Please contact one of the current MGA Leadership group members if you are interested in throwing your hat in the ring.

**LET'S FINISH OUT
A GREAT SEASON
IN STYLE
AND HAVE LOTS MORE FUN!**

Women's Golf Association

by *Lori Schmidt*

I cannot believe that it is August already! That means we are getting closer to the final BIG games of the season. Since I write this article early in the month, I will have the results of the WGA Club Championship to you next month.

Another BIG event is the WGA CUP! This event will be held on Sept. 16th and 18th and all ladies who have earned enough points will be invited to play. It's exciting because we will have Team Zane vs. Team Alan. There will be 3 rounds played with Round 1 being a Singles Format, Round 2 Four Ball Format and Round 3 a Foursome Format. Each member

Golf Shop Corner

by *Jason Franke, PGA Director of Golf*

August proved to be a very busy month, starting with another very successful Club Championship! Congratulations to Dan Nimtz and Deb Snead who claimed the Men's and Ladies Championship! Also, congratulations to our Net Champions Parmer Gillespie and Lori Schmidt. Complete tournament results can be found at www.golfgenius.com/ggid/2025hebcc. Thank you to all our participants!

It's hard to believe it's already September. Our leagues and groups will begin to wrap things up for the season. Green aeration will be Monday and Tuesday, September 22nd and 23rd, so we'll be closed for those two days for this important process.

If you haven't visited the Golf Shop recently, please stop by to see some of our new merchandise! Remember that HEB residents always get 30% off all apparel, and 15% off all accessories. Also remember that all credit book accounts need to be spent by the end of the year, so let us know how we can help. Stay safe and healthy!

Thank you all for your support of the Heritage Eagle Bend Golf Operations. If you need anything or have questions or concerns, please contact Jason Franke at (303) 400-6700 or jfranke@heritageeaglebend.com.



of the WGA has been earning points all year by just play and of course finishing at the top of your flights.

Then we are super excited that the ladies from the Tuesday 9-18 League will be joining us for the President's Revenge on Sept 30th! Both Presidents are working on a very fun day of golf for us!

And finally, our A, B and C teams are doing well in their respective competitions. All are hovering around 3rd place and working on moving up in the final weeks.



HEB Pickleball Club

Mark your Calendar
PB Fall Business Meeting
Tuesday, September 23, 2025
Antero Room - Starts at 6:00 pm

Ed Abrams



AED-CPR Training! - Registration opens 3 weeks prior to date

When: Every Thursday thru the middle of October

Where: Under the Pergola at the Pickleball Courts

Time: 12:30 to 2:00 pm

Scotty Kelly



Date	Day	Time/Place	CLASS
Sep 4	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving
Sep 11	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving
Sep 18	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving
Sep 25	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving

Pickleball members → Registration opens 3 weeks prior to date – Log into CR→Events→Calendar→Scroll to July 5 or the CPR/AED class date that works for you and register. Each sessions has 9 spots available.

HEB Residents → Registration- opens 3 weeks prior to date - by contacting Carol Killingsworth - Text to (303) 588-1342 or email to carol@carolandbob.us

➤ Name of person(s) attending, Email address, Phone #, Date you wish to attend

For more information regarding the HEBGC Pickleball Club, please contact Chairperson, Brenda Waterhouse, bwaterh19@gmail.com. To find out about lessons and training, contact Member-at-Large, Terry Kasper, kasper7940@gmail.com. HEBGC Resident Website - Use resident login to access Resident Network/Resident Corner/Clubs & Groups/Pickleball for general information — <https://www.heritageeaglebend.com/resident-login/>

Thursday Morning Ladies Golf Group by Cynthia Hungerford

Ladies, are you looking for an easy way to get a Thursday morning tee time? Well, look no further than the Thursday Morning Ladies Group!

This is a group that's perfect for the lady golfers who live in HEB and are looking for a fun, fast friendly round of golf with other HEB gals. You can build your own foursome to play with your friends or join others who want to meet new friends.

We play each Thursday morning from mid-April through late October, depending on the weather. **There are no additional fees, only your green fees are required, and members are under no obligation to play each week. You don't need a GHIN, just tell us your average 18-hole score when you join.** Tee times are allocated to the group by the

Pro Shop and we usually start around 8:00am, depending on the time of year.

An invitation to play is emailed to everyone in the group 10 days prior to the play date. Interested players have 3 days to respond and the pairings are sent out the Monday before the scheduled date. Then all you have to do is show up, pay your green fees, play golf, and have fun!

If you would like to be included on the email list, send your name, phone, and your average 18-hole score (or handicap) to ThursdayLadiesGroup@gmail.com. Once your request is received, you will get a confirmation email in response. Looking forward to seeing you out on the links!



Airport Transportation

Marsha's DIA Shuttle Service.....303-693-2828
For all your DIA transport needs. Door to door.
Hours of Operation: 24/7. HEB Resident since 2004.

MGM Airport Transportation.....303-570-1055
HEB Resident - Mario Musciano • mgmairtrans@gmail.com
Door to door curbside pick-up and drop off. 24/7. Fully Licensed & Insured by the State and DIA. Servicing HEBGC, East Aurora, Parker, Lone Tree, and Castle Rock.

Air Conditioning

Patriot Plumbing, Heating, Air Conditioning.....303-647-6791
24/7 furnace, heat pump and air conditioning installation, repair and maintenance. Humidification, dehumidification, air exchangers and more. Clean, polite, uniformed technicians

Appliance

Mr Appliance of Aurora.....303-928-5128
We Service all Major Kitchen and Laundry Appliances and Brands
Call or go online to www.Mrappliance.com to schedule. HEB residents special \$20 off any service. Veterans receive an additional \$5 off.

Auto Detailing

5280 Autospa.....720-205-5494
Premium automotive detailing services. We are mobile and we come to you. Locally owned and provide quality detailing services at competitive prices. Contact Kris Wronski to schedule your appointment today at 720-205-5494 or kris@5280autospa.com. www.5280autospa.com

Construction

Henze Construction.....303-335-6681
Custom cabinets and millwork designed to improve your interior space. Refacing, new drawers, doors, countertops, shelves, install new sinks and appliances. Quality, affordable options. Licensed since 1994. John Henze henzeconstruction.com

Computer/Technology Consulting

JWSTECHSERVICES, LLC.....303-746-1366
HEB Resident. Technology Training and Support: Windows 11, computer, tablet and network setup and support, file transfer, assistance with Word and Excel. JWSTECHSERVICES.COM for a full list of services/pricing. Remote support available. Email: jim@jwstechservices.com

Super Mike's Computer Service.....303-523-2900
Affordable IT service at your doorstep. Service and repair of computers, networks, and other technology products. HEB references available. Serving you since 2001 www.supermikes.com

Dentists

Premier Dental Health at Eagle Bend.....303-617-0303
Affordable dentistry with a smile! Performing all aspects of general dentistry from cleanings to implants, even Botox and whitening. Conveniently located by Parkway Bar & Grill.

Decks

HR Decking.....303-514-1973
We offer top of line custom decks, stairs, railings, pergolas and more. HEB Resident references available. Contact us for your next project at 303-514-1973 or hrdecking@gmail.com

Dermatologist

Beyond Skin Dermatology.....720-443-0579
Full-service dermatology practice. All major insurance policies accepted. Same day appointments available! Call to make an appointment today. 720-443-0579. 1444 S Potomac St Suite 240 Aurora CO

Electrician

Worldwide Services Inc.....719-440-0245
We would like to introduce ourselves as a neighborhood electrical service provider. NO long waiting periods. NO exuberant costs. Please call me at 719-440-0245 or text. Hope to see you soon if needed. - ELECTRIC MIKE.

Financial Services

Linda Gardner, Blue Heron Capital, LLC.....720-488-8604
Host of Weekly Radio Show: Your Money Your Retirement
Comprehensive Retirement Planning including Income Planning, Tax Strategies, Investments, Healthcare Planning and Estate Planning
HEB Resident www.YourMoneyYourRetirement.com

Garage Doors

Elite Garage Doors.....720-442-8600
* 24/7 garage door repair and installation services

Gas Fireplace Repair

Quality Fireplace Solutions.....303-946-6535.....qfireplaces.com
Call our office now for a full service tune up. More than 10 years in HEB and more than 20 years in the gas fireplace service industry. Our techs are Licensed, Insured and NFI Certified in gas fireplace service and repair. www.qfireplaces.com

Golf Cart Battery

Golf Cart Lithium Battery Conversion.....480-695-7778
If you're ready to convert your golf cart to lithium batteries, and you purchase the lithium battery, I will install it for you. The combined cost is approx.. half of retail. Email: glenn.trice@icloud.com

Gutters

Fluid Gutter Solutions.....720-862-0058
Say goodbye to Clogged Gutters and water damage with our GUTTER GUARDS that carry a LIFETIME warranty. Gutter cleaning & servicing. Special pricing for HEB residents, call to schedule a FREE estimate! www.fluidgutters.com email: info@fluidgutters.com

Handy Man Services/General Contractor

H.K. Sutherlin Handyman Services.....720-275-9232
Minor Electrical/Plumbing, Carpentry, Picture Hanging, Reasonably Priced. Fully insured with liability and property. 5* Pro Rating on Nextdoor, Thumbtack, Googlesearch. Flashhandy1@comcast.net

Murphy's Home Services.....720-224-6677
Your HEB Resident Contractor/Handyman. Interior/Exterior Home Remodel & Repair. Preventative Maintenance Plans. Start today and save on costly repairs tomorrow. Realtor and HEB resident referrals available. Call, email or text Keith for a quote. info@murphyshs.com

Heating

Patriot Plumbing, Heating, Air Conditioning.....303-647-6791
24/7 furnace, heat pump and air conditioning installation, repair and maintenance. Humidification, dehumidification, air exchangers and more. Clean, polite, uniformed technicians.

Homecare

Homewatch CareGivers.....303-800-0206
Locally owned Homecare Agency, we have NO MINIMUMS!! We provide anywhere from 1 hour to 24 hours-7 days a week! Our services include companionship, meal preparation, transportation, med reminders, pet care, post-surgery care and more! Call today for a free consultation.

Firstcare Colorado LLC.....720-207-4208
Over 20 Years of Compassionate, Professional In-Home Care! Locally owned, woman-led, licensed & insured care agency—no minimums! Care from 1 hour to 24/7—your schedule, your terms. We assist with bathing, mobility, meds, meals, errands, & more. Specialized in dementia, Alzheimer's, stroke recovery, hospice, post-surgery, fall prevention, Parkinson's, cancer support & respite care. Call today for a free consultation—trusted care, tailored to you!

House Cleaning Services

Lupita Valenzuela Cleaning Services.....720-534-9246
Professional and reliable house cleaning services provided by HEB Residents. We offer weekly, bi-weekly, and monthly cleaning plans. Give us a call for a free estimate at 720-534-9246.



House Cleaning Services

Norma's Cleaning.....720-628-6506
20 years experience. Many, many references. Reliable. Weekly, bi-monthly, monthly schedules. Affordable. Let me help you keep your home clean.

HVAC

Comfort Colorado HVAC and Home Solutions.....970-405-3315
Your Comfort is Our First Priority. Offering expert furnace, AC, and heat pump installation, indoor air quality solutions, system performance & maintenance, water heaters and more. www.comfortcolorado.com

Insurance & Real Estate

Jeff Uscier, Jeff Uscier Agency Inc.....303-898-5796
HEBGC Resident for 21 years. Independent Insurance Agent representing Hartford, MetLife, and Safeco insurance and authorized to provide AARP Auto and Home insurance for Hartford. Specializes in HEB Real Estate.

Junk Removal

Jeff's Junk Removal & Hauling Matt.....720-878-5473
Email: mrob556@hotmail.com An Award-Winning Service Company screened and approved. Convenient, Fast, Courteous, with reasonable fees. We remove unwanted items, furniture, boxes, clothing, anything that fits in our truck. Email: mrob556@hotmail.com

Law Office

Anne C. G. Campbell, Campbell Law.....303-773-2517
Wills, Trusts, Medical & Financial Powers of Attorney, Dispute Resolution, Real Estate & Business Matters, Estate Administration, Guardianships & Conservatorships. Home visits available. www.kbcplaw.com

Kirch, Rounds, Bowman PC.....303-671-7726
Specializing in Wills, Trusts, Power of Attorney, Estate Planning, Elder Law, Real Estate. Over half a century of combined legal experience. Home visits available. www.dwkpc.net

Painting

Picasso's Painting.....720-322-5860
Interior and Exterior Painting. No job is too small. Experience working in HEB. Contact us for your free estimate. Picassopainting@facebook Picassopainting@outlook.com

Colors Group LLC.....720-434-3657
Paint company with more than 15 years of experience in Exterior & Interior painting both commercial and residential. Color & Quality in every service!! Other services include drywall repair and tub resurfacing!

Medicare Insurance

Steve Cox, SVC Insurance.....303-997-2896
Medicare Advantage, Medigap / Supplemental, Drug & Dental plans. Are you turning 65, need to change plans, or just have Medicare questions? Plans with UnitedHealth Care, Humana, Kaiser, WellCare, Delta. Call or e-mail: Steve@svcinsurance.com

Painting

Walls by Design Painting and Decorating.....303-346-1694
Interior painting and cabinet painting experts. FREE yearly touchup program, a Lifetime Warranty on most services, and free color design. Proudly served homeowners HEB since the beginning. Locally owned.

Shad Wimmer.....303-808-3747
Interior and Exterior Painting. Free estimates. 20 years working in HEB.

Pets

The Pet Sitter Lady, Linette Burke.....720-982-3877
Loving care when you're not there, quality pet sitting in your home or mine! Visit our website at www.thepetsitterlady.com or email thepetsitterlady@comcast.net

Jill Taylor, Pet Sitting.....303-905-7760
HEB Resident. Daytime and overnight pet sitting. Also can do pet visits one to three times per day. Call Jill Taylor for availability at 303-905-7760.

Plumbing

Altitude Plumbing.....303-720-3878
Residential plumbing services, including water heater replacements, gas line services, sump pumps, toilet replacements and more. Licensed and Insured. Service fee waived for a limited time - be sure to mention HEB. www.altitudefixit.com

Parker Plumbing & Heating, Inc.....303-840-2931
Kevin Bates, Master Plumber, An HEBGC neighbor and local family business since 1992. Providing plumbing service and repair, hot water heaters, remodels, and more. parkerplumbingandheating@gmail.com

Patriot Pros Plumbing, Drains, Heating, Air Conditioning.....303-647-6791
24/7 plumbing service for your home including water heaters, drain clearing, sump pumps, water softening, new fixture installation and more. Schedule at your convenience. Clean, polite, uniformed technicians.

Real Estate

Rex Gambrell, Empire Realty.....303-913-4912
HEB Resident. rex@empirerealtyco.com

LaVonne Lydin, Lydin Group Realty.....303-946-7772
Specializing in HEBGC real estate since 2000!

Kimberly Hubbell, HomeSmart.....720-934-5338
HEB Resident Realtor, Your dedicated partner in both buying and selling real estate. Reach out for your free market analysis Kimberlyhubbell@hotmail.com

Annette McCreadie, PhD. (HEBGC Resident).....813-508-0999
Certified Seniors Real Estate Specialist
Expertly guides Seniors and their families through every step of their real estate transaction. EMAIL: AnnetteM@KW.COM
Colorado Legacy Home Team / Keller Williams, DTC

Lori Schmidt, Eagle Bend Realty.....(C)701-730-5879
HEB active resident since 2012 lori@eaglebendrealty.com

Jeff Skolnick, RE/MAX Professionals.....303-946-3701
"Your Trusted Real Estate Advisor" Since 1986 www.JeffSkolnick.com
Jeff@JeffSkolnick.com Specializing in Senior Relocation/Transition

Fred Smith, Re/Max Professionals.....303-930-5132
Your Heritage Eagle Bend Specialist since 2000.
"Living and working in HEB" www.Fred-Smith.net
Has link to HEB inventory. Email: FredSmith@remax.net

Jeff Uscier, Workman and Associates.....303-898-5796
HEBGC Resident for 21 years.
Specializing in HEBGC Real Estate and Insurance.

Remodeling and Repair

Bill Kramm, Hammer Building Specialist.....303-204-2214
Extensive experience in all phases of renovations/remodeling including kitchens, bathrooms, basements, and full house. References available.

Castle Remodeling And Repair.....720.290.0844
Professional Home Remodeling, Licensed & Insured Residential Contractor A+ BBB Rating since 2006. HEB References Available. Kitchen, Bath & Basement specialist. CastleRemodelingAndRepair@gmail.com

Koda Construction.....303-886-6304
Licensed and Insured. 25 years experience. Basements, Decks, Kitchens, Bathrooms, Engineered Flooring, Tile, All Phases of Remodeling. EV charging stations. Prompt, reliable, honest, and free estimates.

Mark's Remodeling and Repair.....720-628-1033
Complete kitchen and bathroom remodels, basements, wood flooring, light fixtures, hidden wire wall mounted flat panel TVs. HEBGC references available.

Roofing

AVI Roofing & Gutters.....303-296-8551
Family owned & operated, "Your Original Roofing Contractor"
Serving the Heritage Eagle Bend community for the past 14 years.
Call today for your free estimate.



Roofing

HHR Exteriors.....303-999-0596
Family Owned, BBB A+ Rating. Specializing in Roofing, Windows, Gutters, Siding and Exterior Paint. Contact us by phone or at info@hhrexteriors.com for our current specials!!

Senior Care Consultants

Answers for Senior Care, Phil & Lily Hotaling.....303-799-1313
Providing Geriatric Care services & Housing Referral/placement
www.answersforseniorcare.com

Snowbird House Sitting

Lynn's Helping Hands.....818-522-1962
Snowbird House sitting. While you are out of town enjoying warm weather, we check your house, once a week or every two weeks. HEB Residents, Lynn and David Andrus. Email address: lynns.helping.hands4u@gmail.com

Travel

Miles of Love Travel - CLIA Elite Cruise Counselor.....970-396-8253
Escorting 2 AVALON WATERWAYS cruises in 2026 -- Paris to Paris including a day at Normandy 3/31-4/7/26 and Portugal 4/8-15/26. CarolLee Miles-Love 970-396-8253 (CLMPeace01@gmail.com) Larry Love 303-588-9985 (LLove1945@gmail.com).

Windows - Blinds

Master Blinds Services, LLC.....303-518-4307
All Blinds. All shades, Repairs and Sales. We beat any price! Ask about HEB discounts! "Servicing Aurora for 26 years"

Window Replacement

HHR Exteriors..... 303-999-0596
Family Owned, BBB A+ Rating. Specializing in Roofing, Windows, Gutters, Siding and Exterior Paint. Contact us by phone or at info@hhrexteriors.com for our current specials!!

Window Screen Repair

Aurora Window Screen Repair, LLC..... 720-251-4844
Father-son team in southeast Aurora specializing in fast, affordable screen repairs. Window screens (any size) \$35, sliding doors \$65. Get a free quote online and schedule your drop-off today! aurorawindowscreenrepair.com

QUALITY PET SITTING IN YOUR HOME OR MINE!



THE PET SITTER LADY

Loving Care When You're Not There

Call or email me
for a free consultation!

LINETTE BURKE

720.982.3877

linette@thepetsitterlady.com

For more information,
visit our website at

www.thepetsitterlady.com

Wags & Whiskers 2025 Gala

Casino Night



Join us on Saturday, October 4th, 2025, at 5:30 p.m. at the fabulous Curtis Hotel in downtown Denver for an unforgettable night in support of Colorado's most vulnerable pets.



Raise the Stakes, Raise a Paw – Join Us for the Ultimate Rescue Gala!

The night will include:

- Open bar + seated meal
- Silent + live auctions
- Adorable adoptable animals
- A Casino Night after party



Wags & Whiskers 2025
Registration &
Sponsorship Tickets

Queen's Tea

Hosted by Ms. Colorado Senior America



Heritage Eagle Bend Antero Ballroom

Sunday, September 21, 2025,
2pm to 5pm

* Entertainment * Tea & Finger Food

*Silent Auction

* Live Auction items -Tuscany Vacation for 4

*VIP Seats \$50, General \$40

Join us for the fun!

720-207-3246 or 720 217-3560

Visit – ColoSrAmerica.com



CONTRACT FOR
SNOW PUSHING SERVICES
NOW AVAILABLE



The 2025-26 Snow Pushing Contract is available by contacting the Welcome Desk at 303-693-7788 or welcomedesk@heritageeaglebend.com or at the Clubhouse

Please be ready with your credit card or check made payable to Heritage Eagle Bend



Fred Smith

Certified Residential Specialist

303-378-2075 or 303-930-5132

www.Fred-Smith.net

FredSmith@Remax.net

"Your Heritage Eagle Bend
Specialist since 2000"

Living and working in HEB!

I've helped 100's of clients buy/sell in HEB.

RE/MAX
PROFESSIONALS

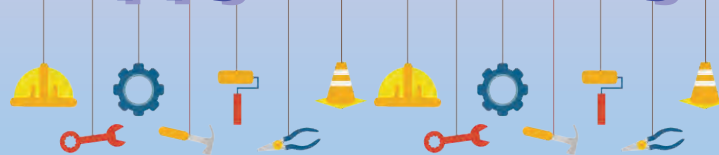


Under Contract – 7824 S. Zante Ct. - \$600,000

2 bed / 2 bath - Beautiful 803 model close to clubhouse. Lots of upgrades include Galathea Oak luxury vinyl plank floors in living/dining room, luxury carpet in both beds, & slab granite counters & Trucor Carrara Taupe tile floors in kitchen.

**Let me take the LABOR out of buying and selling your home.
Contact me for a tour or a free market analysis to see what your home is worth.**

Happy Labor Day!



**Visit www.Fred-Smith.net for a complete inventory of Heritage Eagle Bend.
Call me for honesty, integrity and service excellence!**

RE/MAX Hall of Fame Award, RE/MAX Lifetime Achievement Award, Top 100 sales producer in the 5-State RE/MAX Mountain Region and ranked among America's Best Real Estate Agents by REAL Trends!



A Caring Hand and Heart can help you or your loved ones maintain independence for as long as possible, within the comfort of their own home.

Our goal is to extend our clients' ability to live independently while ensuring that their needs are met with a smiling face and high-quality care. Our caregivers can provide physical assistance for everyday activities and boost the client's wellbeing.

Are you currently receiving VA benefits? Did you know you could be eligible for FREE home care services?



Contact us today for a free consultation:

303-418-8726

Angie@acaringhandandheart.com



A non-medical home health care company providing dependable care for your loved ones.

- ✓ Meal Preparation
- ✓ Bill Organization
- ✓ Transportation
- ✓ Companionship
- ✓ Light Housekeeping
- ✓ Dressing Assistance
- ✓ Medication Reminders

"My Mom's caregiver is fantastic. She looks forward to having her visit. We appreciate you all so much!"



EAGLE BEND COMMUNITY CHURCH

SUNDAY SERVICE AT 10 AM AT THE CLUBHOUSE

CALL THE CHURCH OFFICE WITH ANY QUESTIONS,
303.504.3531

SENIOR PASTOR
BRUCE MINOR • 303.504.0000
LEAD PASTOR
BRENT NORGAARD • 605.310.4334



Do you love to sing Christmas music?
Join the Eagle Bend Community Church choir
for our annual Christmas Eve service.
Choir rehearsals are on Monday at 6 pm at the Clubhouse.
For more information, contact Calvin Davis at 720-322-3385
or calvindavis@eaglebendcc.org.

LISTEN TO OUR SERVICES AT
www.eaglebendchurch.org
Click the media button to find the links.
Visit our Website: <http://eaglebendcc.org/>

CELEBRATING OUR 19th YEAR AT HERITAGE EAGLE BEND



BEYOND SKIN
DERMATOLOGY

Veteran-Owned, Same-Day Dermatology

Get the expert care you need, when you
need it. Same-day appointments are
available at Beyond Skin Dermatology, a
proud veteran-owned practice.

Call today!

720-443-0579

1444 S. Potomac St. Suite 240 Aurora, CO 80012

720-443-0579

info@beyondskinderm.com

www.beyondskinderm.com



When comparing Medicare plans, let's make sure the clear winner is

YOU!

ARE YOU?

- Turning 65
- Retiring or losing group health coverage
- Moving to a new county or state
- Considering a new Medicare Supplement Insurance Plan
- Low-Income Subsidy/Medicaid eligible

I CAN HELP!

As a licensed insurance agent, I can help you with:

- Understanding your Medicare options
- Plan analysis & review
- Continued support & service

Call, text or email me today to schedule your no-obligation appointment.



Steve Cox

Licensed Insurance Agent
SVC Insurance

303-997-2896

Steve@svcinsurance.com

HEB RESIDENT

Not affiliated with or endorsed by the government or the federal Medicare program. Insurance-related solicitation.

FOREST HILLS

DENTAL CARE

Voted Top Dentists 2017-2025 by 5280 Magazine!

303.840.9557

**7450 S. GARTRELL RD. #A-9
AURORA, CO 80016**

(NEXT TO SUPER TARGET)

FORESTHILLSDENTALCO.COM

DISCOUNT PLANS AVAILABLE



Dr. Tara Huntsman & Dr. Jared Bruggeman

Your Neighbor & Realtor!



Annette
McCreddie
Ph.D. and SRES
(Seniors Real Estate Specialist)

(813) 508-0999
annettem@kw.com



KW KELLERWILLIAMS
REALTY, DTC, LLC
Each Keller Williams brokerage business is independently owned and operated.

COLORADO *Legacy*
HOME TEAM



Who We Are

HHR Exteriors is a locally owned family run company. Keep the exterior of your home looking its best with our comprehensive services, designed to enhance curb appeal, protect your investment, and ensure lasting beauty and durability.

Contact Us

📞 303-999-0596
✉ Info@hhrexteriors.com
🌐 www.hhrexteriors.com

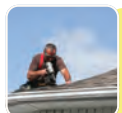
Visit our website to learn how to submit an online quote today!



Why chose us?

- ✔ Insurance Claim Specialists
- ✔ 5yr Workmanship Warranty
- ✔ BBB A+ Rated
- ✔ Storm Restoration Pros

Our Services



Roofing

Free inspection as well as a free Upgrade to a Class 4 shingle.

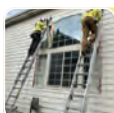
Free Upgrade



Windows

25% off install of replacement windows

25% off



Siding

25% off new siding installation.

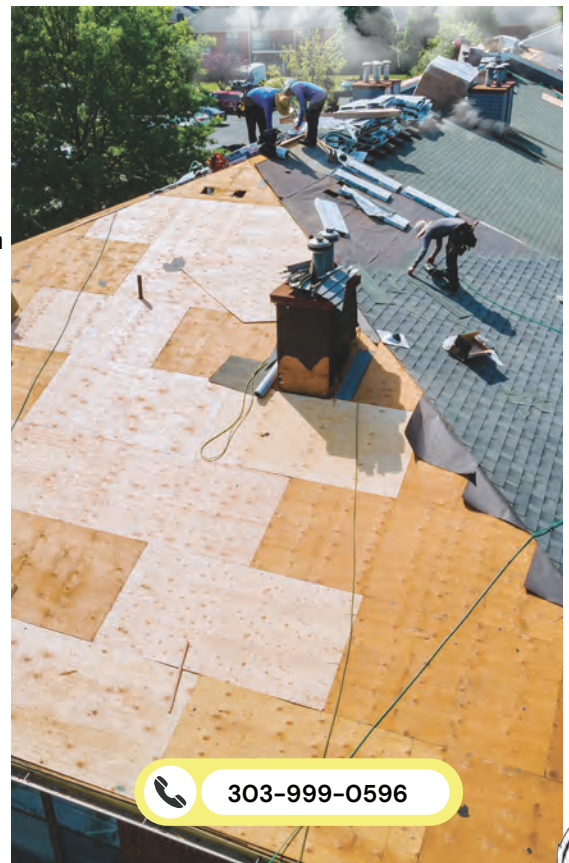
25% Off



Paint

25% off installation for exterior full house painting.

25% off



303-999-0596



“Jon and I have lived in HEB for over 12 years ... Once we met with **Walls By Design**, our minds were at peace! They have a great record and an amazing guarantee of their workmanship...

I have recommended Walls By Design to many of my real estate clients and will continue to do so!”

LORI SCHMIDT
EAGLE BEND REALTY



Walls by Design

Painting & Decorating

303.346.1694
wallsbydesign.com

♥ your home.™

Lifetime Warranty Free Color Consult
Free Yearly Touchups





You deserve care and quality when buying or selling your home here in Heritage Eagle Bend! I have lived in this beautiful community for over 12yrs and I guarantee you will be in good hands with me!



Eagle Bend Realty

Welcome Home

7912 S Buchanan Way



Under Contract



For Sale



For Sale

22023 E Heritage Pkwy

Lori Schmidt

Broker

Cell: 701-730-5879



Lori@eaglebendrealty.com

22873 E David Pl

www.eaglebendrealty.com

CALL TO
**PROTECT
YOUR
FAMILY'S
FUTURE**

Over half a Century
of combined legal
EXPERIENCE

KRB
KIRCH ROUNDS & BOWMAN PC
ATTORNEYS AT LAW

Specializing in:
Estate Planning, Estate Administration,
Elder Law, and Trust & Estate Litigation

303.671.7726 Home Visits AVAILABLE www.dwkpc.net

Located at:
Marketplace Tower 2
3025 S. Parker Road, Suite 820
Aurora, CO 80014

PARKER PLUMBING & HEATING, INC.

LICENSED
MASTER PLUMBER

303.840.2931

parkerplumbingandheating@gmail.com

**WATER HEATERS, WATER LINES, GAS LINES, SUMP PUMPS,
VALVES, PLUMBING FIXTURES, PLUMBING REPAIRS, ETC.**

303-718-2891
ChefSam@saucysuppers.com

Locally owned and operated.
Weekly Meal Delivery Service
Catering for Home Dinner Parties
Catering for Events

Chef Sam

CARA MIA MEDICAL DAY SPA

Advancing Your True Beauty



At **Cara Mia Medical Day Spa**, medical expertise blends seamlessly with luxurious self-care in a space designed for your ultimate comfort. We offer the latest in advanced technologies and aesthetic treatments, including **Cosmetic Injectables** like **BOTOX® Cosmetic**, **Laser and Energy Therapies**, **Body Contouring**, and a full range of **cutting-edge aesthetic services**. Each treatment is personalized to help you achieve **radiant skin**, **youthful contours**, and **total rejuvenation**, ensuring you look and feel your absolute best.

Call For Your Consultation: 303-350-4600

9570 Kingston Ct. Suite 100, Englewood, CO 80112



To receive the latest promotions,
special offers, and event updates.

Sign Up Here

***Special Savings
20% OFF**

*Mention this ad when booking and get 20% off your first cosmetic/aesthetic treatment! Offer valid through September 30, 2025.



CARA MIA DERMATOLOGY

Trust **Cara Mia Dermatology** for exceptional care in diagnosing and treating a wide range of skin conditions, from common concerns like **acne**, **rosacea**, **psoriasis**, and **eczema** to more complex issues such as **skin cancer** and **thinning hair**. Our expert team is dedicated to restoring your skin's health and radiance while bringing balance to your body and mind. With **multiple convenient locations**, we're here to provide the comprehensive care you deserve.

Call: 800-397-1399

or visit: CaraMiaDermatology.com



Contact

Kimberly Hubbell
kimberlyhubbell@hotmail.com
720-934-5338



PUT MY *Experience, KNOWLEDGE,*
SERVICE AND *Professionalism*
TO WORK FOR YOU.

Your neighborhood Realtor

When you choose me as your real estate agent, you get a dedicated partner who puts your needs first. With extensive market expertise, personalized guidance, and a commitment to clear communication, I'll make your buying or selling process smooth and successful. Let me help you navigate every step with confidence in finding your dream home!

Kimberly Hubbell



TIME TO SCHEDULE YOUR SPRINKLER BLOW OUT

NOW BOOKING STARTING OCTOBER 13TH

\$99

SPRINKLER BLOW OUT

\$149

SPRINKLER BLOW OUT & WINTER FERTILIZER

\$199

SPRINKLER BLOW OUT, WINTER FERTILIZER & AERATION

-Applicable for 10 zones or less
-Fertilizer and aeration cost applicable for standard size lawns
*Additional fees may apply for larger turf areas or additional irrigation zones

RECURRING SNOW REMOVAL

2025-2026 WINTER SEASON

\$79

2 CAR STANDARD DRIVEWAY

\$99

3 CAR STANDARD DRIVEWAY

\$20

OPTIONAL ICE MELT APPLICATION

-This price is per visit
-2" trigger depth
-Larger depth storms (6"+) may result in multiple visits per storm
-Customer may request service under 2" on a case by case basis

Jan Parrish

Realtor, GRI, SFR
10+ Years Experience, HEB Specialist

Free Aerial Photography
with Listing!
Senior Discount!



303.807.3289

www.JanParrish.Realtor

agentjanparrish@gmail.com

facebook.com/loveHEB



Finding a qualified dealership
alternative that's easy to deal with.
(That's driving joy.)

ASE CERTIFIED TECHS ALL MAKES & MODELS



Christian Brothers Automotive

Fixing cars, driving joy.

Eagle Bend | 720-896-3096 | cbac.com/eagle-bend
22771 E. Aurora Parkway, Aurora, CO 80016



MARTIN KAY

English antique dealer for over 40
years & former member of the
International Society of Appraisers
resident of HEB for 17 years.

ANTIQUES WANTED

WE PAY TOP PRICES FOR:
ORIENTAL PORCELAIN & WORKS
OF ART, EUROPEAN WORKS OF
ART, PORCELAIN, SILVER, OLD
WATCHES, JEWELRY, GLASS,
PAINTINGS, COINS, VINTAGE
CLOTHING & ACCESSORIES.

**CONTACT US FOR A
FREE APPRAISAL**

303.229-5168



TED FULTON

Author of Garage Sale Gold.
Former Chief Appraiser for Aspen
Auction House.



Voted Best Customer Care 12 Years in a Row

Experience the Difference



Your Heritage Eagle Bend Plumbing, Heating & Cooling Experts!

FULL FURNACE SYSTEM CHECK-UP

\$49 KEEP YOUR FAMILY SAFE & WARM ALL WINTER

COMPLETE TRUSTED SYSTEM CHECK

- Extends Lifespan
- Improves Energy Efficiency
- Prevents Costly Repairs
- Improves Indoor Air Quality

*Cannot combine with any other offers or specials. Parts and repairs extra. One time use only. Must present coupon to redeem. Limited time only.

SAVE ON ANY SERVICE

\$50 OFF

Any Repair Or Service

- Heating
- Plumbing
- Cooling

*Cannot combine with any other offers or specials. Parts and repairs extra. One time use only. Must present coupon to redeem. Limited time only.



PATRIOT PROS

PLUMBING • HEATING • AIR • ELECTRIC

303-647-6791

*Voted 12 years in a row & awarded by Pulse of the City for companies that excel in customer service.

Do you have concerns, questions, or challenges regarding care decisions for an aging family member?



Phil & Lily Hotaling, Co-Owners
Local Community Members

Care Management:

- Assess care needs with family & client
- Introduce options & recommendations
- Assist with decision making
- Coordinate services in and out of home
- Attend appointments
- Communicate with family
- Anticipate changes in care

Placement Services

- Meet with families to discuss requirements
- Empower involved family members
- Find appropriate housing options
- Assist family with expert recommendations
- Tour and explain options
- Support transitions

We have the answers, so
you are not alone!

No question too small or too large, we are ready to help:



(303) 799-1313

Phil.Hotaling@answersforseniorcare.com

www.answersforseniorcare.com

AdventHealth Medical Group Orthopedics and Spine at Meridian

Meet Our All-Star Team

Our expert orthopedic physicians provide a wide array of orthopedic services and expert care including joint preservation and replacement (hip, knee and shoulder), spine surgery, sports medicine, general orthopedics and orthopedic trauma.



Landon Fine, DO
Orthopedic Trauma,
Shoulder Surgery and
General Orthopedics



Derek Johnson, MD
Hip and Knee Preservation,
Replacement and
Robotic Surgery



Daniel Kaplan, DO
Orthopedic Trauma and
Hip and Knee Surgery



Alex Romero, MD
Sports Medicine and
General Orthopedics



Scott Stanley, MD
Cervical and
Spine Surgery



Kevin Nagamani, MD
Foot and Ankle Surgery



Micah Worrell, DO
Hand, Wrist, Forearm and
Elbow Surgery

Accepting New Patients | Open Monday through Friday

To learn more and make an appointment, call 303-925-4750

8:00 am to 5:00 pm | We accept most insurance plans

AdventHealth
Parker

AdventHealth Medical Group Orthopedics and Spine at Meridian

9949 S Oswego St, Suite 200 | Parker, CO 80134
303-925-4750 | adventhealth.com

Heritage Eagle Bend Market Update

July 2025

	Average Sales Price	Average Days on Market	Homes Sold
Single Family	\$833,500	63	2
Paired Homes	\$604,417	37	6
Townhomes	\$440,000	134	1

Where The Fun Begins and Never Ends!

35+ Years of Real Estate Expertise. Colorado Living Realty is honored to do what we do everyday and we want to help with your home. Our reputation is built on effective negotiation, savvy marketing, attentive listening and extraordinary customer service.



LAVONNE LYDIN
 303-946-7772
 lavonne@coloradolivingrealty.com
MICHELLE LYDIN SCHMELTZER
 303-507-9111
 michelle@coloradolivingrealty.com

MetroBrokers

THINKING
of selling your home?

CONTACT ME FOR A
 FREE HOME VALUATION

I offer Competitive Brokerage Fees



We have a lot of potential buyers ready to make a move! HEB is one of the few neighborhoods that offer active adult living. If you're ready to move, reach out, let's start a conversation.

The real estate market in HEB is strong. Give me a call!



Jeff Skolnick

"Your Trusted Real Estate Professional"

303-946-3701

Jeff@JeffSkolnick.com

www.JeffSkolnick.com

Selling Homes since 1986!



Your Trusted Oxygen Store

Visit us in Centennial, CO

8,000+
Reviews
People
love us
★★★★★
Trustpilot



OXYGENCONCENTRATORSTORE
FROM AMERICAN MEDICAL SALES & RENTALS

- Portable and Home Oxygen Concentrators
- CPAP & BiPAP Machines
- Top Brands like Inogen, Caire, OxyGo, and Drive DeVilbiss
- 24+ Years in business
- 96% Customer Satisfaction

Call (844) 672-9405 for Free Oxygen Consultation

Visit us at: oxygenfreedom.com

Say Goodbye to

Clogged Gutters!



Schedule your
**FREE Gutter
Guard Quote**
today!
We are currently
offering heavily
discounted
pricing for HEB
residents.



Why choose Fluid?



Lifetime
Warranty



Free Cleaning
with all Installs



No-Clog
Guarantee



Half the price of the
big guys!

Contact Us

720-862-0058
fluidgutters.com



GET **HONEST.**
EXPERIENCED HELP BUYING OR SELLING YOUR
HOME.



REX GAMBRELL

BROKER

REX@EMPIREREALTYCO.COM

303-913-4912



Norma's Cleaning Service

Norma Altuzar | 720.628.6506 | normaaltuzar@gmail.com

WEEKLY & BI-WEEKLY | MOVE-IN & MOVE-OUT CLEANINGS

\$50 OFF Your Next PLUMBING SERVICE



Colorado License # PC,0004875

SERVICES

- Residential Plumbing Services
- Gas Line Services
- Water Line Repairs
- Drain Cleaning and Jetting Services
- Water Heater Repair/Replacement
- Licensed & Insured
- Free Estimates and Second Opinions
- Locally Owned and Operated



TANKLESS
WATER HEATERS



WATER PURIFICATION
SYSTEMS



PRV INSTALLATION
AND REPLACEMENTS

(303) 720 – 3878

AltitudeFixIt.com

**BOOK YOUR
FALL CLEANUP**

\$340

**2 HOUR - 2 PERSON
FALL CLEAN UP SERVICE**

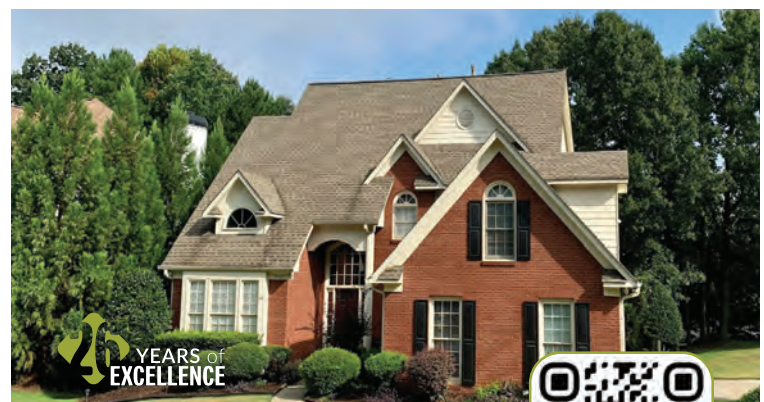
*ADDITIONAL HOURS BILLED AT \$170/HR
*DISPOSAL IS ADDITIONAL COST

WE CAN ALSO HELP WITH:

- Sprinkler Blowout
- Fertilization & Weed Control
- Landscaping Projects
- Snow Removal

BLUE COLLAR
SERVICE PROS

CALL/TEXT:
720-239-2410
OFFICE@BLUECOLLARSERVICEPROS.COM



REQUEST AN ESTIMATE ONLINE



aviroofing.com

CALL FOR PEACE OF MIND
(303) 296-8551 ext. 2

ROOFING | GUTTERS | REPAIR & MAINTENANCE

Free Estimates | Skilled-Trade Experts | Service Programs

AVIROOFING



Jeff Uscier Above All Insurance Group, LLC

An Independent Insurance Agent
HEBGC RESIDENT since 2003

Providing Insurance for
Auto, Home, Condo, Life Insurance
and Income Retirement Programs

Representing:
Hartford, SAFECO, MetLife, Travelers,
Hagerty Insurance Company (Classic Cars)

Call Jeff today for a Quote.

303.680.9858 • (c) 303.898.5796

8224 S. Winnipeg Ct.
Aurora, CO 80016

If you are thinking of selling your home

CALL ME at 303.680.9858 (office)

303.898.5796 (cell)

Listing your home to the Best Possible Price
is very important...DON'T price your home too low.

I can help you price it right!

4.3% commission to residents of Heritage Eagle Bend

**Are you thinking of buying at
Heritage Eagle Bend? If you are, call me!**

I've lived in this wonderful community since 2003
and I know it well. I specialize only in the
Heritage Eagle Bend Community.
HEBGC RESIDENT SINCE 2003

Jeff Uscier • Realtor

Office: 303.680.9858 • Fax: 720.870.5447
email: uscier@msn.com



**WORKMAN
& ASSOCIATES**
REAL ESTATE SERVICES



Homewatch CareGivers®

of South Aurora



- Companionship
- Housekeeping
- Personal Care
- Medication reminders
- Dementia/Alzheimer care
- Transportation
- Safety
- Meal Preparation
- After Surgery Care
- Veteran Care
- Work with Hospice, assisted living, Ind. living

*Compassionate care
tailored to the
unique needs of the
people we serve.*

For a FREE
CONSULTATION and learn
more about our trusted elder
care services, call us at:

303-317-4448

Or, contact us online:
www.hwcg.com/aurora



2260 South Xanadu Way, Suite 210 • Aurora, CO 80014



DISTRICT	DELEGATE NAME	PHONE	EMAIL
1	Roger Harmelink	303-601-5879	rdharmelink@comcast.net
2	Gladys McLean	303-333-1906	gsmclean@comcast.net
3	Lisa Hawk	949-433-7042	lisain303@gmail.com
4	Mary Procaccio	303-690-2076	procacme@comcast.net
5	Joan Snihur	315-559-7616	jhsnihur@gmail.com
6	Becky Barnes	325-374-2940	bbarnes903@aol.com
7	Ron Polakowski	303-693-9379	lrpolk@msn.com
8	Donna Musciano	303-570-4287	donna.musciano@gmail.com
9	Jim Wargas	630-788-4400	jwargas2@gmail.com
10	Tom Wilcox	303-862-8491	toriwil@me.com
11	Amy Knowles	860-807-5270	knowdyce715@gmail.com
12	Dan Webster	303-570-6222	dwebs79941@aol.com
13	Diane Pranske	708-528-2952	dpranske@aol.com
14	Phyllis Matthews	303-941-2074	phyllismatthews3@comcast.net
15	Bruce Andrews	970-988-7033	bruceaa127@gmail.com
16	Barbara Schafer	720-900-3866	schaftbnhi@gmail.com
17	Milissa McCarthy	303-386-2171	mmccarthy610@gmail.com
18	Diane Woods	303-593-0889	diawoods@comcast.net
19	Julie Zaler	303-929-0838	hjzaler@comcast.net
20	Patrick Ryan	303-841-6765	patnmaryann@msn.com
21	Gary Carpenter	720-484-5833	HEBDistrict21@comcast.net
22	David Vollmann	303-942-0947	DVollmann57@comcast.net
23	Lesa Calleo	317-374-8293	vnccall@yahoo.com
24	Jim Kroll	719-491-3338	krollldhinco@comcast.net
25	Rick Stager	720-413-0468	rps8186@comcast.net
26	Chris Schulz	303-550-4703	schulzcr@cdmsmith.com
27	Russ Randall	303-766-8662	russ_randall@msn.com
28	Glen Strein	303-755-3880	gdstrein@comcast.net
29	Bill Gilbertson	720-280-4825	newmexico5000@comcast.com
30	Bob Holtschlag	303-290-0190	bob.holtschlag@comcast.net
31	David Craven	720-203-3674	dcraven55@gmail.com
32	Gary Mabie	303-617-8287	gjmabie@hotmail.com
33	Susan Walsh	513-906-0400	ladysusan@fuse.net
34	Ron Tibboel	515-577-6058	HEBDistrict34@gmail.com
35	Bonnie Knowles	303-908-7926	bknowsjoe@comcast.net
36	Barbara Pedersen	303-690-3451	bwpeder@comcast.net
37	Marie Ortega	862-684-3769	marie.ortega45@gmail.com

Traditions Board Contact Information (for emergencies only)

Traditions Hotline:	303.343.4011	
Bob Janky, <i>President, Irrigation</i>	303-564-1104	bobjanky4@gmail.com
Don Rowlands, <i>V.P., Snow</i>	720-638-8643	drowlands2@yahoo.com
Joe Parsons, <i>Treasurer</i>	925-548-4436	attjfp@gmail.com
Bryan Campbell, <i>Secretary & Irrigation</i>	303-618-5551	itsyflorence@comcast.net
Ed Doherty, <i>Landscaping</i>	303-548-7037	ed.doherty@comcast.net
Debra Schaefer, <i>Painting</i>	303-641-9739	wditot@comcast.net
Annette McCreddie, <i>Director, Roofs & Gutters</i>	813-508-0999	annettem@kw.com

Village Board Contact Information (for emergencies only)

Village Board Hotline:	303.343.4011	
Myrla Marshall	815.545.2793	myrlamarshall@gmail.com
Becky Hollenshead	510-541-3095	ggmom013@aol.com
Marcia Johnson	303-949-1404	marciamay1949@gmail.com
David Risley	607-725-7205	ruperttrisley03@outlook.com
Marie Welch	303-229-1264	mariewelch7@gmail.com
Terry Pearson	831-676-7307	terrypear@gmail.com
Tom Kane	970-481-0967	tj_kane@comcast.net

Please be sure to notify the Admin Bldg
by contacting Alison Gulley at
AGulley@heritageeaglebend.com or
720-235-1827
for any changes to
your contact information

Hotline Number
Traditions & Village
303.343.4011

Heritage Eagle Bend Master Association, Inc.
23155 East Heritage Parkway
Aurora, CO 80016

PRSR STD
U.S. POSTAGE
PAID
DENVER, CO
PERMIT NO. 1624

POSTMASTER, PLEASE DELIVER BY
SEPTEMBER 1ST

DATED MATERIAL



EVENTS WILL BE EBLASTED OUT
TO THE COMMUNITY

SEPTEMBER 1 – LABOR DAY PARTY
OCTOBER 31 – HALLOWEEN PARTY

by Allen Weiss