

August 2025 | Edition 283

NEWS





















Events at Your Clubhouse

Here in your magnificent Clubhouse, you'll find over 37,000 square feet of flexible event space.

Ready to accommodate everything from weddings, receptions, banquets, family events, conferences, parties and more!

Your Clubhouse can host everything from grand to intimate with the exceptional level of service you have come to expect.

Contact Jennifer Stoneking today to plan your next event by emailing or calling! jstoneking@heritageeaglebend.com 720.235.1822





AN AGE-RESTRICTED COMMUNITY

MASTER ASSOCIATION BOARD OF DIRECTORS

President: Rex Gambrell, 303-913-4912

Rexgambrell@comcast.net

Vice President / Treasurer: Steve Krebsbach, 303-748-1886

Hebstevek@gmail.com

Secretary: Arleen Sandberg, 970-471-6222 arleensandberg56@gmail.com

Director: Chuck Cullens, 303-472-6584

Chuckecm2@gmail.com

Director: Steve Gallagher, 732-598-5507

Stegsg52@gmail.com

Director: Cindy Nelson, 303-919-2441

Cjcnelson@gmail.com

Director: Debbie Strine, 303-506-5610

Marty Savage, Director of Agronomy MSavage@heritageeaglebend.com

Dmstrine@yahoo.com

HERITAGE EAGLE BEND GOLF CLUB STAFF

Administrative Office	720-235-1888
Gene Blum, General Manager	ext. 121
GBlum@heritageeaglebend.com	
Jillian Wyatt, Community Manager	ext. 131
JWyatt@heritageeaglebend.com	
Alison Gulley, Assistant Community Manager	ext. 126
AGulley@heritageeaglebend.com	4
Lori Mitchell, Controller	ext. 124
LMitchell@heritageeaglebend.com	. 125
Stephanie Balltrip SBalltrip@heritageeaglebend.com	ext. 125
Jen Bruning, Administrative Assistant	ext. 127
JBruning@heritageeaglebend.com	ext. 12/
J2rammge nerrageeagreeenareem	
Clubhouse	303-693-7788
Jason Franke, Director of Golf	ext. 113
JFranke@heritageeaglebend.com	
Jennifer Stoneking,	
Dir of Sales & Catering and Clubhouse Services	ext. 122
JStoneking@heritageeaglebend.com	ext. 123
John Van Ness, Dir of Food & Beverage JVanNess@heritageeaglebend.com	ext. 125
Darren Pusateri, Executive Chef	ext. 144
Dpusateri@heritageeaglebend.com	
Jeff Lambert, Director of Marketing	ext. 157
JLambert@heritageeaglebend.com	
Chris Mara, Facility Manager	ext. 146
CMara@heritageeaglebend.com	
Josh Keim, Welcome Desk Supervisor	ext. 120
JKeim@heritageeaglebend.com	
Landscape	720-235-1827
Hector Rodriguez, Director of Grounds	ext. 154
HRodriguez@heritageeaglebend.com	

HERITAGE EAGLE BEND GOLF CLUB NEWS

is the official publication of Heritage Eagle Bend Master Association, Inc. Published 12 times a year.

Deadline for submission of articles is the 5th of each month.

Contact Jillian Wyatt at

JWyatt@heritageeaglebend.com or 720-235-1831 All contents copyright Heritage Eagle Bend Master Association, Inc., or other copyright holders.

CLUBHOUSE

ph 303-693-7788 fax 720-235-1803 www.heritageeaglebend.com

WELCOME DESK

welcomedesk@heritageeaglebend.com Welcome Desk 303-693-7788 Ext. 120 and 119

UPDATED HOURS

Welcome Desk Hours Monday – Sunday 7:00am – 8:00pm

Clubhouse Hours

Tuesday – Saturday 7:00am – 9:00pm Sunday – Monday 7:00am – 8:00pm

Administrative Office Hours Monday – Friday 8:00 am – 4:30 pm

EAGLE'S NEST HOURS

Breakfast:

Monday – Saturday 8:00 am – 11:00 am Sunday 8:00 am - 12:00 pm

Lunch:

Monday - Saturday 11:00 am - 4:00 pm Sunday 12:00 pm – 4:00 pm

Dinner:

Tuesday - Saturday 4:30 pm - 8:00 pm

Bar:

Tuesday – Saturday 8:00 am – 9:00 pm Sunday – Monday 8:00 am – 6:00 pm

MSI

Contact Kristen at KKennedy@msihoa.com or 720-974-4189 for Ledgers or Billing info (statements) or at www.msihoa.com to request a status letter if you are selling your home.



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VISION STATEMENT HERITAGE EAGLE BEND GOLF CLUB

will be recognized as a premier age-restricted community in Colorado.

MISSION

Preserve and enhance the value of our community by operating and maintaining our common elements and offering services to standards that support our vision.

Inclusion of any advertisement in this magazine shall not be deemed to be an endorsement of the advertiser by the Master Association.



LANDSCAPE SERVICES FOR 2025



UPCOMING MEETINGS

Architectural Advisory Committee Monday, August 18th, at 2:00 pm

Facilities & Grounds Committee Thursday, August 7th, at 3:00 pm

Financial Advisory Committee Thursday, August 21st, at 2:00 pm

Golf Advisory Committee Thursday, August 7th, at 9:00 am

Legal & Compliance Committee Wednesday, August 20th, at 2:30 pm

Master Board Meeting Thursday, August 28th, at 2:00 pm

Master Board Work Session Wednesday, August 13th, at 2:00 pm

Please check with Jennifer Stoneking at
JStoneking@heritageeaglebend.com
or 720-235-1822 for location
If you change your meeting time and date, be sure to notify
Jillian Wyatt at JWyatt@heritageeaglebend.com

*Notices presented in this publication are intended for legal and informational purposes and cannot be used as a platform for particular religious, political or philosophical points of view.

Management reserves the right to make editorial decisions on content.

Landscape Services will be limited to the following:

Aerification (spring & fall) Irrigation System Turn On & Turn Off

Additional Services:
Leaf clean up (spring & fall)
Shrub Pruning/removal
Putting down mulch
Holiday lights hanging & take down

Please contact the Landscaping Department 720-235-1827 or turf@heritageeaglebend.com



President's Message by Rex Gambrell, President of Master Board

am going to once again give an update on the upcoming Golf course project. I have heard on several occasions that some people are not fully aware of what is going on with this project. In the event that you hear those same comments please



let residents of our HOA know that there are continually updates included in board meetings and subsequent minutes along with the monthly newsletters.

So, as you have previously heard our current Rainbird system is going to be replaced with a new Toro Irrigation system. Having Toro sprinkler heads installed will allow our techs to repair heads without having to dig them up to replace them and will also allow for 24/7 monitoring on cell phones and computers.

Two new pump stations will be installed. One in the existing pump house on the 4th hole along with a second one that will be installed in the new pump house near the hole 11 tee box that will be built later this year or possibly early next year.

All sand traps or bunkers will be reworked, reshaped, moved or eliminated for easier access for golfers in our community. A new Billy Bunker Drainage system will be installed in all existing or new bunkers. All bunkers will have a two-inch gravel layer applied over the bunker floor and a new tile system. The gravel will be sprayed with a polymer to lock it in place so that it will serve as a conduit for water to transfer down the bunker floor and slope into the tile pipe system, thus draining properly and reducing or eliminating sand movement. The liner will secure the gravel blanket and prevent native soils underneath from growing into the bunkers. There will be bunkers that are removed or moved due to changes in golf equipment technology and how the game is played along with how a bunker shapes a hole.

Like I have said in prior meetings and in newsletters a portion of this work is scheduled to begin this summer or fall including the construction of the pump house on hole 11 and the installation of main line irrigation pipe. This pipe will be installed in the native grass or rough areas outside of fairways for the most part. The installation of this pipe should not affect play.

In the fall of 2026 nine holes at a time will be scheduled to be closed so that lateral lines, sprinkler heads, bunker work and new forward tees can be installed. As of now the projected completion of all work is scheduled for the end of 2026 or early 2027. Of course, as the project approaches schedules potentially could change.

In an anticipation of potential material cost increases we will start purchasing and storing some of the materials this year. There are many unknowns with what the economy will do such as tariffs and the cost of oil that could affect material pricing so purchasing these materials now makes the most economical sense.

General Manager's Message by Gene Blum

Summer is in full swing here at Heritage Eagle Bend Golf Club, and there's never been a better time to enjoy everything the Club has to offer! The golf course is in the best condition we've ever seen, and I want to give a huge thank you to our outstanding crew for making it



happen. If you haven't played a round recently, now's the perfect time to grab your clubs and experience the course at its absolute finest.

Last month's Golden Eagle Classic, our men's memberguest tournament, was a huge success—we received so many compliments from non-residents who came to play, and I couldn't be prouder of how our team brought it all together. This month, we're thrilled to launch the very first Diamond Eagle Classic, our ladies memberguest tournament, and it's already shaping up to be a fantastic event. It filled up quickly, and we can't wait to cheer on all the talented women taking the course. Good luck, ladies!

It's always a pleasure seeing so many of you out and about in the community, and I encourage you to stop by the Clubhouse—whether it's for a fun event or a delicious meal at the Eagle's Nest. There's always something happening, and with so many activities to choose from, there's sure to be something for everyone. Be sure to check your email for updates on restaurant specials, wine pairings, and exciting Clubhouse happenings.

And speaking of exciting, stay tuned for details on our next Wine Experience—always a favorite! These events are a blast, and we'll be announcing the next one soon. Plus, don't miss our big Labor Day Luau on September 1—an annual tradition that promises great food, fun, and tropical vibes. I can't wait to see what delicious surprises the team has planned.

HOPE TO SEE YOU AROUND THE CLUB SOON!

JOIN A COMMITTEE MAKE A DIFFERENCE

LEARN MORE ON PAGE 7



TRADITIONS TALKING BY TRADITIONS EAGLE BEND BOARD MEMBERS

The operating results (subject to audit) for May 2025 are complete. The year-to-date net result is an excess of \$21,211 versus a budgeted excess of \$11,816. There have been no major unanticipated expenses so far this year and now that the snow season is behind us our financials are in good shape. For May 2025 year-to-date reserve net income shows an excess of \$29,807 vs budgeted excess of \$98,320. Over the next few months, we will be paying our invoices for both house painting and roof/gutter replacements. We will be on budget for house painting but over budget for roofs/gutters. We have replaced more roofs than originally expected and will be overrunning that expense.

NEEDED BOARD MEMBERS

TEB board consists of seven members that oversees the different programs outlined in the Business Plan. Each Director serves a two-year term and there will be elections for four positions later this year. Our programs include Roofing & Gutters, Painting, Landscaping, Irrigation, Snow Removal and Accounting. If you have an interest in any of these programs, contact a Board Member for further information. Everyone needs to do their share.

FREE AURORA OUTDOOR WATER ASSESSMENTS

Aurora Water offers free outdoor water assessments from June through September. Go to the Aurora Water website for more information. Water leaks and inefficient irrigation can waste thousands of gallons of water each month and degrade the health of your landscape. The Aurora Water conservation team will provide a free assessment that includes:

INCOME STATEMENTS MAY YEAR TO DATE

		Operations		Reserves		
	Actual	Budget	Actual	Actual	Budget	Actual
	<u>2025</u>	<u>2025</u>	<u>2024</u>	<u>2025</u>	<u>2025</u>	<u>2024</u>
Total Revenues	\$ 296,041	\$ 296,670	\$ 281,441	\$ 131,226	\$ 131,865	\$ 115,884
Total Expenses	274,830	284,854	311,655	101,419	33,545	3,545
Net Income	\$ 21,211	\$ 11,816	\$ (30,215)	\$ 29,807	\$ 98,320	\$ 112,339

- Ensuring sprinkler heads work correctly and evenly water landscape areas
- Checking the irrigation controller to ensure it is efficiently watering
- Assessing the system and landscape to make accurate recommendations
- Discussing rebate eligibility and system upgrades
- Emailing a report regarding system issues and recommendations

2026
BUDGET AND BUSINESS PLAN
PRESENTATION
SEPTEMBER 15TH, 2025
AT 5:30 IN
THE ANTERO ROOM

Traditions Hotline 303.343.4011

One HOA board member had this done, got great results, and used the report to direct the work of our landscape company repairs.

Village Voice by Marie Welch

July has been a busy month, landscape and irrigation are in full operation. The shrub and bush trimming have begun and will continue every Friday until completed They started in the Biloxi/Buchanan/Links/ Kettle area. It seems they are following the mowing schedule. Concrete work has been completed for the year. What's Next? We will begin working on the budget for 2026. Hopefully by the time you receive this newsletter we have had several individuals apply and are running for the board.

As a reminder, it is the responsibility of the homeowner to have their gutters cleaned on a regular basis. With any hard rain our roofs shed granules. Those granules lie in the bottom of your gutters and slow everything down. Then for some of us, we have those long needle pine trees whose needles are everywhere - including your gutters. Of course, we also have golf balls that can enter the gutters and do a great job of stopping the flow of water. Keeping our gutters clean helps prolong the life of our roofs. Thank

you for preventing damage to our roofs by keeping your gutters clean. Hotline Number 303.343.4011

Another reminder to homeowners to make sure to water any trees on your property's that have water bags at least 1-2 times per week to ensure their survival. Trees that die on a homeowner's property may require replacement at the homeowner's expense.

We are happy to report we have had fewer water leaks this year. Please continue to let us know if you see water flowing, or grass that is full of water. We always want to get these reported and fixed quickly, and now with technology, in most cases, the water can be turned off remotely.

Please plan to attend the next Quarterly Board Meeting on Monday, October 27 at 5:00 p.m. We will announce budget and election results!



SUMMARY TREASURER'S REPORT • JUNE 2025

2025 OPERATIONS INCOMES	STATEMENTUNAUDITED		Jun-25			Year to Date	
HERITAGE EAGLE BEND		2025	2025	2024	2025	2025	2024
Ju	ın-25	<u>Actual</u>	Budget	Actual	<u>Actual</u>	Budget	<u>Actual</u>
Revenues:							
Cash and Investments	Golf	\$ 457,44	3 \$ 453,523	\$ 416,057	\$ 1,244,356	\$ 1,133,098	\$ 1,079,448
	Food and beverage	257,45	7 300,645	257,922	1,213,245	1,214,587	1,143,099
	HOA	296,37	297,190	295,505	1,812,731	1,835,242	1,830,220
	Total revenues	1,011,28	1,051,358	969,483	4,270,332	4,182,927	4,052,766
Cost of Sales:							-
	Food and beverage	92,17	3 105,743	89,343	403,299	434,449	402,906
	Golf shop	15,52	7 13,783	12,507	37,465	41,957	36,343
Payroll and Benefits		368,75	1 413,096	394,824	2,152,549	2,235,915	2,009,300
Other Operating Expenses		322,72	310,327	304,564	1,606,564	1,716,015	1,480,593
Total Expenses		799,17	842,949	801,238	4,199,877	4,428,336	3,929,142
Net Operating Income (Loss	s)	\$ 212,10	\$ 208,409	\$ 168,245	\$ 70,454	\$ (245,409)	\$ 123,624

CASH FLOW AND BALANCES--UNAUDITED

Heritage Eagle Bend Master Association

	and Available	(Restricted)	Fund	Fund	<u>Fund</u>	<u>Total</u>
Cash and Investments January 1, 2025	1,207,292	834,274	854,722	472,478	4,849,084	8,217,850
Excess(Deficiency) of Revenues Over Expenses Non-Cash Charges to Income	70,454	15,002 966	18,538 720	140,224 366	1,387,145 9,330	1,631,364 11,382
Change in Working Capital Capital Expenditures Repayment of Inter-Fund Loans:	472,189	-	-	(39,638)	(345,140)	432,551 (345,140)
Principal Interest		38,747 322	49,383 410	(133,714) (1,110)	45,584 378	0 (0)
Homeowner Contributed Capital	-	-	-	40,304		40,304
Net Increase (Decrease) in Cash and Investments	542,643	55,036	69,051	6,432	1,097,298	1,770,461
Cash and Investments 6/30/2025	1,749,935	889,310	923,773	478,910	5,946,382	9,988,311

JOIN A COMMITTEE MAKE A DIFFERENCE

Applications are now open for residents interested in serving on one of the Board's five advisory committees. These groups typically meet once a month and play a vital role in supporting the Master Board and our broader community goals. As the name suggests, these committees are strictly advisory, but their input is essential.

The five advisory committees are:

- Architectural Advisory Committee
- Facilities and Grounds Advisory Committee
- Financial Advisory Committee
- Golf Advisory Committee
- Legal and Compliance Advisory Committee

Detailed information about each committee—including their charters, member rosters, and meeting minutes—is available on the HEBGC website (*heritageeaglebend.com*). Simply log in, click on HOA, then select Committee Reports.

Why Serve? Committee members serve two-year terms, with the option to serve a second consecutive term. While our bylaws do allow extensions if there are too few applicants, our community thrives when more residents step up and share their time and talents. We're deeply grateful to those who continue to serve—but we also know fresh voices and new perspectives are what

help keep our community vibrant and forward-thinking. This is your chance to make a meaningful impact, meet fellow residents, and help shape the future of Heritage Eagle Bend. Whether you have a background in finance, a passion for landscaping, or simply a desire to contribute, there's a place for you.

How to Apply? If you're ready to get involved, contact Community Manager Jillian Wyatt at JWyatt@heritageeaglebend. com, or stop by the clubhouse Welcome Desk to pick up an application. The deadline to apply is September 5th.

The Board will review applications in September to fill upcoming vacancies.

Don't miss this opportunity to lend your voice and make a difference in our community!

NOW'S THE TIME—STEP UP, GET INVOLVED, AND HELP SHAPE THE FUTURE OF HERITAGE EAGLE BEND! NEW COMMITTEE APPOINTMENTS
WILL BEGIN ON
OCTOBER 1, 2025

IF YOU HAVE ANY QUESTIONS,

please contact Jillian at JWyatt@heritageeaglebend.com or at 720.235.1831



COLORADO PALISADE PEACHES! And PEARS **Order Now At:**

CentennialRotaryPeaches.com



SMART DRIVER COURSE NOW FREE TO CURRENT AARP® MEDICARE SUPPLEMENT **INSURANCE PLAN CUSTOMERS**

United Healthcare is performing all marketing activities related to this free offer and is providing customers with information on how to take advantage of it.

Must be Medicare Supplemental Plan G not Medicare Advantage. You must bring your card to the class to show instructor.

The AARP Smart Driver online course is an alternative, especially for those who need to renew their car insurance. \$20 for AARP Members and \$25 for Non-Members.

Website: www.aarpdriversafety.org

NEXT AARP DRIVER SAFETY CLASS SEPTEMBER 13[™]

FROM 8:45AM TO 1:00PM

Call the Welcome Desk to Register Please pay by check or money order





Come a few minutes early to set up. To Rebuy, you must be out of chips. Please come on time, you get an extra chip and be able to play. Rebuy's until the Break, Around 7:30. Remember 1st and 3rd Wednesdays

Dates for the 2025 year are below:

August 6 and 20 September 3 and 17 October 1 and 15 November 5 and 19 December 3 and 17

Looking forward to enjoying the evening. Any questions, you can email or call. Phyllis Matthews • 303-941-2074



🎇 KICK IT UP A NOTCH! 🦮 **Intermediate Line Dancing**

Think you've got the basics down? Ready to level up your line dancing game? Join us for two hours of foot-stompin', grin-inducing fun!

Hour 1 – Easy, breezy, and a great warm-up (yes, you'll break a sweat!) **Hour 2** – Need a footwork challenge? Tempo turned up? You got it!

You'll get it and you'll be smiling the whole time!

When: Saturday, August 30 **Time:** 1:00 – 3:00 PM Where: Antero Room

Cost: \$15

RSVP: Jenny Moss – jjenmoss@comcast.net

Wear comfy clothes you can move in, non tread (dance) shoes, boots, or court shoes Let's dance,

stomp, whoop, and holler! Psst! Don't forget your water bottle.

COMMUNITY INFORMATION



Please read the Rules below and the Pool / Spa / Sauna rules in the Rules & Regulations in their entirety.

Indoor and Outdoor Pool and Spa Rules:

- ALL PERSONS USING POOLS AND SPA DO SO AT THEIR OWN RISK.
- Residents must have their Access ID Card with them. 2.
- Guests must be accompanied by a Resident. Residents are responsible for their Guests at all times.
- No outside food or beverage is permitted. Food and beverages purchased from HEBGC may be consumed only in the Outdoor
- No glass containers, breakable items or chewing gum. 5.
- No smoking.
- 7. No pets allowed.
- Shower before entering pools or spa.
- No person with communicable disease or skin, eye, ear, or nasal infections, open sores, vomiting, or diarrhea allowed in the pools
- 10. Swimsuits required to be worn at all times while in the pools, spa or Clubhouse. Cutoff shorts or other forms of street clothes are NOT acceptable swim attire. Swim diapers required for infants.

- 11. Personal audio systems permitted with individual earphones only.
- 12. Only small-sized pool items like kick boards, water shoes, water wings, fins, flippers, noodles, small tube blow ups, snorkels, and masks are permitted.
- No private parties, unless previously authorized by Club Management.
- No running, boisterous or rough play or diving. Conduct which endangers the safety and comfort of others may result in person (s) being removed from the area as well as possible loss of pools / spa privileges for both the Residents and Guests.
- 15. IMPORTANT: Please report unsafe or objectionable behavior to the Welcome Desk either in person or 303-698-7788, while it is happening. A staff member will then be sent to the pool to observe the concern and take appropriate action. Please do not address concerns yourself.
- 16. Management reserves the right to deny use to anyone at any time.
- 17. Swimming Hours for anyone 18 & Under: Monday, Tuesday, Wednesday, Saturday: 2PM - 5PM Thursday, Sunday: 2PM - 7PM Friday: NO HOURS

POOL HOURS: TUESDAY - SATURDAY 7:00 AM - 9:00 PM • SUNDAY & MONDAY 7:00 AM - 8:00 PM

713.45			WEDNESDAY		EDIDAY		CHNDAY
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM-8:00AM							
8:00AM-8:55AM	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE		
8:00AM-8:55AM	DEEP WATER Kathy		DEEP WATER Kathy		DEEP WATER Kathy		
8.00AIVI-8.33AIVI	Thompson		Thompson		Thompson		
9:00AM-10:00AM	AQUACISE	AQUAFIT	AQUACISE	AQUAFIT	AQUACISE		
3.00AW 10.00AW	Barb Osborn	Kathy Thompson	Rita Stansberry	Kathy Thompson	Susan Havel		
10:00AM-10:15AM							
10.15 484 11.20484	AQUACISE		AQUACISE		AQUACISE		
10:15AM-11:30AM	Nancy Zanetti		Joyce Mannix		Susan Hayes		
11:30AM-12:00PM							
12:00PM-12:30PM		WATER		WATER		WATER	
12:30PM-1:00PM		VOLLEYBALL		VOLLEYBALL		VOLLEYBALL	
1:00PM-2:00PM				•		-	
2:00PM-3:00PM	KID HOURS	KID HOURS	KID HOURS	KID HOURS		KID HOURS	KID HOURS
3:00PM-4:00PM							
4:00PM-5:00PM	\	+	+			+	
5:00PM-6:00PM							
6:00PM-7:00PM				\downarrow			+
7:00PM-8:00PM							
8:00PM-9:00PM							



CLUBS AND GROUPS / SUB-COMMITTEES

Aquacise

Monday, Wednesday, Friday • 10:15 am - 11:15 am

A vigorous but fun class that uses weights to exercise and strengthens your core, joints and muscles. Weights are provided at the pool. Class is held in the outdoor pool after Memorial Day. Call Linda Rydberg with questions 303-770-6939

Monday - Friday • 7:30 am

The early bird gets the pool. Join us for an early morning class Monday-Friday At $7:30~\mathrm{AM}-9:00~\mathrm{AM}$. Class includes full-body stretches followed by low-impact body exercise conditioning and cardio movement. Free swimmers are welcome in the adjacent lanes. HEB resident Stu Joyce leads sessions.

Monday, Wednesday and Friday • 9:00 am -10:00 am

Come join the fun and get a full body aerobic workout at the same time, including new noodle exercises! Our three leaders- Barb Osborn, Susan Havel & Rita Stansberry welcome you! For more info on class or our monthly breakfast contact Rita @ 720-220-4688

Aquafi

Tuesday and Thursday 9:00 am -10:00 am led by Kathy Thompson This class spends 20-30 minutes of aerobic activity and 20 minutes of body toning. The last 10 minutes are dedicated to cool down, while allowing you to move at your own pace. Kathy Thompson, a AEA Certified Water Fitness Instructor provides music to the classes, as well as mixing up the workouts. The Aquafit class has moved outside for the summer, weather permitting.

Art - HEBGC For anyone interested in creative arts, please contact Sheryl Hutchings, 303-204-4682 or sahutch@me.com

Beginning Line Dance NEW TIME! Wednesdays, 11:30 -12:30

All levels welcome! \$6 per class. First visit FREE. Contact Jenny Moss at jjenmoss@comcast.net

Bridge - Duplicate Wednesdays, 5:30 pm

Meet in the Clubhouse. Contact John Posluszny

Cell: 720-454-3969 jpoz4842@msn.com and Janet Cain Cell: 303-929-9088

Bridge - Ladies' Monday, 12:30 pm to 3:30 pm

\$1 for prizes. Please call first. We have five tables of regular players and always need substitute. Alice Smith, 303-400-0615 or Carol Larsen, 303-519-5671

Bridge - Relax and Laugh Tuesday, 8:45 am to 11:00 am - No fees This non-competitive bridge group is for those who want to get back to a really fun, thinking game. We meet each week in our Clubhouse. For information call Linda Rodewald, 303-840-1952 or Julie Berg, 858-216-5302

Bridge - Partners Thursday, 8:45 am - noon This club meets each week at the Clubhouse. Each person pays \$1 for that day's prizes. For more information, call Alice Edwards, 720-299-3803 or Cheryl McMann, 303-881-7203.

Bocce Check the weekly E-Blast for current information on leagues and events. Leagues run from May – October with a Spring and Fall Session. There are leagues for singles, pairs, men, women, and mixed. All skill levels welcome. For more information, please contact Sharon Armstrong at 303-947-3222 or sharonarmstrong82@comcast.net

Car Club 2nd Saturday, 9 am at the Clubhouse

Informal meeting of guys and girls who enjoy seeing and discussing the cars. Organizers of the HEBGC Summer Car Show. No dues. No rules. Just Fun. For more information contact Gary Mabie, gimabie@hotmail.com, 832-603-9429

Cardio Rock Tuesdays and Thursdays, 10:00 - 10:45 am, Antero Room In this class you will rock, pony, samba, and boogie to great music for an energizing 45 minutes! Uncomplicated footwork and simple choreography will encourage everyone to move to the music at your own level. \$6 drop in. Contact Jenny for more info at jjenmoss@comcast.net.

Canasta-Hand and Foot

1st and 3rd Thursday every month $1:00-4:00\ pm$

1:00pm - 4:00pm at the HEB Clubhouse. Easy card game to learn, drop ins welcome. For more info contact Melissa Bryson 303-952-9249

Church - Eagle Bend Community

Every Sunday at the Clubhouse, 10:00 am Call Bruce Minor, Pastor, 303-504-3531

Crazy Quilters 3rd Saturday, 10:00 am - 3:00 pm

We always welcome new residents. We will be meeting on the 3rd Saturday of each month from 10:00 am to 3:00 pm in the HEBGC Clubhouse Craft Room. Vickie Pervich: 303-771-6342 • vickiepervich@gmail.com

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Cribbage Club Every Tuesday Afternoon 2:30 - 5:00 pm Both Tournament cribbage and Social cribbage each Tuesday. \$5 entry fee for prizes for Tournament cribbage. Signup is required. New players are always welcome. For more information, contact Larry Place at 303-617-5419 or lj_place@msn.com

Deep Water

Monday, Wednesday, Friday 8:00 am

Full-body, zero-impact, aerobics/strengthening workout. Classes take place in the deep end of the indoor pool. Taught by Kathy Thompson, AEA Certified Water Fitness Instructor.

Garden Club

3rd Monday, 10 am at the HEBGC Clubhouse

Enjoy gardening in Colorado! Informative, stimulating agenda to benefit members and our HEB community - special guest speakers, unique tours, lively projects, worthwhile fundraisers. Come join us and experience the social fun in gardening! Maryellen Comeau, 630.890.9100

Genealogy Club 2nd Monday of the month (except June, July & August), 10 a.m. to Noon at the HEB Clubhouse

The Genealogy Club offers residents an opportunity to further their understanding of genealogy and family history research through education, mentoring, discussion, and preservation. There are no dues but if there is an outside speaker, a speaker fee will be charged at the door. If you have any questions, please contact us at hebgenealogyclub@gmail.com

Mah Jongg Fridays, 12 noon to 3 pm at the Clubhouse If you need help, please contact Peggy Calhoun at 303-746-8190

Pickleball Club (check the HEBGC website under COURT SPORTS)
Please join us for one of the fastest growing sports in the country! All skill levels from novice to advanced. See our website for current playtimes, weather permitting year round. For more information, contact Brenda Waterhouse at bwaterh19@gmail.com

Parkinson's Support Group

3rd Thursday of each month at 11:00 am, in the HEB Clubhouse.

Please pass the word that this group is for anyone with Parkinsons, any and all care partners and support friends and family. Our goal is to reach out to the community to help all of the above to better understand and support our Parkinsons community. For more information contact Larry and Mary Lou Cotter - 303-680-8344 ldcotter@comcast.net

Pinochle Club 2nd and 4th Wednesday, 12:00 pm - 4:00 pm Contact Barbara Pedersen, phone 303-690-3451 for more information

Singles 2nd Thursday, 4:30 pm

The Singles group has a calendar full of fun group activities and outings. We occasionally have speakers at our meetings and host a Spring and Fall Luncheon that includes entertainment. All HEBGC residents are welcome. Please contact Joani Cravens at jolycravens@gmail.com or 720-837-4036

Strength Training Tuesdays and Thursdays 4:30pm to 5:30pm and/or Wednesdays 6:15am and Saturdays 7am. New Directions Personal Training offers group strength training classes at HEB, in the fitness area. Please call or email Stacy Montgomery at 303-898-5945 or stacy@newdirectionspt.com for more information. Reaching out to Stacy is encouraged, if you would like to check out the class one day, to avoid any last-minute changes.

Tennis Club

Men - Drop in doubles for all levels Tuesday & Saturday mornings. Women - drop in doubles for all levels Mondays 9-11 am. Call for current times as they change by the seasons. See emails and gazebo bulletion board for mixers & interclub play. Contact David Peck at 913-579-3218 or Karen Wadleigh at 719-233-9325 for more info.

Wanderlust HEB Travel Club

You're Invited! Tuesday, Aug. 26 — Humboldt at 5:15 PM, followed by dinner at 6:30 PM in the Restaurant. Discussion Topics: Panama RIU All-Inclusive (12/25), Normandy/France (for history buffs!), Portugal Spring 2026, Snake/Columbia River Cruise ,Upper Mississippi Cruise 2026. We'd love your input! Enjoy dinner and share ideas on exciting travel destinations. Please RSVP for 1) Meeting and 2)Dinner (to assist staff planning). Bring friends and neighbors — all residents are welcome! The Hawaii discussion in June was a great time after a slideshow covering 3 islands and hotels. - John Krueger, Facilitator, JWKrueger88@gmail 303-204-2739

Water Volleyball Tuesday, Thursday and Saturday Noon - 2:00pm

If you're interested in having fun and getting a good workout, then please join us at Water Volleyball. No swimming is required and we welcome all skill levels. For more information, please contact

Larry Greenberg, larryhardwk@yahoo.com , (303) 594-5466 Karen Nerger, klnerger@gmail.com , (303) 229-2277 Tom Cooper, tomcoop417@gmail.com , (714) 401-6426

Watercolor and Beyond

Monday 1:00 pm - 4:00 pm

For all those interested in painting in watercolor and exploring other media, meets every Monday. For more information, please contact Sheryl Hutchings, 303-204-4682 or *sahutch@me.com*



HEB Garden Club

Our June meeting was a visit to the Denver Botanical Gardens. Pictures include some of our members and a new beehive wall that is a new addition to the gardens.

We spent most of the morning touring many of the seasonal gardens. We enjoyed having our lunch in a picnic area of the gardens, where there was a food bar.

Our July 14th meeting was held at the Clubhouse with a speaker from the Denver Audubon Society. The topic was on "Native Plants for Birds: Backyard Habitat, Wildscaping 101."

Our August 18 meeting will be Japanese Ikebana and our September meeting will be at the Denver Urban Gardens.





If you are interested in attending our meetings, membership is \$20 for the year June 2025 - June 2026.

For more information, please contact Maryellen Comeau, marycomeau@aol.com

Music Club - New at HEB

usic Club held its first organizational meeting on July 9, and it was a big success! Fifty residents joined the Music Club at that first meeting, and we expect many more to join in the coming months.



The turnout demonstrated that there is an enthusiasm for musical events in our community, including performances, discussions, workshops, and collaborations among local musicians. It just goes to show that almost everyone loves music in one way or another.

Club officers were elected, and dues were set at \$20 for the year. Regular monthly meetings will be announced in Friday e-blasts to the community.

PLEASE JOIN US!

For more information, please contact Greg Klinkel at *gklinkel@comcast.net* (720-935-0215).

Bocce Ball by Cathy Murtha

ow, that went by fast! The 2025 Spring Bocce season is over and what a season it



was! We survived massive downpours of rain as well as record temperatures and we still were able to complete ten weeks of league play. During that time, a visitor in the form of a baby toy giraffe made an appearance and loved us so much it decided to stay. After attempting to find his owner, we adopted him as our mascot. As we didn't know his name, we held a drawing and the winner was chosen at the July 25th Mixed Pairs tournament. The courts also had another unusual guest come to visit. We had a bunny that decided it wanted to find out what all the hullaballoo was about on Bocce Blvd , so he came down to the courts and supervised the scoring of a few games. The talk on the courts indicates the 2025 Spring Bocce season was an action packed season and many are looking forward to the Fall season.

On Sunday, August 3rd the 2025 Fall Bocce season will begin. This season runs for 10 weeks and evening leagues will start at 5:00 p.m. to adjust for the time change and darkness falling early. I hope you were able to register and join a league, after, all if your spirits are down, just grab a bocce ball and it will lift your spirit! If you weren't able to join a league, remember there is always Friday Drop In Play, which does not require joining the club, just be there at 8:45 a.m. and be ready for some fun!

LIFE IS GREAT — BOCCE MAKES IT BETTER!

If you would like to reserve the Bocce courts during off league play, please contact Mary Jo Collins at big_strong_woman@yahoo.com or 303-810-1725 and she will help you.

Please contact Sharon Armstrong
with questions or comments at 303-947-3222 or
email at sharonarmstrong82@comcast.net

HEBGC CAR CLUB

Car Club, 2nd Saturday, 9am at the Clubhouse: Informal meeting of guys and girls who enjoy seeing and discussing cars. No dues, no rules, just fun. Organizers of the annual HEB Summer car show.

For more information, contact Gary Mabie at "gjmabie@hotmail.com" or call him at 832-603-9429.



Alaine Lessing's 1950 Ford



Eagle Book Club Meets the third Thursday of the month at 7pm in the HEBGC Clubhouse. Mary Ann Tarr - 720-318-7706

August 21, 2025 The Warmth of Other Suns by Isabel Wilkerson Non-Fiction

This beautifully written masterwork chronicles one of the great untold stories of American history: the decades-long migration of black citizens who fled the South for northern and western cities, in search of a better life.

September 18,2025 The Splendid and the Vile by Erik Larson Biography

This story is an intimate chronicle of Winston Churchill and London during the Blitz. It is an inspiring portrait of courage, leadership and political brinkmanship in a time of unprecedented crisis.

October 16,2025 Never Let Me Go by Kazuo Ishiguro Science Fiction

While attending a pleasant English boarding school in the city of Hailsham, Kathy and her friends, Ruth and Tommy, leave the safe grounds of the school to discover the mysterious happenings in the town.

November 20,2025 The Ride of Her Life by Elizabeth Letts Biography

The triumphant true story of Annie Wilkins who rode her horse across America in the 1950s fulfilling her dying wish to see the Pacific Ocean.

Fun and Friendship with EB Singles by Joani Cravens

Singles participated in regularly scheduled activities such as First Friday lunch at Ted's, Color and Chat, Birthday Bash Happy Hour, Bunco Buddies and Breakfast with Joyce. In July we'll be visiting Balistreri Vineyards for a tour, wine tasting and lunch and in August we'll be enjoying Donna's Picnic and EB Singles 24th anniversary. Members enjoy fun and friendship at these activities. Membership is open to all HEB residents, regardless of marital status. Monthly meetings are held on the second Thursday at 4:30 pm.

Please contact Joani Cravens at jolycravens@gmail.com for information about EB Singles.





EXPLORE THE ROAD: Join US for an unforgettable Heb Bus Trip!

... Adventure Awaits Beyond the Windows

There's something magical about traveling by bus, the gentle hum of the engine, the panoramic views unfolding before your eyes, and the camaraderie that comes from sharing a journey with fellow travelers. Whether you're seeking adventure, relaxation, the freedom from driving, or the thrill of exploring new places, a bus trip offers the perfect blend of convenience and excitement.

Hop on the bus, Gus
Make a little plan man
No need to be coy, Joy
Just listen to us
Don't need to discuss much
Just drop off the key, Dee
Take a little chance
Do a little dance
Have a little fun
And get yourself free
There must be fifty ways
To love your life

Traveling by bus is more than just transportation; it's an experience. Modern buses are equipped with all the amenities you need for a comfortable journey. Ample legroom and onboard restrooms ensure that your trip is as relaxing as possible.

One of the greatest joys of a bus trip is the opportunity to soak in breathtaking landscapes. From mountain peaks to rolling streams, every mile brings a new vista. The elevated seating position provides an unparalleled vantage point, allowing you to truly appreciate the beauty of the world outside.

Traveling by bus is a social experience like no other. Making new friends, sharing stories, and bonding over the shared excitement of discovery create memories that last a lifetime. The laughter of fellow travelers, the shared awe at a stunning view, and the camaraderie over snacks during the day at the casino. Group travel encourages connection and fosters a sense of community.

Are you ready to hit the road and embrace the adventure? Booking our bus trip is simple and hassle-free. Budget friendly, optional dates, special offers for groups and clubs. Families, friends, and solo travelers are all welcome to embark on this unforgettable experience.

Our HEB Express to Blackhawk is more than just a journey—it's an invitation to explore, connect, and create lasting memories. Adventure awaits beyond the windows—let your road trip story begin today! You can bring your friends, family, groups, and neighbors or join others on the bus and make new friends. All this packed into a \$30 per person fee and a 9:00am-4:30pm day. What a bargain. Seats fill quickly so move fast. Registration and payment are required no less than one week in advance of the travel date. Be sure to mark your calendars and join HEB friends for the day.

2025 BLACK HAWK TRIP SCHEDULE
AUGUST 28 • SEPTEMBER 25
OCTOBER 23 • NOVEMBER 20 • DECEMBER 18

Special pricing for groups & clubs of 4 or more new to our trip to Blackhawk. To sign up, contact Syble Revard by email syblejane2@gmail.com, or phone or text 303-917-4095



CAL News!! by Cindy Born-Mylo

Summer is here!! The CAL team is putting the final touches on our Fall 2025 Term. Registeration begins on Aug. 21 after Kickoff.

Center for Active Learning
Heritage Eagle Bend
WWW.GALHEB.ORG

We would like to thank Matt Prazenka for his time as CAL A/V Lead. Matt has left the Lead Team for life on the road! He has given countless hours to CAL helping the Lead Team and facilitators with equipment and presentations. Thank you, Matt. Happy travelling!!

CAL COURSE NEWS

Please join us for the 2025 Fall Term kickoff, August 21 at 6 p.m. in the Clubhouse where you can meet the facilitators and find out more about the classes. There are some great offerings this year.

You must be registered to take a class. The Help Desk can help with registrtion at kickoff, or, we have added an additional Help Desk time on Monday, August 25 from 1 p.m. to 3 p.m.

Want to know what CAL is all about and get a more in-depth look at the Fall courses? Alice Edwards will be giving a course overview Aug. 8 from 10-11 am at the Clubhouse.

WEBSITE NEWS

The new CAL website is up and running. If you currently have the old site bookmarked, please type in calheb.org and bookmark our site again. Our website has moved to a new hosting site so your current bookmark will no longer work. The old site will be gone as of Aug 1.

VOLUNTEERS NEEDED

If you think education is important to our community and want to help out CAL, we have volunteer opportunities available. Please go to calheb.org or email us at cal@calforheb. com for more information.

POPUP CORNER

We are finalizing our PopUps for August. Please watch the eblast for more information or go to calheb.org.



Checkout calheb.org or watch eblasts for more information.

Florals Celebrate the End of Summer by Sheryl Hutchings

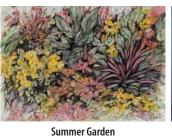
Summer's end is just around the corner and the splendor of the flowers we all love will soon, alas, be gone. To celebrate all the beautiful bouquets and gardens that summer brings, our HEB Watercolor and Beyond group has chosen a floral theme to celebrate the month of August.

Pink & White Above the Stripes mixed media by Roxanne O'Rourke
Daisies watercolor by Carol Taylor
Pink & Pretty watercolor by Pat Powell
Summer Garden watercolor and ink by Christina Davis
Tropical Blossoms watercolor by Elaine Tsumura

Pretty Prickly watercolor by Cindy Tinkham-Shepherd
Milkweed & Monarchs watercolor by Sue Ficca
Cut Flowers and Morning Coffee
watercolor by Sheryl Hutchings
Morning Waltz acrylic on canvas by Sharon Gregory



above the Stripes Daisies





Tropical Blossoms

Pink & White Above the Stripes



Pink & Pretty

Pretty Prickly

Milkweed & Monarchs

Cut Flowers and Morning Coffee

Morning Waltz

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HEBGC Genealogy Club News!! by Cindy Born-Mylo

here will not be a Genealogy Club meeting in August as we are off for the summer, returning in September.

In July, the California Genealogical Society offered a series of webinars on researching your French ancestry. Since I have French ancestry I signed up for the webinars. In the first webinar, slide #2 was a list of 3 things the presenter advised for starting French research - 1. Learn French, 2. Organize what you have, and 3. Learn the History of the area where your ancestor lived. Well, I'm not going to learn French other than the words for Birth, Death, etc. AI can help me with translation, but, the other two items are good advice for any researcher researching anywhere.

Organize what you have is great advice. Before you start researching in your ancestor's area, gather what you already have and re-familiarize yourself with it. Don't just go with what "is in your head" because it could be wrong. Reviewing is one of the best ways to move your research forward.

When starting to research in a new area, learn a bit about the history of the area during your ancestor's time. Were there any natural disasters or wars that occurred. Were there any laws passed that affected the area? Was there an influx of settlers/immigrants to the area? What was the makeup of the area? This will help you with your overall research.

Also, to touch on archives for a minute, don't forget about local and state archives. Marine archives, in the US or overseas, are also a good resource to learn about the crew of a ship and deaths on board a vessel as it sailed to/from a place. There are many websites out there that tell about people lost at sea.

SAVE THE DATE

We will be back! Our September meeting will be the first of our two-part series on Migration. September 8 will be *Europeans to North America: Who, When, and How They Came* by Sylvia Tracy Doolos.

See you in September!

If there are any questions, please contact us at hebgenealogyclub@gmail. com. The Genealogy Club is open to all HEB residents and meets the 2nd Monday of every month at 10:00 a.m. until noon at the HEB Clubhouse.

The Chavurah

The HEBGC Chavurah invites you to join our Circle of Friends, a Jewish-oriented social group here at HEBGC. The word Chavurah is a Hebrew word which means "circle of friends." We welcome anyone interested in participating in traditional and social Jewish activities.

Some of the planned activities are a Chanukah Party, Passover Seder, attend plays, a summer BBQ, and other events which please our members. We also lend support to our members during times when they need care, help, and comfort through difficult times. Currently we meet monthly.

For further information, please contact:
Jerry Lassow 720-379-7429 Chairperson
Donna Musciano Vice Chairperson 303-663-7472
Natalie Lassow Secretary 720-379-7429
Stan Sachs Treasurer 661-717-6558

PASSPORT FOR THE ARTS

Please see listed below some dates and times for upcoming shows.

2025 Dates

Shucked • October 19th - 1:00 pm \$91.53 Money Due by September 15th

Lion King • November 2nd - 1:00 pm \$158.20 Money Due by September 21st

Hip Hop Nutcracker • **November 23rd** - 1:00 pm \$66.10 *Money Due by October 1st*

How The Grinch Stole Christmas • December 21st - 2:00 pm \$81.36 Money Due by October 15th

The Notebook • December 21st - 1:00 pm \$101.70 Money Due by November 1st

2026 Dates

Six • January 11th - 1:00 pm \$107.35 Money Due by November 20th

Water for Elephants • February 22nd - 1:00 pm \$91.53 Money Due by January 6th

The Music Man • March 1st - 1:00 pm \$81.36 Money Due by January 20th

Phantom Of the Opera • March 29th - 1:00 pm \$107.35 Money Due by February 10th

> Hell's Kitchen • April 19th - 1:00 pm \$101.70 Money Due by March 1st

Hadestown • May 10th - 1:00 pm \$101.70 Money Due by April 1st

MJ • May 17th - 1:00 pm \$145.77 Money Due by April 5th

The Sound of Music • August 2nd - 1:00 pm \$101.70 Money Due by June 15th

BeetleJuice • August 9th - 1:00 pm \$101.70 Money Due by June 22nd

Monty Pythons Spamalot • August 16th - 1:00 pm \$91.53 Money Due by July 1st

The Outsiders • September 27th - 1:00 pm \$107.35 Money Due by August 10th

Please see new shows that are on our list for 2026, prices will be coming soon

2026

Harry Potter and the Cursed Child • June 14th

Please let me know if you have any questions.

Please sign up at the Welcome Desk and bring your check at that time made out to DCPA.

Thank you, Donna Musciano Donna.Musciano@gmail.com 303.570.4287



Tuesday Ladies 9/18 League by Liz Folk "SOMETIMES IT'S JUST LUCK!"

A look back at our "Luck Be a Lady" Member/Guest Day.

Congratulations to our winners:

1st Place: Carole Gossner & Jami Gossner 2nd Place: Pam Finch & Perri Cunningham 3rd Place: Bonnie Mueller & Barb May 7th Place: Jill Taylor & Ann Gallagher

11th Place: Eloise Farchone & Sally Smith; and "Most Poker Chips Collected" around the course: Jill Taylor & Ann Gallagher.

A special thanks to our wonderful On-Course and Registration volunteers: Bonnie Lemons, Jim Folk, Trudy Garred, Deb Petris, Linda Rydberg and Bev Petry. Kudos goes to our Member/Guest Committee for the exciting and fun theme: Trudy Garred, Cindy

Shepard and Liz Folk. A special thanks to the Leadership Team, Golf Shop and Catering staff for all the last minute changes due to our crazy Colorado weather!

Upcoming exchanges are shown below. Look for an email from Pam Finch regarding sign ups for these exchanges. Only a limited number of players from each course are able to play so if you are interested, sign up as soon as you are notified.

- August 7 HEBGC
- August 26 Lone Tree
- September 29 Common Ground





Ladies 9 Hole by Karen Watson

We're on the course every Thursday morning enjoying the warm weather and having fun.

The exchange days have been fabulous fun! We have been to Aurora Hills, Red Hawk Ridge, and Meadow Hills to play a four-person scramble. HEB will be hosting players from five other courses on August 7th at 4pm for our own exchange. We still need volunteers and players for this event. Dinner will be served in the Antero Room after we play. To sign up, just take your check to the pro shop and place it in the 9-hole binder, the cost is 65.00 for each remaining event. There will be two more exchanges this season: Lone Tree on August 26 at 4pm and Common Ground on Sept. 29 at 8:30am. Come join us for a fun time.

Our friendship day, "Silver Tees" was a huge success. I want to recognize and congratulate the winners. 1st place with a 38: Susan Mahlman and Barbara May, 2nd place with a 42: Karen Dorr and Karen Brown, 3rd place with a 43: Amy Knowles and Roxann Hare. Thank you to our event coordinators Sheralyn Bratlien and Tecla Smith it was a wonderful time for everyone. Thanks also to Judy Peck, Marti Waneka and Mary Scherr for keeping things running smoothly.

Looking forward to seeing you on the course!













Wednesday Nine and Dine (aka W9D) by Lynn Nelson

ur goal is to have a fun, lighthearted 9-hole golf scramble twice a month. This is a great way to meet new neighbors, get together with old friends, play a little golf, and converse over dinner and a beverage afterwards.

Here are the details for our 2025 season:

- We will play twice a month and will rotate between the front 9 and back 9. Please see schedule for dates.
- An invitation will go out a week prior to play through Golf Genius, which will include the buffet menu and price.
- Each time you sign up to play, you must also send a "Message to the Manager" stating if you are or are not getting the buffet for that night. Please remember to do this every time you sign up to play.
- If you are not currently on the Golf Genius app for W9D, please send your name, email address, and phone number to Jason Franke or Lynn Nelson requesting to be included on the emails for our group.
- Deadline to sign up for play and buffet is 5:00 pm on the Monday before that Wednesday's play.
- Assigned foursomes will be sent out from the Golf Shop on the day of play before check-in time for that week. You will be with your playing partner each week (unless you're signing up as a single), but your twosome will be with a different twosome most of the time in order to play with different people.
- Check-in will begin at 4:00 pm on the day of play on the patio outside the Golf Shop. We will collect \$3 per person for those who wish to be included in the prizes and drawings for that night. You can win only once on a given night and you must be present and have contributed \$3 to win a prize.

Lynn and Hal Nelson will continue to run the group this year, but the Golf Shop will help administer weekly operations. Please reach out with any questions.

Lynn Nelson: lynn_nelson712@comcast.net Hal Nelson: pipernelson@comcast.net Jason Franke: jfranke@heritageeaglebend.com

Golf Shop: 303-400-6700

2025 WEDNESDAY 9 & DINE				
DATE	TIME / NINE			
August 6th	5:00pm SG • Front 9			
August 20th	5:00pm SG • Back 9			
Sept 3rd	5:00pm SG • Front 9			
Sept 17th 4:30pm SG • Back 9				

Flexible and Casual Monday Men's Golf by Larry Place

onday Men's Golf is an HEB tradition since the 2000s. Are you newly retired, a new resident, someone looking to meet new golfing friends, or someone looking to play a flexible, friendly and casual round of golf with your current buddies? This could be the group for you. This group can be a great way to meet new friends, neighbors, other golfers that you do not normally play with, or form a foursome with your current golfing friends.

No need to play every week. No fees to be on the email list. You can pick whether you want to play in the early morning one week and in the late morning another week depending on your schedule. You can pick to play with some of your buddies or pick to meet new residents or a combination. You can sit down for a drink and/or a meal in the Eagle's Nest after your round. You only pay for applicable greens fees and cart fees on weeks when you decide to play.

All I need from you is your name, email address, preferred tees, and either your GHIN handicap or an average score and I will pair you up with players of similar ability who are playing on the same tees. If your ability goes up or down or you want to change tees during the season, let me know and I can change your preferences.

Tee times are from 7:30 through 10:57 from now through the end of October. I will send out an email to the email list 10 days prior to the date of play and after responses have been gathered, I will send out the tee sheet 5-6 days before the date of play. The player then just needs to show up, pay applicable cart and greens fees, play golf, and have fun.

If you would like to become part of the email list, you can send your name, tee box preference, and handicap or average score to hebmmg@gmail.com or call me at 303-570-5639.



Tennis Club by David Peck

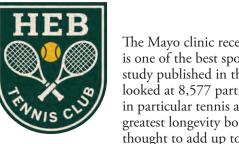
he summer has been going quickly and soon fall will be here. The HEB tennis club has played a lot of tennis this summer and will continue to do so into the fall and winter months. With the addition of the Thursday round robin competitive matches and the Sunday evening

mixed doubles the courts are very busy. We have started the Thursday morning summer session of competitive round robin tennis and will start another session this fall. There is plenty of opportunity for everyone to play several times per week. We also have a great training tool in the ball machine. Contact

me if you have any interest in learning how to use the machine.

Watching the major tennis tournaments on TV has got everyone excited to play more often. The French Open and Wimbledon have been completed, leaving the US open as the next grand slam event.

Several tennis club members have recently participated in the CPR training offered by Ed Abrams and Scott Kelly. More tennis club members are planning on taking the class. Thanks to Ed and Scott for teaching this important class to as many people as possible.



The Mayo clinic recently published information that Tennis is one of the best sports to prolong your life. "According to a study published in the Journal Mayo Clinic Proceedings, which looked at 8,577 participants in Denmark, racquet sports, in particular tennis and badminton, are associated with the greatest longevity boost of any physical activity. Tennis was thought to add up to 9.7 years of life expectancy". So add years to your life and come out and play tennis with the HEB club!

Contact David Peck at 913.579.3218 if you have any questions.

TIMES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
9:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
10:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
11:00 AM		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
NOON		WOMEN'S DOUBLES	INTERMEDIATE/ ADVANCED DOUBLES	WOMEN'S DOUBLES	ROUND ROBIN COMPETITIVE DOUBLES		INTERMEDIATE/ ADVANCED DOUBLES
6:00 PM	MIXED DOUBLES						
7:00 PM	MIXED DOUBLES						
8:00 PM	MIXED DOUBLES						
9:00 PM	MIXED DOUBLES						

Start times are subject to change per the season.

The tennis ball machine on court #2 can be reserved during non-scheduled times. Contact David Peck for the combinations.

All other times are available for tennis reservations.

Billiard's Club News by Marty Patten

SUMMERTIME, and the pool playing is easy!! Why not enjoy the air conditioning in the HEB clubhouse and come join us in playing pool on Monday and Thursday afternoons in the HEB Billiards room? Get out of the house and come join us. Billiards Club members continue to play pool every week, so come on over!! We would really like to expand our membership and start having various competitions again. Please join us in play, regardless of your skill level. All are welcome!

The regularly scheduled dates and times set for open men's play, for billiards club members, are currently Monday and Thursday afternoons from 1 to 5 pm. We can have 8 or more players at a time in the Billiards Room, so we can have members playing on both pool tables, with 4 at a time playing on each table. We can also schedule additional days

and times or even evening times if there is enough interest. If we can get more participation and enough interest, we would again like to host pool tournaments and playoffs.

If you would like to join the Billiards Club, dues are currently \$10/year, but remain suspended until we resume full normal operations. Women are also encouraged to join and in the past there has been a regularly scheduled women's pool playing session on Tuesday afternoons from 2 to 5 pm. It is also possible to set up times for couples play, again if interested.

If you want to join the Billiards Club, or if you have any questions, please contact Marty Patten @ (303) 690-5971. Your feedback on when to schedule reserved times for play is appreciated.



Men's Golf Association by Mike McTigue

Infortunately, Mother Nature has not been as cooperative as we would like and we have had two rainouts through June of this year. Future weekly prize money will be adjusted to compensate for the lost weeks.

Surprisingly, we have not had any Holes-in-One so far this year. We budget for four, so let's sharpen up our games and start collecting the \$600 just waiting for each Hole-in-One!

Congrats to the following winners of the Member/Member tournament. Payouts will be made at the Fall Luncheon.

Gold Tee

1st Richard LaHa/Jim Carey (-12) 2nd Ralph Brown/Larry Place (-10)

White Tee

1st Larry Cotter/Leroy Dipasquale (-8) T2nd Mike McTigue/Tim O'Brien (-6) T2nd Frank Simons/Pat MacIsaac (-6)

Green Tee

1st Scott Sherwood/Greg Duggan (+3) 2nd Joe Heffernan/Larry Chasey (+5)

Did you know? We have 15 guys playing Green Tees, 82 from the White tees, and 57 Gold. This is compared to 14-71-67 last year. There is a continuing trend to "Move It Forward", which helps pace of play and overall enjoyment of the game for many MGA golfers.

We have 96 players enrolled in the Stroke Play Challenge with \$1,920 in prize money that will be awarded. Good luck to all!

The Eagle's Nest Crew has done a great job serving us this year and we should give them a hearty thanks when we next see them.

Golf Shop Corner by Jason Franke, PGA Director of Golf

hat an exciting
Golden Eagle Classic!
Congratulations to

all our winners and thank you all for your participation! We are now gearing up to crown our champions for our inaugural Diamond Eagle Classic!

We have another busy month coming up for golf! Keep an eye out for information on all our events, but make sure you sign up for your chance to be crowned our Club Champion!

August 2nd and 3rd: HEB Club Championships (Men & Women) – Open to all residents with a handicap! Registration closes July 29th.

Just a friendly reminder, please remember to always practice proper cart and course etiquette. Carts should never be closer than 30 feet to the greens, even with handicap flags, and they should remain on the cart paths on all Par 3's. Also, please do not remove driving range baskets or balls from the driving range, as it really hurts our supply and makes things more challenging for other golfers and our staff.

Thank you all for your support of the Heritage Eagle Bend Golf Operations. If you need anything or have questions or concerns, please contact Jason Franke at (303) 400-6700 or jfranke@heritageeaglebend.com.

THANK YOU TO OUR RESIDENTS AND GUESTS FOR ENSURING The 25 MPH SPEED LIMIT IS FOLLOWED.

SPEED LIMIT IS 25 MPH

Women's Golf Association by Lori Schmidt

Well, it was a successful Member Guest with a theme of Gals and Pals! Lots of friends just out having a great time on the course. The league would like to thank all who participated, and we are especially grateful to Christy Bodaness for her great work on this event.

Our next big event will be the League Championship which will be held on August 19th and 26th. We really hope to have a large turnout and some tight competition.

I will have updates in next month's newsletter from the A, B and C teams. I have heard that they are doing well. So, stay tuned!

Make sure you check out the Portal to see how you are doing in the point standings for the WGA Cup. This is a really fun addition to our league!





A Life Saved on the Pickleball Court: How Community, Preparedness, and One AED/CPR Made All the Difference

It was just another game day for the 2.5 pickleball group, until everything changed in an instant.

One of our beloved pickleball members suffered a sudden heart attack right there on the pickleball court. What could have been a tragic day was transformed into a story of teamwork, quick thinking, and lifesaving action. Thanks to the rapid response of an incredible group of individuals, and the presence of an AED machine, a life was saved. The group didn't hesitate. Andrea George, Brian Kasprzyk, Charles Pike, Frank Ross, Jan Wright, JoAnn Kalua, Julie Zaler, Marty Speckman, Pam McNerney, Patti Seidl, and Steve Jacquin all sprang into action. It was Pam McNerney's recent AED/CPR training that proved critical in those first crucial moments. Her calm, confident use of the machine gave him the fighting chance he needed.

Behind the scenes, the AED machine that saved this wonderful life didn't just appear by chance, it was the result of persistent advocacy by Ed Abrams, who pushed tirelessly to ensure it was installed. Ed's efforts didn't stop there. Along with Scotty Kelly, he also organized AED/CPR training sessions for members of the pickleball community, training that literally made the difference between life and death.

It really does only take one time, one incident to show just how important this kind of preparation is.

To anyone reading this: if you haven't taken the AED/CPR course yet, please do. Your preparedness could save someone's life. If you would like training, reach out to the pickleball club, we're committed to making arrangements for anyone at HEB who wants to be ready to help.

This story isn't just about a scare on the court. It's about the power of community, the importance of action, and the incredible impact of being prepared.

From all of us, thank you to the heroes who stepped up, and to Ed Abrams for making sure the tools were there when it mattered most.

Brenda Waterhouse - Pickleball Chair

To Register for your AED/CPR class:

- Pickleball Club Members register on CourtReserve (see the Pickleball eBlast Friday mornings for dates and instructions.)
- HEB Residents contact Carol Killingsworth text to (303) 588-1342 or email to carol@carolandbob.us. (see the Pickleball eBlast Friday mornings for dates and instructions.)







All Pickleball Members are invited to our 5th Annual Pool Party! Get ready to hula, sip, and splash the night away — island style!

Where: HEB Outdoor Pool
When: Wednesday, August 6th
Time: Starting @ 5:00 pm -

ending when the tiki torches go out!

Cost: TBA

RSVP & Payment Due info TBA

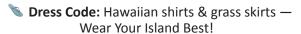
Tropical Vibes Only 🔪

Drinks - Cash Bar Dinner

Strike a pose with the theme backdrop photo area

Tunes by Greg Klinkel

Leis, Laughs, and Luau Fun! 🎉



Let's turn the pool into a paradise — see you there

AED-CPR Training!

Registration opens 3 weeks prior to date
When: Every Thursday thru the middle of October
Where: Under the Pergola at the Pickleball Courts

Time: 12:30 to 2:00 pm



Pickleball members \rightarrow Registration

Opens 3 weeks prior to date – Log into CR→Events→Calendar→Scroll to July 5 or the CPR/AED class date that works for you and register. Each sessions has 9 spots available.





Scotty Kelly

Opens 3 weeks prior to date - by contacting Carol Killingsworth - Text to (303) 588-1342 or email to carol@carolandbob.us

Name of person(s) attending, Email address, Phone #, Date you wish to attend

Date	Day	Time/Place	CLASS
Aug 7	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving
Aug 14	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving
Aug 21	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving
Aug 28	Thursday	12:30 -2:00 pm Pickleball Pergola	CPR/AED Life Saving

For more information regarding the HEBGC Pickleball Club,

please contact Chairperson, Brenda Waterhouse, bwaterh19@gmail.com. To find out about lessons and training, contact Member-at-Large, Terry Kasper, kasper7940@gmail.com. HEBGC Resident Website - Use resident login to access Resident Network/Resident Corner/Clubs & Groups/Pickleball for general information — https://www.heritageeaglebend.com/resident-login/

Thursday Morning Ladies Golf Group by Cynthia Hungerford

adies, are you looking for an easy way to get a Thursday morning tee time? Well, look no further than the Thursday Morning Ladies Group!

This is a group that's perfect for the lady golfers who live in HEB and are looking for a fun, fast friendly round of golf with other HEB gals. You can build your own foursome to play with your friends or join others who want to meet new friends.

We play each Thursday morning from mid-April through late October, depending on the weather. There are no additional fees, only your green fees are required, and members are under no obligation to play each week. You don't need a GHIN, just tell us your average 18-hole score when you join. Tee times are allocated to the group by the Pro Shop and we usually start around 8:00am, depending on the time of year.

An invitation to play is emailed to everyone in the group 10 days prior to the play date. Interested players have 3 days to respond and the pairings are sent out the Monday before the scheduled date. Then all you have to do is show up, pay your green fees, play golf, and have fun!

If you would like to be included on the email list, send your name, phone, and your average 18-hole score (or handicap) to *ThursdayLadiesGroup@gmail.com*. Once your request is received, you will get a confirmation email in response. Looking forward to seeing you out on the links!

GOLF CART SAFETY REMINDERS

Carts may be operated by anyone sixteen (16) years of age or older, providing that person has a valid driver's license.

Please ensure that no one under 16 years of age is operating a golf cart.

Golfers, please be careful when entering the street from the golf cart paths. Drivers, please look out for golf carts on the streets.

Thank you for your attention to this very important safety matter.



" ... Knees bent. Head down. Steady backswing ... But first, grip your club on the other end."

Eagle Bend Golf Association (EBGA)

he EBGA is open to all residents who have a current GHIN handicap index. Golf events are foursomes with two couples per team followed with a meal where the scores and winners are announced. The pro shop establishes the pairings and flights for each event based on the players' GHIN handicap. This is a great opportunity for HEB residents to participate in golfing and socializing with other residents.

Our next event is <u>Sunday</u>, <u>August 24th at 8 AM</u>
This is the Championship Stroke Play Event

- All players must have a current USGA Handicap Index capped at 40.4.
- Couples are one male and one female golfer.
- Ladies play from the green tees, men from gold or white.

REMINDER: POST SCORES ON GOLF GENIUS DURING THE EVENT OR YOU ARE NOT ELIGIBLE TO WIN PRIZE MONEY

Golf Genius is easy to use and anyone in the Pro Shop or other golfers can assist in how it works. You need to have a cell phone with you. Please contact the Pro Shop or Jason with any questions.

The 2025 Sunday event dates: August 24, 8 am - September 28, 8 am

Committee Members

Ann Gallagher (732) 580-5591 • Jim Folk (301) 437-2100

Gail Inderwish (303) 653-3721

Larry Comstock (720) 733-8100

Marsha Comstock (303) 999-1575



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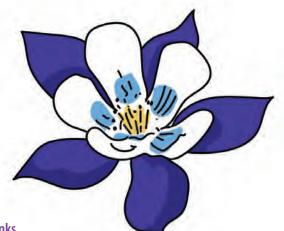
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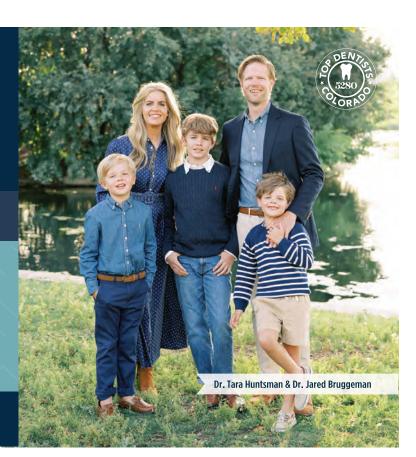
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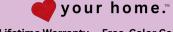
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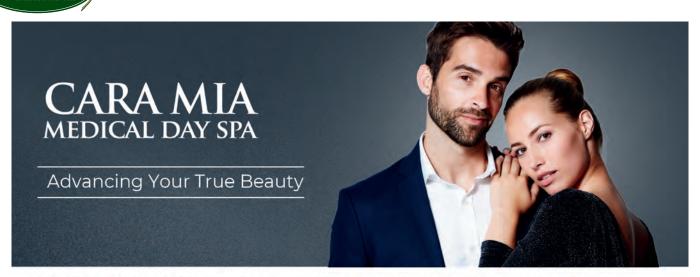


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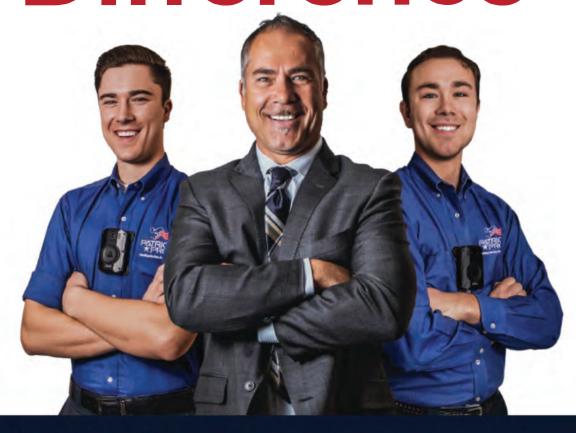






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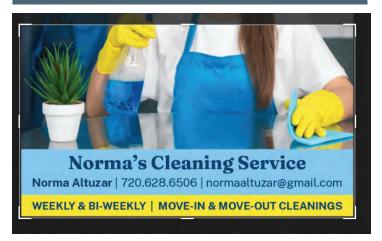
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DISTRICT	DELEGATE NAME	PHONE	EMAIL
1	Roger Harmelink	303-601-5879	rdharmelink@comcast.net
2	Gladys McLean	303-333-1906	gsmclean@comcast.net
3	Lisa Hawk	949-433-7042	lisain303@gmail.com
4	Mary Procaccio	303-690-2076	procacme@comcast.net
5	Joan Snihur	315-559-7616	jhsnihur@gmail.com
6	Becky Barnes	325-374-2940	bbarnes903@aol.com
7	Ron Polakowski	303-693-9379	lrpolk@msn.com
8	Donna Musciano	303-570-4287	donna.musciano@gmail.com
9	Jim Wargas	630-788-4400	jwargas2@gmail.com
10	Tom Wilcox	303-862-8491	toriwil@me.com
11	Amy Knowles	860-807-5270	knowdyce715@gmail.com
12	Dan Webster	303-570-6222	dwebs79941@aol.com
13	Diane Pranske	708-528-2952	dpranske@aol.com
14	Phyllis Matthews	303-941-2074	phyllismatthews3@comcast.net
15	Bruce Andrews	970-988-7033	bruceaa127@gmail.com
16	Barbara Schafer	720-900-3866	schafbnhi@gmail.com
17	Milissa McCarthy	303-386-2171	mmccarthy610@gmail.com
18	Diane Woods	303-593-0889	diawoods@comcast.net
19	Julie Zaler	303-929-0838	hjzaler@comcast.net
20	Patrick Ryan	303-841-6765	patnmaryann@msn.com
21	Gary Carpenter	720-484-5833	HEBDistrict21@comcast.net
22	David Vollmann	303-942-0947	DVollmann57@comcast.net
23	Lesa Calleo	317-374-8293	vnccall@yahoo.com
24	Jim Kroll	719-491-3338	krolldhinco@comcast.net
25	Rick Stager	720-413-0468	rps8186@comcast.net
26	Chris Schulz	303-550-4703	schulzcr@cdmsmith.com
27	Russ Randall	303-766-8662	russ_randall@msn.com
28	Glen Strein	303-755-3880	gdstrein@comcast.net
29	Bill Gilbertson	720-280-4825	newmexico5000@comcast.com
30	Bob Holtschlag	303-290-0190	bob.holtschlag@comcast.net
31	David Craven	720-203-3674	dcraven55@gmail.com
32	Gary Mabie	303-617-8287	gjmabie@hotmail.com
33	Susan Walsh	513-906-0400	ladysusan@fuse.net
34	Ron Tibboel	515-577-6058	HEBdistrict34@gmail.com
35	Bonnie Knowles	303-908-7926	bknowsjoe@comcast.net
36	Barbara Pedersen	303-690-3451	bwpeder@comcast.net
37	Marie Ortega	862-684-3769	marie.ortega45@gmail.com

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Bob Janky, President, Irrigation	303-564-1104	bobjanky4@gmail.com
Don Rowlands, V.P., Snow	720-638-8643	drowlands2@yahoo.com
Joe Parsons, Treasurer	925-548-4436	attjfp@gmail.com
Bryan Campbell, Secretary & Irrigation	303-618-5551	itsyflorence@comcast.net
Ed Doherty, Landscaping	303-548-7037	ed.doherty@comcast.net
Debra Schaefer, Painting	303-641-9739	wditot@comcast.net
Annette McCreadie, Director, Roofs & Gutters	813-508-0999	annettem@kw.com

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Myrla Marshall	815.545.2793	myrlamarshall@gmail.com
Becky Hollenshead	510-541-3095	ggmom013@aol.com
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Please be sure to notify the Admin Bldg by contacting Alison Gulley at AGulley@heritageeaglebend.com or 720-235-1827 for any changes to your contact information

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