

April 2024 | Edition 268



HOA OF THE YEAR 2023 CAI Rocky Mountain Chapter

by Scott Kelly



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AN AGE-RESTRICTED COMMUNITY

MASTER ASSOCIATION BOARD OF DIRECTORS

President: Rick Matteson, 720-955-7757 ramattesonheb@gmail.com Vice President: Steve Krebsbach, 303-748-1886 Hebstevek@gmail.com Secretary: Arleen Sandberg, 970-471-6222 sandarl@aol.com Treasurer: Gary Pollard, 719-488-8988 Gary_pollard@comcast.net Director: Chuck Cullens, 303-472-6584 chuckecm2@gmail.com Director: Rex Gambrell, 303-913-4912 rex@empirerealtyco.com Director: Steve Gallagher, 732-598-5507 Stegsg52@gmail.com

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HERITAGE EAGLE BEND GOLF CLUB NEWS

is the official publication of Heritage Eagle Bend Master Association, Inc. Published 12 times a year.

Deadline for submission of articles is the 5th of each month.

Contact Jillian Wyatt at JWyatt@heritageeaglebend.com or 720-235-1831 All contents copyright Heritage Eagle Bend Master Association, Inc., or other copyright holders.

CLUBHOUSE

ph 303-693-7788 fax 720-235-1803 www.heritageeaglebend.com

WELCOME DESK

welcomedesk@heritageeaglebend.com Welcome Desk 303-693-7788 Ext. 120 and 119

UPDATED HOURS

Welcome Desk Hours Monday – Sunday 7:00am – 8:00pm **Clubhouse Hours** Tuesday – Saturday 7:00am – 9:00pm Sunday – Monday 7:00am – 8:00pm **Administrative Office Hours** Monday – Friday 8:00 am – 4:30 pm

EAGLE'S NEST HOURS

Breakfast: Tuesday – Saturday 8:00 am – 11:00 am Sunday 8:00 am - 12:00 pm Lunch: Tuesday – Saturday 11:00 am – 4:00 pm Sunday 12:00 pm - 2:00 pm Dinner: Tuesday – Saturday 4:30 pm – 8:00 pm Bar: Tuesday – Saturday 8:00 am – 9:00 pm Sunday 8:00 am - 4:00 pm

Monday 8:00 am - 4:00 pm*

*Restaurant only open when Golf Course is open on Mondays

MSI

Contact Kristen at KKennedy@msihoa.com or 720-974-4189 for Ledgers or Billing info (statements) or at www.msihoa.com to request a status letter if you are selling your home.



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VISION STATEMENT HERITAGE EAGLE BEND GOLF CLUB

will be recognized as a premier age-restricted community in Colorado.

MISSION

Preserve and enhance the value of our community by operating and maintaining our common elements and offering services to standards that support our vision.

Inclusion of any advertisement in this magazine shall not be deemed to be an endorsement of the advertiser by the Master Association.

UPCOMING MEETINGS

Architectural Advisory Committee Monday, April 15th, at 2:00 pm

Facilities & Grounds Committee Thursday, April 11th, at 3:00 pm

Financial Advisory Committee Thursday, April 18th, at 2:00 pm

Golf Advisory Committee Thursday, April 11th, at 9:00 am

Legal & Compliance Committee Wednesday, April 17th, at 2:00 pm

Master Board Meeting Thursday, April 25th, at 2:00 pm

Master Board Work Session Wednesday, April 10th, at 2:00 pm

•••••

Please check with Jennifer Stoneking at JStoneking@heritageeaglebend.com or 720-235-1822 for location If you change your meeting time and date, be sure to notify Jillian Wyatt at JWyatt@heritageeaglebend.com

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*Notices presented in this publication are intended for legal and informational purposes and cannot be used as a platform for particular religious, political or philosophical points of view.

Management reserves the right to make editorial decisions on content.

Landscape Services will be limited to the following:

Aerification (spring & fall) Irrigation System Turn On & Turn Off

Additional Services: Leaf clean up (spring & fall) Shrub Pruning/removal Putting down mulch Holiday lights hanging & take down

Please contact the Landscaping Department 720-235-1852 or turf@heritageeaglebend.com



LANDSCAPE SERVICES FOR 2024



BOARD ROOM



President's Message by Rick Matteson, President of Master Board

t is election season at HEB, and sometimes that can be confusing because voting overlaps for the Master Board of Directors and for Delegates.



Voting for Board members takes place April 1-12, and is done electronically using Vote-Now. Residents will receive an email invitation in their designated

email account, along with a link to www.vote-now.com's secure site and an embedded personal registration code. Paper ballots will be mailed to voters who have not registered to vote electronically or who don't have an email address on file.

You can find biographical information for the three Board candidates elsewhere in this magazine. Current Board members Chuck Cullens and Steve Gallagher are seeking re-election. The third candidate is Cindy Nelson, who currently chairs the Facilities and Grounds Advisory Committee.

Voting for Delegates takes place April 1-19, and is done using paper ballots. Completed ballots should be returned directly to your current Delegate. Ballots and instructions probably have already been distributed by your Delegate; if you haven't received this, please contact your Delegate. Their names and contact information are listed on the inside back cover of this magazine.

Our golf course won several CAGGY awards in the annual Best of Colorado golf competition. There were three winning courses in each category in the competition. Here's how HEB placed:

- Best Denver Region Course Public/Resort 3rd Place
- Best Practice Facility Public/Resort 3rd Place
- Best Conditions Public 2nd Place

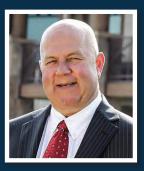
Congratulations to Director of Golf Jason Franke, Director of Agronomy Marty Savage and all of their employees who are responsible for our golf operations and course maintenance.

We currently are evaluating bids that were received in late February for replacement of the aging irrigation system on the golf course. There is a lot of technical information that needs to be sorted through and compared, but the result will help us narrow down the timeline for the work. We'll share that information as we learn more.



General Manager's Message by Gene Blum

t's fun to say every year... Golf is BACK!!! It was so fun to see everyone again during our Back to Golf Night in the ballroom in March. Residents were so excited to sign up for their favorite leagues and groups, talk with friends and enjoy a laugh over drinks. We look forward to the changing weather and seeing everyone out on the fairways. If you are new to the



community and have yet to enjoy a round of golf at the club, I highly encourage you to reach out to our golf professionals and get set up for tee times at the discounted resident rate and other perks.

Speaking of golf, as you know last month we revamped the Troon Advantage program for our residents. Residents of HEBGC and up to three guests are invited to take full advantage of special rates at select Troon daily-fee, semiprivate and resort facilities worldwide. All you have to do is log in to the resident side of the website and look for the Troon Advantage link in the Resident Golf section. Then browse to the course you desire and book at your convenience.

As temperatures continue to rise, you will also see events increase in the clubhouse for you to enjoy. As we look into May, one of our biggest events of the year arrives when we celebrate all the moms during our Mother's Day Brunch on May 12th. This event will sell out, so make sure you get your reservations in as soon as you can. As we roll into the end of May, we will kick off the outdoor pool season with two special events. On Friday, May 24th, join your friends for drinks with the DJ at the Pool and then on Monday the 27th, come out for the Memorial Day Celebration with a poolside buffet, specialty drinks and DJ music.

Before you know it, crews will begin planting flowers and plants around the clubhouse and community. Every year they come up with new designs and I can't wait to see what they have come up with this year. They will start right after Mother's Day, because you never know if we will get a crazy winter storm in April. You have to love our unpredictable weather! If you are a snowbird and are just returning, we are so happy to see you again. Here's to a wonderful spring!

HEB EBLASTS? Are you signed up to receive eblasts from heb? If not, please email jeff lambert at Jlambert@heritageeaglebend.com With your choice of password and jeff will get you all set up, So you won't miss any important heb information!



SUMMARY TREASURER'S REPORT • JANUARY 2024

2024 OPERATIONS INCOME STATEMENT--UNAUDITED HERITAGE EAGLE BEND

HE	RI	ΓAC	GΕ	EA	GI	E
			20	24		

January 2024			January 2024		Ye	ar to Date	
		2024	2024	2023	2024	2024	2023
		Actual	Budget	Actual	Actual	Budget	Actual
Revenues:							
Cash and Investments	Golf	\$ 3,705	\$ 5,582	\$ 1,925	\$ 3,705 \$	5,582	\$ 1,925
	Food and beverage	84,696	110,955	92,571	84,696	110,955	92,571
	HOA	314,770	311,443	312,687	314,770	311,443	312,687
	Total revenues	403,171	427,979	407,183	403,171	427,979	407,183
Cost of Sales:							-
	Food and beverage	35,212	41,018	35,881	35,212	41,018	35,881
	Golf shop	2,754	520	1,339	2,754	520	1,339
Payroll and Benefits		281,740	313,486	266,993	281,740	313,486	266,993
Other Operating Expenses		159,267	176,894	202,789	159,267	176,894	202,789
Total Expenses		478,974	531,918	507,002	478,974	531,918	507,002
Net Operating Income (Loss	;)	\$ (75,802)	\$ (103,939)	\$ (99,818)	\$ (75,802) \$	(103,939)	\$ (99,818)

CASH FLOW AND BALANCES--UNAUDITED

Heritage Eagle Bend Master Association January 2024	January 2024					
	Operating Fund Unrestricted and Available	Contingency (Restricted)	Litigation Settlement <u>Fund</u>	Capital Improvement <u>Fund</u>	Reserve <u>Fund</u>	<u>Total</u>
Cash and Investments January 1, 2023	1,283,168	716,257	705,801	416,622	3,565,425	6,687,272
Sources and (Uses) of Cash:						
Excess(Deficiency) of Revenues Over Expenses	(75,802)	239	931	21,976	156,500	103,843
Non-Cash Charges to Income		161	120	61	1,555	1,897
Change in Working Capital	(19,811)	-	-	(2,592)	-	(22,403)
Capital Expenditures				-	14,128	14,128
Repayment of Inter-Fund Loans:						
Principal		6,304	8,034	(21,754)	7,416	-
Interest		208	265	(717)	244	-
Capital ContributionOperations to Reserve	-			-	-	-
Homeowner Contributed Capital		-		3,856		3,856
Net Increase (Decrease) in Cash and Investments	(95,614)	6,912	9,349	830	179,843	101,320
Cash and Investments January 31,2024	1,187,554	723,168	715,150	417,453	3,745,268	6,788,593

Village Voice by Myrla Marshall

Here comes Spring! Hopefully we have seen the last of the snow. The community will begin to prepare for all the activities of the spring/ summer! The landscapers will begin with spring clean up when the weather permits. Then we have roofs being completed. Painting will then begin in the Biloxi/Buchanan/Kettle areas beginning in May and will take 2 months to complete, again based on weather. Last call for anyone that wants to make changes to house colors.

We are still looking for volunteers to help the board monitor all the activities this summer. VIVA would like a couple more volunteers to help with small landscaping chores in the community. Please email me - myrlamarshall@gmail.com if you are interested in either opportunity.

2023 YEAR END	ACTUALS	BUDGET
TOTAL INCOME	\$633,221	\$633,319
TOTAL EXPENSE	\$604,986	\$667,297
NET INCOME (LOSS)	\$28,235	(33,978)
RESERVES	\$585,667	\$541,246

NEXT QUARTERLY MEETING TUESDAY, APRIL 30TH, 2024 • 5:00 PM

APRIL 30TH AT 5 P.M. You need to attend the quarterly meeting! We have much to share. Research into all of the Village HOA documents have been interesting and as a homeowner you need to know what we have discovered and give your thoughts on our proposed direction. Thank you in advance for your attendance!

BOARD ROOM



Election Announcement

Three candidates will be elected. There are three 3-year terms. You will vote for 3 people.

2024 Master HOA Election Schedule

April 1st – April 12th • Electronic Voting

An E-Ballot will be sent to you via email from VOTE-NOW if you have an email on file.

Ballots received by mail must be returned immediately to VOTE-NOW to make the April 12th mail deadline to be counted,

Friday, April 12th at 12:00 noon MDT Voting closed. Electronic Votes must be received by then, as well as mailed in votes.

April 25, 2024 New Board of Directors terms begin





BOARD ROOM

MASTER BOARD ELECTION 2

Chuck Cullens

Chuck Cullens and his wife Cristina moved to HEB in 2005. Since arrival, they have enjoyed the community's many amenities, including dining, dancing, and golf. They have also contributed to the community, including Chuck's participation in repurposing the clubhouse.



From 1996 to 2008, Chuck served on the Community Housing and Development Association committee in Colorado. As a founding board member, he helped to provide affordable housing to low-income people and those with special needs living in south metro Denver communities.

Chuck is the founder and president of Emerald Construction Management, Inc. A 50-year construction industry veteran, he brings extensive experience to the design-build process and is recognized as one of the pioneers of these services in Colorado. Emerald currently provides construction management services for commercial building projects, including hospitals, medical centers, and food and beverage plants in Colorado and several other western and midwestern states.

In 2019, Chuck turned over the company's daily operations to his son, Christopher. This allowed Chuck the time to focus his energies on HEB's Clubhouse Repurposing Project. He joined the Clubhouse Repurposing Committee and was one of the driving forces ensuring its success. In 2020, Chuck joined the Facilities and Grounds [F&G] Committee, and in 2020 was selected to Chair the committee.

In 2021, Chuck was elected to serve a 3-year term on HEB's Master Board. As a member of the Master Board, Chuck has continued to contribute to HEB's success, using his extensive knowledge and experience.

Steve Gallagher

It's hard to believe, but 2024 marks the tenth year since my wife Ann and I moved to HEB to be near our son, daughter in law and 2 grandsons.

I grew up in central NJ, went to college in Philadelphia at LaSalle University, after earning my BA I earned 2 post graduate degrees from The College of Insurance (now St. John's University).



After a 4 year stint at Merrill Lynch, I joined my Dad in a family insurance brokerage business, after my Dad stepped aside I ran the firm for many years before merging with much larger firms (Bollinger, then Arthur J. Gallagher) where I was a Senior Vice President for 12 years.

I worked in the NY/NJ metro area as an insurance broker for almost 40 years, handling property casualty and employee benefits for several well known hedge funds, Wall Street law firms and world renowned travel firms.

Since moving to HEB I served on the Golf Advisory Committee for 2 years, as well as the Finance Advisory Committee for approximately 4 years, the last year as the Chairman of the Financial Advisory Committee.

I was appointed to the Board approximately 18 months ago and then re-elected for a 1 year term. Since then I've used my insurance background to help HEB fine tune and renew its master insurance program. I would welcome election to the Board for another 3 year term to continue working toward community shared goals. As an avid golfer I am especially interested in the upcoming golf course renovation project.

Thank you for your support.





Cindy Nelson

Cindy Nelson is a long-standing and active community member in the 80016-zip code, who has dedicated her life to education, local non-profits, and service to others. Throughout her more than 30 years living in the area, she raised her two now-grown children – Christiana and Anders – and engaged in efforts ranging from PTOs to blood drives to



food drives to serving on nonprofit boards of directors.

Cindy has lived in the westside of Heritage Eagle Bend for nearly a decade with her husband Mike and has embraced the community through social and service activities, as well as civic volunteering. Cindy served two terms on the Facilities and Grounds Committee for HEB, acting as Secretary and Chair.

She has worked in land real estate for the past seven years, and currently spends as much time as she can with her three grandchildren – Liam, Owen, and Josephine – who live nearby, her children and their spouses, and with her husband and their two dogs, Harper and Tahlula.



HEB EBLASTS? Are you signed up to receive eblasts from Heb?

IF NOT, PLEASE EMAIL JEFF LAMBERT AT JLAMBERT@ Heritageeaglebend.com With Your Choice of Password and Jeff Will get you all set up, So you won't Miss any important heb information!

DID YOU KNOW?

As Spring approaches, here are several reminders!

We are seeing vehicles left on streets at night. Please remember that vehicles need to be in garages at night (or on driveways if you live in a single family home or Traditions).

If someone has passed or you have married or changed your name, please email JWyatt@heritageeaglebend.com or drop off the documentation to the Clubhouse or Admin Building M-F 9 am – 4 pm, for our records.

We continue to have complaints regarding dog waste, dogs off leashes etc. Remember we are in the City of Aurora and follow their rules with regard to number of dogs, dog breeds, dogs off leashes, immediately picking up after your dog, etc.

Additionally, trash should be put out after 5 pm on Wednesday for pick-up on Thursday. Also, please do not leave your cans at the top of your driveway.

Also, only those with driver's licenses can drive a golf cart. Please do not let your grandchildren drive your cart. It is dangerous to them and to our Residents. We wouldn't want someone to get injured.

When it comes to RV's, they can only be parked in front of your home for 48 hours. At that time, they can be moved, with a permit from the Welcome Desk, to the Clubhouse Parking Lot for another 48 hours. At that time, they no longer can be stored in the Community.

Remember there is no parking in the drives of the Village units. All Village residents must keep their vehicles in their garages. Also, Visitor lots are for visitors and not resident overflow.

Lastly, please be sure to get a log-in to the Resident Only side of the website. You will be able to view Financials, Audits, Policies, Agendas, Minutes, Charters, and Community Forms etc. Contact Jeff Lambert at JLambert@heritageeaglebend.com

THANK YOU For Assisting US!



Traditions Talking by Traditions Eagle Bend Board Members

FINANCIALS

Well, a new year has started and so here are the financial results for January. The operating results (subject to audit) for January 2024 are complete. The net result is an excess of \$4,906 versus a budgeted excess of \$116. There have been no major unanticipated expenses so far this year. For January 2024 reserve net income shows an excess of \$21,713 vs budgeted excess of \$22,059.

INCOME STATEMENTS JANUARY YEAR TO DATE

			0	perations			Re	eserves	
		Actual	1	Budget	Actual	Actual	1	Budget	 Actual
		2024		2024	2023	<u>2024</u>		2024	2023
Total Revenues	\$	56,407	\$	56,346	\$ 57,172	\$ 22,422	\$	22,768	\$ 21,687
Total Expenses		51,500		56,230	 46,573	 709		709	 874
Excess (Deficiency) of Revenues									
Over Expenses	\$	4,906	\$	116	\$ 10,598	\$ 21,713	\$	22,059	\$ 20,813
Working Capital Bank Balance and Y	eld		\$	108,184	1.21%				
Reserve Fund Bank Balance and Pref	orma	ance	\$1	,108,736	1.31%				

IRRIGATION

Spring is just around the corner, and we will be charging our water systems in late April. The irrigation

season will start shortly thereafter depending on the amount of moisture we receive during April and May. This year will be a larger challenge as the city of Aurora Water Department has increased the rates 10% from last year. The Water Department has the stance that we are in a drought and will continue to keep pressure on us to reduce the use of water. The TEB Board would like to assure you that we are working on how to keep our community green as possible while complying with city requirements.

PAINT

As we eagerly anticipate the arrival of spring, we're excited to inform you that exterior house painting is on the horizon for homes on Elmhurst, Algonquain Ct., Algonquain Cir., and Zante Ct. With warmer weather approaching, it's an ideal time to enhance the beauty and vibrancy of our neighborhood.

Scheduled painting projects will start as soon as weather permits. We'll keep you updated on the timeline and any necessary arrangements to ensure a smooth process for all residents.

Stay tuned for more details and feel free to reach out with any questions or concerns.

SAVE WATER - SAVE YOUR MONEY - SAVE THE PLANET

The City of Aurora continues to promote water conservation and the transition of residential lawns and plantings to species that are appropriate to the semi-arid climate in Colorado. They are providing subtle motivation to homeowners through ever increasing costs for water through the Aurora Water utility (10 % increase is year alone).

This year, Aurora Water (Aurora Water.org) is offering five Water Conserving classes during the months of March, April and May. The next water wise class will be held on April 6th at 10:30 am – 12:30 pm. The classes are free. Register at: https://bit.ly/49CMSZl

QUARTERLY TRADITIONS HOA MEETING

Don't miss the next Quarter Traditions HOA meeting April 16th in the Antero Room. Attendees at the January meeting reported that they were younger, better looking and more informed at the end of the January 2024 session.

AAC Requests – Information to Provide for a Complete Application for Review:

If you are considering submitting for an exterior improvement, we have provided a sample below to adapt to any project you may be submitting for. Please email hebaac@heritageeaglebend.com for Plot Plans and AAC forms OR they can be found at www. heritageeaglebend.com website after logging in, select HOA / select Committee Reports, select Architectural Submittals/AAC, select Architectural Submittal Form.

For a landscape request, you'll submit the following:

- AAC forms
 - ° including signatures from neighbors, at least 1-2 must sign (emails from neighbors acknowledging the project can be included with the forms and information)
 - $^\circ\,$ initial all areas on the forms (no check marks)
 - ° include details of project
- Plot Plan
 - drawing on location of requested improvements

- Photo(s) of existing areas you wish to change
- Additional information such as:
 Size, dimensions, accurate drawing of changes, plants, materials, etc.
- Any additional information helpful to the AAC in their review process

Please send all of this to hebaac@heritageeaglebend.com or drop off at the Admin Building M-F between 9 am -4 pm





February Blood Drive - Huge Success

There are MANY reasons to love living in HEB, but one of them is how dedicated our residents are to blood donation. On February 23rd we had over 80 potential donors *ready to give*. Our next drive will be on FRIDAY, MAY 3, 2024. Congratulate your neighbors pictured below for their milestone donations. Remember, it takes 8 usable donations to equal a gallon, and several of these donors have many donations with other blood centers, accumulating lots of gallons. AMAZING. Contact June Goddard at junegoddardcolorado@gmail.com to make an appointment for May. We need blood at-the-ready. If you can help, we'd love to have you!







Diane Carlson – 1 gallon





Howie Zaler – 1 gallon

Monica Dale – 4 gallons



Carole Nielsen – 2 gallons

POOL HOURS: TUESDAY - SATURDAY 7:00 AM - 9:00 PM • SUNDAY & MONDAY 7:00 AM - 8:00 PM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00AM-8:00AM							
8:00AM-8:55AM	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE	STU'S AQUACIZE		
8:00AM-8:55AM	DEEP WATER Kathy Thompson		DEEP WATER Kathy Thompson		DEEP WATER Kathy Thompson		
9:00AM-10:00AM	AQUACISE Sue McNaughton	AQUAFIT Kathy Thompson	AQUACISE Rita Stansberry	AQUAFIT Kathy Thompson	AQUACISE Susan Havel		
10:00AM-10:15AM							
10:15AM-11:30AM	AQUACISE Nancy Zanetti		AQUACISE Joyce Mannix		AQUACISE Susan Hayes		
11:30AM-12:00PM							
12:00PM-12:30PM		WATER		WATER		WATER	
12:30PM-1:00PM		VOLLEYBALL		VOLLEYBALL		VOLLEYBALL	
1:00PM-2:00PM							
2:00PM-3:00PM	KID HOURS	KID HOURS	KID HOURS	KID HOURS		KID HOURS	KID HOURS
3:00PM-4:00PM							
4:00PM-5:00PM	↓ ↓	Ļ	•			+	
5:00PM-6:00PM							
6:00PM-7:00PM				+			+
7:00PM-8:00PM							
8:00PM-9:00PM							





Aquacise Monday, Wednesday, Friday 10:15 am - 11:15 am

A vigorous but fun class that uses weights to exercise and strengthens your core, joints and muscles. Weights are provided at the pool. Please come already changed into your suit and ready to exercise. Class is held in the outdoor pool after Memorial Day. Call Linda Rydberg with questions 303-770-6939

NEW! 8:00 am Aquacise Class

The early bird gets the pool. Join us for an early morning class Monday- Friday at 8:00 AM- 9:00 AM. Class includes a full-body stretching followed by main body exercise consisting of isotonic, isometric, and cardio exercises. You may bring your own weights or utilize the clubs. Sessions are led by HEB resident Stu Joyce

Monday, Wednesday and Friday 9:00 am -10:00 am

Come join the fun and get a full body aerobic workout at the same time, including new noodle exercises! Our three leaders- Barb Osborn, Susan Havel & Rita Stansberry welcome you! For more info on class or our monthly breakfast contact Rita @ 720-220-4688

Aquafit

Tuesday and Thursday 9:00 am -10:00 am led by Kathy Thompson This class spends 20-30 minutes of aerobic activity and 20 minutes of body toning. The last 10 minutes are dedicated to cool down, while allowing you to move at your own pace. Kathy Thompson, a AEA Certified Water Fitness Instructor provides music to the classes, as well as mixing up the workouts. This class works in both the shallow and deep end of the pool.

Art - HEBGC

For anyone interested in creative arts, please contact Sheryl Hutchings, 303-204-4682 or sahutch@me.com

Beginning Line Dance Wednesday, 3:00 pm - 4:00 pm

\$6 per class. Contact Jenny Moss jjenmoss@comcast.net

Bridge - Ladies' Monday, 12:30 pm to 3:30 pm

\$1 for prizes. Please call first. We have five tables of regular players and always need substitute. Alice Smith, 303-400-0615 or Carol Larsen, 303-519-5671

Bridge - Relax and Laugh Tuesday, 9:00 am to 11:00 am - No fees

This non-competitive bridge group is for those who want to get back to a really fun, thinking game. We meet each week in our Clubhouse. For more information call Kathy Taylor, 720-205-2920, Carrie Sharp, 720-479-8414

Bridge - Partners Thursday, 8:45 am - noon This club meets each week at the Clubhouse. Each person pays \$1 for that day's prizes. For more information, call or Alice Edwards, 720-299-3803 or Mary Joe Kranz, 720-328-5000

Bocce Check the weekly E-Blast for current information on leagues and events. Leagues run from May into October. There is a Spring session and a Fall session. We have leagues for singles, pairs, men, women, and mixed. All skill levels are welcome. Leagues are held Sunday through Friday, AM and PM most days. For information on Bocce, please contact Sharon Armstrong at 303-766-1791 or sharonarmstrong82@comcast.net

Car Club 2nd Saturday, 9 am at the Clubhouse

Informal meeting of guys and girls who enjoy seeing and discussing the cars Organizers of the HEBGC Summer Car Show. No dues. No rules. Just Fun. For more information contact Jerry Stenbakken at 303-862-6201or Jerome.stenbakken@gmail.com

Cardio Rock Tuesdays and Thursdays, 10:00 - 10:45 am, Antero Room In this class you will rock, pony, samba, and boogie to great music for an energizing 45 minutes! Uncomplicated footwork and simple choreography will encourage everyone to move to the music at your own level. \$6 drop in. Contact Jenny for more info at jjenmoss@comcast.net.

Canasta-Hand and Foot

Every 1st and 3rd Thursday of the Month, 1:00pm - 4:00pm at the HEB Clubhouse Easy card game to learn, drop-ins welcome. For more information, contact Melissa Bryson 303 952-9249

Church - Eagle Bend Community Every Sunday at the Clubhouse, 10:00am Call Bruce Minor, Pastor, 303-757-1455

Crazy Quilters 3rd Saturday, 10:00 am - 3:00 pm



We always welcome new residents. We will be meeting on the 3rd Saturday of each month from 10:00 am to 3:00 pm in the HEBGC Clubhouse Craft Room. Vickie Pervich: 303-771-6342 • vickiepervich@gmail.com

Cribbage Club Every Tuesday Afternoon 2:30 - 5:00 Both Tournament cribbage and Social cribbage each Tuesday. \$5 entry fee for prizes for Tournament cribbage. Signup is required. New players are always welcome. For more information, contact Larry Place at 303-617-5419 or lj_place@msn.com

Deep Water M/W/F 8:00 am - 9:00 am for men and women

Full-body, zero-impact, aerobic/strengthening workout. Classes take place in the deep end of the indoor pool. If you are tall you will need to sit on a noodle to get your feet off the bottom. These classes are taught by Kathy Thompson, AEA Certified Water fitness Instructor.

Duplicate Bridge Wednesdays, 5:30 pm Meet in the Clubhouse. Contact John Posluszny Cell: 720-454-3969 jpoz4842@msn.com and Janet Cain Cell: 303-929-9088

3rd Monday, 10 am at the HEBGC Clubhouse

Garden Club



Enjoy gardening in Colorado! Informative, stimulating agenda to benefit members and our HEB community - special guest speakers, unique tours, lively projects, worthwhile fundraisers. Come join us and experience the social fun in gardening! Maryellen Comeau, 630.890.9100

Genealogy Club 2nd Monday, 10 am - Noon at HEB Clubhouse

The HEBGC Genealogy Club offers an opportunity to further understand genealogy and genealogical research through education, mentoring, discussion, and preservation. There are no dues but if there is an outside speaker, a \$5 per person fee will be charged. If you have any questions, please contact Cindy Born-Mylo at cindybornmylo@msn.com

Mah Jongg Fridays, 12 noon to 3 pm at the Clubhouse

If you need help, please contact Peggy Calhoun at 303-746-8190

Pickleball Club (check the HEBGC website under COURT SPORTS)

Please join us for one of the fastest growing sports in the country! Pickleball is a mixture of badminton, table tennis, and tennis. We provide for all skill levels novice to advanced. See our website for current play times, weather permitting year-round. We have 6 standalone courts with permanent nets. For more information, please contact Brenda Waterhouse @ bwaterh19@gmail.com

Parkinson's Support Group

3rd Thursday each month at 11:00 am, in the HEB Clubhouse. Learn from others diagnosed with PD, and their caregiver. Contact Bruce Minor (303) 504-0000 bruceminor@eaglebendcc.org

Pinochle Club 2nd and 4th Wednesday, 12:00 pm - 4:00 pm

Contact Barbara Pedersen, phone 303-690-3451 for more information

Singles 2nd Thursday, 4:30 pm

The Singles group has a calendar full of fun group activities and outings We occasionally have speakers at our meetings and host a Spring and Fall Luncheon that includes entertainment. All HEBGC residents are welcome. Please contact Joani Cravens at jolycravens@gmail.com or 720-837-4036

Strength Training Tuesdays and Thursdays 4:30pm to 5:30pm and/or Wednesdays 6am and Saturdays 7am.

New Directions Personal Training offers group strength training classes at HEB, in the fitness area. Please call or email Stacy Montgomery at 303-898-5945 or stacy@newdirectionspt.com for more information.

Tennis Club

Men - Drop-in doubles for all levels Tuesday and Saturday mornings. Call for current times as they change by seasons. Women - Drop-in open doubles for all levels. Mondays 9:00 - 11:00am. Times change with warmer weather. See emails and gazebo bulletin board for mixers and interclub play information. Need more information or have questions?

Call David Peck at 913-579-3218 or Karen Wadleigh 719-233-9325

Water Volleyball Tuesday, Thursday and Saturday Noon - 2:00pm

If you're interested in having fun and getting a good workout, then please join us at Water Volleyball. No swimming is required and we welcome all skill levels. For more information, please contact

Steve Jacquin, sjacquin@comcast.net, (303) 883-1703, Larry Greenberg, larryhardwk@yahoo.com, (303) 594-5466 John Wright, jkanga10@msn.com, (720) 323-5176

Watercolor and Beyond

Monday 1:00 pm - 4:00 pm

For all those interested in painting in watercolor and exploring other media, meets every Monday. For more information, please contact Sheryl Hutchings, 303-204-4682 or sahutch@me.com

CAL Launches Spring Term and Creates New Curriculum Committee by Cindy Born-Mylo, Zoom Coordinator, and Sheryl Hutchings, Chair and Publicity Lead

espite a brief but blustery morning snowstorm, CAL's Spring Kickoff event went off as planned on Tuesday, February 27, at 10 a.m. in the Antero Room.



Eleven Spring Term facilitators braved the storm to be on hand to explain the classes they are offering. Those classes include: The Law Made Understandable; Baseball---The Boys of Summer; Healthy End-of-Life Conversations; Exploring the Game of Golf; Let's Rock; Canvas Barn Quilts; United Kingdom---Exploring the Wonders; West with Giraffes; The Wonderful World of Aviation; Olympics Past and Present; The U.S. Civil War (both live and via Zoom); and Music In My Mind. Registration for all classes closed on March 5.

The Spring Term began March 25 and will end May 17. After a summer hiatus, CAL classes will begin again in a Fall Semester that will be launched after a kickoff in late August.

The exciting news is that CAL now has a group of community members who are tasked with finding future CAL classes and facilitators. They will work with the Curriculum Lead, Alice Edwards, to do so. We invite anyone in the HEB community to reach out to any of the group members to share ideas for classes you would either like to see offered or would like to present either by yourself in combination with other people who share your interest. Curriculum group members include:

Alice Edward	AE5@aol.com	720-299-3803
Judy Lacy	Judylacy1@gmail.com	303-495-9910
Abe Zeiderman	Zeiderman@comcast.net	720-323-8557
Ron Adams	Hob641@gmail.com	734-355-6166
Maryellen Comeau	Marycomeau@aol.com	630-890-9100
Joan Snihur	jhsnihur@gmail.com	315-559-7616
Peter Livshin	Plivshin_99@yahoo.com	607-287-1786 (Text preferred)

Maryellen Comeau explained her desire to serve by saying, "Volunteering is an opportunity that I have enjoyed since moving into HEB. I have taken many CAL classes since moving here, but being able to participate and help to shape meaningful classes for our community is very rewarding."

Abe Zeiderman says, "I see CAL as a vital and important part of our HEB community. I joined the curriculum group as a way to show my support for one of the things that makes this community a very special place to live."

Informal surveys of HEB residents have consistently shown that our community is most interested in history, Colorado, travel, and the arts. If you have something to add to the list, please contact a Curriculum Group member. All CAL classes are developed and presented by HEB residents, so if you have an area of expertise that you'd like to share with your neighbors, we would love to hear from you!

Plans for classes we are hoping to present next year are well under way. Topics include Hawaii, space, night sky telescoping, women commemorated on quarters in the U.S. Mint series, and music genres. If we've hit on one of your interests, please let us know.

HEB Garden Club



Our March meeting topic "Care for Orchids" was given by one of our members, Barbara Schafer. This was very interesting as many of our members have been given or have orchids in their homes.

In April, we have asked Ron Hogan Master Gardner to return, talking on "Plant Select" an update on our area and pollinators. In May, we will repeat fresh flower arrangements, guided by Kate McTigue. She will be demonstrating on individual designs and groupings of flowers. These will be made for an Assisted Living Facility, also our Clubhouse.

If you have any questions regarding our garden club please contact Maryellen Comeau, marycomeau@aol.com



CLUBS AND GROUPS / SUB-COMMITTEES



www.heritageeaglebend.com

Bocce by Cathy Murtha



LIFE IS

GREAT

BOCCE

BALI

over and put to rest for another year, you may be asking yourself the question – what's next? The answer is Bocce registration! The leadership committee is working to put together another fun Spring League for all Club members to enjoy!

Tith the 2024 Spring Bocce event

Registration will be held on Thursday April 25th, with two times to register. The first time is 9:00 to 10:00 a.m. and then later at 6:00 to 7:00 p.m., so mark your calendars. Watch the Friday e-blasts for more information as well as Club communications from Brenda Martin. If you have never played, but are curious about the game of Bocce, several Leadership Committee members will be available to answer your questions.

We will have several leagues to choose from and the cost is \$10.00 per person per league. We ask that you sign up for only two leagues to give everyone a chance. We do try to accommodate all requests, but we may need your help and flexibility if the league is at capacity.

If you would like to reserve the Bocce courts during off league

play, please contact Mary Jo Collins at big_strong_woman@yahoo.com or 303-810-1725 and she will help you.

Just remember – Life is Great---Bocce Makes it Better!

Please contact Sharon Armstrong with questions or comments at 303-766-1791 or email at sharonarmstrong82@comcast.net

BLACKHAWK TRIPS FOR 2024

Next trip will be April 25

2024 Dates:

May 23, June 27, July 31, August 22, September 26 October 24, November 21, December 19

Cost for each person is \$30, subject to change if bus cost increases. We leave the Clubhouse at 9:00 am (subject to change if bus schedule changes). We leave Bally Casino at 3:00 pm.

Each person receives \$10 in play upon arrival and \$15 food coupon after 100 points of play. Reservations need to be made and paid 7 days or earlier before the trip. No refund in the last 7 days unless the trip is canceled.

Reservations may be paid with cash or check. Text or email to Syblejane Revard 303-917-4095, syblejane2@ gmail.com, for questions or reservations. Text for address to send or drop off payment.



2024 TEXAS HOLD'EM April 3 and 17 • Time is 6 pm – 9 pm BUY IN \$20

Come a few minutes early to set up. To Rebuy, you must be out of chips. If you come on time, you get an extra chip. Rebuy's until the Break, Around 7:30. Remember 1st and 3rd Wednesdays

Dates for the 2024 year are: April 3 and 17, May 1 and 15, June 5 and 19, July 3 and 17, August 7 and 21, September 4 and 18, October 2 and 16, November 6 and 20, December 4 and 18.

> Looking Forward to enjoying the evening. Any questions, you can email or call.

Barbara Sachetti bbdancers@msn.com 303-917-4379 Mike Hulan Mikehulen@yahoo.com 303-868-3316

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HEBGC Car Club

OUR 12TH ANNUAL HEB CAR SHOW WILL BE HELD on Saturday, June 15, 2024.

Plan on bringing your car, truck, or motorcycle to the car show.

HEBGC Car Club meetings are held 9:00 am, 2nd Saturdays of the month in one of the Clubhouse meeting rooms.

The best way to keep up on what's happening with the HEB Car Club is to send your email and contact information to *jerome.stenbakken@gmail.com*

You can be added to our email distribution list.

You don't need to have a fancy car to be a member. All you need is a love of cars and things related to them.



www.heritageeaglebend.com



HEBGC Genealogy Club News!! by Cindy Born-Mylo

ur April 8 program will feature our own Bill Hately presenting his lecture on Demystifying DNA. His presentation will cover the basic components of human

DNA, where it is located in our bodies, how it is passed on to new generations and how one can use the DNA "numbers" reported by genealogy sites to understand family relationships, like siblings, first or second cousins, grandparents or great grandparents. It will cover how DNA is linked to a person's ethnicity reports. It will cover how to use DNA to understand any surprise results provided by genealogy sites' analyses of your DNA. This program was rescheduled from October, 2023.

An HEB resident for 23 years, Bill was a biology major in college and an optometrist in the Army for 26 years. Following his retirement from the military he spent the next 19 years in health care management and has been researching the genealogy of his family for the past 9 years. Bill likes to think of himself not as a professional genealogist, but more of a family storyteller. He has provided a lecture on male YDNA 4 times as a part of the HEB CAL genealogy class and been a member of the HEB Genealogy Club for 3 years.

The presentation will be given in person and via zoom. Please contact Cindy Born-Mylo at cindybornmylo@msn.com as soon as possible if you would like to attend. There is no cost for this lecture.

SAVE THE DATE

Our May meeting will be a field trip to the Parker Center Family History Center.

The Genealogy Club is open to all HEB residents and meets the 2nd Monday of every month at 10:00 a.m. until noon at the HEB Clubhouse. If there are any questions, please contact Cindy Born-Mylo at cindybornmylo@msn.com

The Chavurah

The HEBGC Chavurah invites you to join our Circle of Friends, a Jewish-oriented social group here at HEBGC. The word Chavurah is a Hebrew word which means "circle of friends. We welcome anyone interested in participating in traditional and social Jewish activities.

Some of the planned activities are a Chanukah Party, Passover Seder, attend plays, a summer BBQ, and other events which please our members. We also lend support to our members during times when they need care, help, and comfort through difficult times. Currently we meet monthly.

> For further information,please contact: Jerry Lassow 720-379-7429 Chairperson Donna Musciano Vice Chairperson 303-663-7472 Natalie Lassow Secretary 720-379-7429 Stan Sachs Treasurer 661-717-6558



Eagle Book Club

Meets the third Thursday of the month at 7 pm in the HEBGC Clubhouse. Mary Ann Tarr - 720-318-7706 Mary Jo Kranz - 720-376-8197 Elaine D'Angelo - 303-794-5622

April 18, 2024 <u>Horse</u> by Geraldine Brooks Historical

Fiction Horse is an historical novel based upon the history of Lexington, the greatest racehorse ever and Jarrett the young black man who cared for him. It intertwines three



distinct narratives set in different time periods: 1850, 1950, and 2019.

May 16, 2024 The Nesting Dolls

by Alina Adams Historical Fiction The Nesting Dolls is an epic family saga centering on three generations of women in one Russian Jewish family, each striving to break free of fate and history, each yearning for love and personal fulfillment and the consequences of their choices.

June 20,2024

Hum if You Don't Know the Words

by Bianca Marais Historical Fiction A story of two very different women in Apartheid era South Africa. In 1970 a protest by young black students erupts into terrible violence. This event connects a black mother and a young white girl.

July 18,2024 <u>All the Broken Places</u> by John Boyle Historical Fiction

A story about an old woman who must face the sins of her past and has a last chance at making things right. She escaped Nazi Germany after the war because her father was a famous Nazi.

August 15,2024The Road to Station Xby Sarah BaringHistorical Fiction

The novel provides a window into the life of a young woman who shifted from being a carefree debutante to factory girl to working with code breakers in Bletchley Park during the turbulent events of WWII.

VETERAN'S COFFEE Meets the third friday Each Month at 9 Am Humboldt Room





EB Singles by Ginny Schiel

ur Club is ready for spring! Regular outings planned for April include our monthly first Tuesday Koffee Klatch at 9:30 am at the Clubhouse and happy hour at the Wild Goose Saloon in Parker that evening, First Friday Lunch at Alpha Charlie's, Bowling on the second and fourth Mondays, Birthday Bash at the Olive Garden on April 15, Singles breakfast at First Watch on April 26, and a trip to the movie theater on April 30.

On April 18 EB Singles will have a tour of Aurora's History Museum and lunch at Helga's German Restaurant. Exhibits at the Museum include: "Wildlife in Focus: A Journey of Conservation from Global to Local," "Trolley Trailer #610" which takes a dive into the history of electronic streetcars and Aurora's trolley system, and in the Community Gallery, there will be an exhibit about D-Day, the Allied liberation of Normandy, and stories of people from Aurora and technologies developed in our own backyard that helped the Allies in Europe.

EB Single's Spring Luncheon and Fashion Show is scheduled for April 23. Vickie's Boutique will be showcasing her fabulous spring outfits, and EB Single members will have a great time modeling the most recent spring fashions.



If you need information about Club events and who to contact, our monthly calendar will be in the EB Singles binder at the HEBGC Welcome Desk. Check your calendars for events you would like to attend and sign in on the event sheets in the Singles book at the front desk.

We encourage you to attend our Singles Club membership meetings the second Thursday of the month at 4:30 pm to learn more about our EB Singles. All HEBGC residents (married or single) are welcome, and if you are interested in joining or finding out more about us, please contact Joani Cravens at jolycravens@gmail.com 720-837-4036.

Billiard's Club News by Marty Patten

s we continue to trudge through Winter and dream of playing golf or pickle ball, why not come join us in playing pool on Monday and Thursday afternoons in the HEB Billiards room? Get out of the house and come join us. Many current Billiards Club members continue to play pool every week, so come on over!! We would really like to expand our membership and start having various competitions again. Please join us in play, regardless of your skill level. All are welcome!

The regularly scheduled dates and times set for open men's play, for billiards club members, are currently Monday and Thursday afternoons from 1 to 5 pm. We can have 8 or more players at a time in the Billiards Room, so we can have members playing on both pool tables, with 4 at a time playing on each table. We can also schedule additional days and times or even evening times if there is enough interest. If we can get more participation and enough interest, we would again like to host pool tournaments and playoffs.

If you would like to join the Billiards Club, dues are currently \$10/year, but remain suspended for all members until we resume full normal operations. Women are also encouraged to join and in the past there has been a regularly scheduled women's pool playing session on Tuesday afternoons from 2 to 5 pm. It is also possible to set up times for couples play, again if interested.

If you want to join the Billiards Club, or if you have any questions, please contact Marty Patten @ (303) 690-5971. Your feedback on when to schedule reserved times for play is appreciated.

PASSPORT FOR THE ARTS IS BACK FOR 2024

Please see listed below some dates and times for upcoming shows:

2024 Dates

Company • June 2nd 2:00 \$84.15 Need to sign up by April 5th

Wicked • July 28th 2:00 \$108.90 Need to sign up by June 10th

Please sign up at the Welcome Desk and bring your check at that time made out to DCPA.

Thank you, Donna Musciano • donna.Musciano@gmail.com 303.570.4287

"My Favorite Palette" Theme Guides Artistic Creations for April and May by Sheryl Hutchings

he Spanish artist Joan Miro once said, "I try to apply colors like words that shape poems, like notes that shape music." Our Watercolor and Beyond group took Miro's advice to heart in their efforts to illustrate our theme "My Favorite Palette." Paintings illustrating this theme will be on display

throughout April and May in the craft room, so stop by to view them in person!

Sharon Gregory was in a playful reflective mood when she sent in "Car Show," an acrylic work on canvas. Sharon says, "I love any shade of blue and this car spoke to me because of the color, first, and then the fun reflections."

Debbie Lyons, a new member of our painting group, is excited about "Lazy Lion, her first animal painting, which is a watercolor portrait of a lion she completed by following a guide to painting in a watercolor instruction book. "I am quite the beginner artist, so I'm excited to share my first animal painting. I tend to have an affinity towards pictures of lions as their faces look sweet and yet they are ferocious! Blues and greens are my favorite colors, and they pop with burnt sienna and black."

In a watercolor titled "Gentle Sunset," Pat Powell characteristically used some of her favorite transparent colors. "Wet on wet application leads to some interesting textures and blending. The painting must be thoroughly dry before continuing with negative painting to carve out shapes."

Of her painting entitled "Hanging Baskets," Elaine Tsmura says, "One of my favorite color combinations was used in this acrylic painting which was the result of a Visiting Artist Program session with local artist Susan Merriman. She demonstrated trees as a subject, but I turned my painted canvas upside down and created hanging baskets instead."

"Moon River" is Roxanne O'Rourke's submission for this month's theme. "Though I try to change my palette a little with each new painting, I seem to usually end up with variations of blues, greens quinacridone gold and white! On this acrylic painting I used collage, palette knife and brushes."

Christina Davis's oil painting called "Arles" portrays one of her favorite subjects, the red roofs of France and Italy. "After visiting Van Gogh's Arles in France, I was inspired to paint these wonderfully abstract red roofs that I could see looking down from one of the streets in town."

Using a limited palette, Cindy Tinkham-Shepherd created a watercolor depicting a Colorado scene. "It was fun to use three colors and mix as many shades as I could. Not sure if they're my favorites, but very flexible," says Cindy Tinkham-Shepherd of her painting titled "Lake Dillon."

Vivid primary colors were used in Linda Ault's still life painting, a still life **Lovely Fruits** watercolor of a hand-blown glass bowl and a fun place mat she purchased in Sweden. Ripe bananas and a crisp apple embrace the bowl. Linda calls her painting "Lovely Fruits."

"Goodbye To Winter" is the title that Carol Taylor chose for her watercolor bouquet. "Painting flowers provides my favorite pallet. All the many beautiful colors that nature provides."

Lynn Kowalski says, "One of my favorite palettes to use has the amazing colors of fall and fire; red, orange, yellow and gold. The name of this painting is "Flaming Trees." It was created with acrylic paint, lots of water, and a negative painting technique."

Her fellow painting enthusiasts often tease Sheryl Hutchings about her love of orange. "I always seem to gravitate to brighter, warmer, vibrant colors, and orange is indeed one of my favorites." This watercolor painting entitled "Defrosting Winter" uses a bright orange sunrise to warm up a frigid winter morning scene.

> "The colors live a remarkable life of their own after they have been applied to the canvas." ~ Norwegian artist Edvard Munch



Lazy Lion



Hanging Baskets



Car Show



Gentle Sunset



Arles



Moon River



Goodbye to Winter



Lovely Fruits

Lake Dillion









Ladies 9-Hole Golf Subcommittee *by Mary Scherr*

inter seemed long and cold, and golf was only a dream, but now it is April, and the clubs beckon us again. Back To Golf Night helped to assure us that we would return to the fairways soon. The Ladies 9-hole League committee was there to inform all women golfers with League information, answers to questions, and chocolates! Welcome to those who joined us that night and we look forward to a fantastic 2024 season.

The dues for regular membership are \$80 which includes the GHIN fee of \$50. If you are in more than one league, this GHIN fee is charged only once. In addition, the League offers a Social Membership for those unable to play. The cost is \$20 and includes the Opening and Closing Socials and golf on those two days.

Some of the highlights of the season include the everpopular Exchanges with 4 other area women's leagues including Aurora Hills, Red Hawk Ridge, Meadow Hills, Lone Tree, and our own at HEB. These events are always fun and great opportunities to meet golfers from other leagues. They fill up fast so watch for the sign-up information.

The Friendship Day Tournament is always a favorite with members and their guests and is scheduled this year for June 27th. The theme is "Putts, Pars and Plaids" so find your favorite plaid golf shorts, invite a friend, and come out and play.

Opening Day is May 9th and the first Scramble and Social is May 16th so mark your calendars and join us for the beginning of a great summer of golf.

If you are new to HEB or to golf and are looking for a fun, relaxed golf league, look no further than the Ladies 9-Hole League. We have the most fun of all the Leagues!

Fun Fact: Talking about plaids reminds us of Scotland and the first woman to play golf. Mary Stuart, Queen of Scotland from 1545 to 1562, reportedly loved the game and during her reign the famous St. Andrews golf course was built. She is credited with coining the word "caddies", derived from the word "cadets" which she called her assistants on and off the course.



QUEEN MARY of scotland

Pickleball by Brenda Waterhouse



"Good times never felt so good, so good, so good"

those are the words you will hear ringing in the night from the Pickleball courts on Ladies night. One of my favorite things to do with an amazing group of women singing and playing the night away.

HEB Pickleball Members, welcome to our 2024 season! I'm looking forward to another fun year of play and amazing social events!

As we start the year, I would like to remind everyone of the purpose of the HEB Pickleball Club is to promote and facilitate the play of pickleball as well as provide social interaction within our community. We should encourage inclusion, good sportsmanship, friendly competition and most of all, FUN!

I am thrilled to announce that Kevin and Eileen Brady will continue to manage our social events. Please help me thank them for all of their hard work. They also have an incredible support team Darrah Yates, Linda DeJulio, Terry Pearson, Tracie Field, Deb Roth, Mary Berringer, Patty Montoya, Gail Covert, Cathy Roberts, Donna Musciano, Diane Dengah, Dee Thornton – I'm sure I've missed someone. Please help me thank them all!

We have a number of activities already planned to include social and competitive events such as Trivia, June Picnic, August Pool Party, October Bingo, and our beyond incredible annual Christmas party. We will also plan a number of pickleball tournaments throughout the year to show us your stuff!

I would like to recognize our current leadership team:

Tracie Field	Co-Chair
Pam Baker	Treasurer
Susan Walsh	Secretary
Terry Kasper	Member At Large (training guru)
Carol Killingsworth	Communications Director
Kathy Harmon	Scheduling

This team spends a lot of time working on improving our club. When you have some time, take a minute to thank them. They are all very amazing people and do a ton behind the scenes for all members.

The HEB leadership team has constant communication with the HEB Master Board where we make recommendations regarding how usage, access, and the condition of the pickleball courts might be improved and expanded.

We will have weekly eBlast notices, articles in the monthly HEB magazine and communications coming to you on CourtReserve. Watch for all of these!

Until next time, let's be safe and have fun!





Eagle Bend Golf Association (EBGA)

Hopefully you were able to make it to Back to Golf Night! Meaning Spring is just around the corner!

The EBGA is open to all homeowners who occupy your homes and/or residents of Heritage Eagle Bend. We will provide an opportunity for all residents of HEB to participate in a fun series of couples golfing events.

All participants must have a current USGA Handicap Index. Teams will consist of one male and one female golfer. For all EBGA events handicaps will be capped at 40.4 index. Ladies will play from the green tee boxes. Men will have the option to either play the gold or white tees, (handicaps will be adjusted).

*REMINDER: Post scores on golf genius during The event or you are not eligible to Win prize money

Golf Genius is very easy to use and anyone in the Pro Shop or other golfers can assist you in how it works if you are not familiar. You only need to make sure you have a cell phone with you.

Membership fee is \$15/person (\$30 per couple)cash only please, which covers the admin fee and hole-in-one insurance. If you were not able to sign up at Back to Golf Night, other options would be to sign up and pay in the Pro Shop or you can pay at the first event you play in. There is a \$5.00 buy in per person at the start of every event. *Signing up at back to golf night is for payment only you still need to register online.* Please contact the Pro Shop or Jason with any questions. Please remember to get your proof of cart insurance into the Pro Shop to use your own cart.

Here are our tournament dates for 2024:

May 19th-1:00pm June 23rd-8:00am July 28th-8:00am August 25th-8:00am September 29th-8:00am

Committee Members

David Rose 303-946-3615 Howie Zaler 303-929-1381 Deb Poole 303-257-7177 Linda Schippers 303-809-9577 Bill Goeschel 303-359-0758

Golf Shop Corner by Jason Franke, PGA Director of Golf

olf is in FULL SWING now that the weather has started to improve and temperatures are increasing. We are ready to ramp up our league and group play for the season! If you are interested in joining any of those groups, please visit our Golf League & Group Information webpage on the Resident website.

As we start to knock the winter rust off, here's a few FREE golf tips for you before you play golf!

- Make sure your private golf cart has been properly charged before you play for the first time. This way we do not have to come and pick you up on the golf course!
- When playing golf in the wind, swing easier than you normally would to ensure good contact. You will hit more consistent shots and have more fun!
- Our golf muscles have been dormant during the winter, so make sure you stretch properly before you head back out on the course. Injuries early in the season can put a damper on your return.

Mark Your Calendars...

- Green Aeration April 1-2 Course Closed
- Get Golf Ready Clinics start in April!
- 2024 Golden Eagle Classic (Men's Member-Guest) – July 18-20
- 2024 HEBGC Club Championships (Men's & Women's) – August 3 & 4

Thank you all for your support of the Heritage Eagle Bend Golf Operations. If you need anything or have questions or concerns, please contact Jason Franke at (303) 400-6700 or jfranke@heritageeaglebend.com.

NEW RESIDENT REGISTRATION

All new owners, tenants, or family members who have moved in with you and not registered with the Admin Building, please contact the Admin Building at AGulley@heritageeaglebend.com or

720.235.1826

to obtain the New Resident Registration forms. We will email the information and process on how to return the completed forms, along with your ID and copy of the deed.

WE LOOK FORWARD TO HEARING FROM YOU!

Women's Golf Association *by Vicki Griffith* BACK TO GOLF NIGHT WAS A HUGE SUCCESS AND A LOT OF FUN. HAPPY TO SEE SO MANY FAMILIAR FACES AND MEET SOME NEWCOMERS!

We are over the snow and ready for a new 2024 season. The course is starting to green up and the grounds crew are already hard at work.

Many thanks to all involved in deciding to keep the course open during the Refurbishing project. It is all very exciting!

This time of year, I'm not sure what to talk about related to golf, sooooo I can talk about whatever I want!

So, I'm on my daily walk the other day and I ran into a lovely lady golfer, whose name starts with a "B". We talked about golf and I asked her if she is going to sign up for a league. She said, she wasn't sure and I offered the thought of the WGA. However, she didn't think she was interested because she was intimidated due to all the good golfers in that league. So, I let her know that I too was thinking that I wasn't good enough for the WGA but my experience has been very positive. One time I forgot to sign up for Tuesday morning so I called Craig and he told me not to worry about it, to come on up and he would put me in a foursome. OMG!! My foursome included Amy Z, Linda S, and Deb S. I'm not using their full names because I didn't have permission. Of course that didn't stop me with Amy Knowles, again I digress! Anyway, they are some of the best golfers in the WGA! I wasn't happy! I went in to see Craig and said "What kind of fresh golf Hell have you put me in?!" However, these gals couldn't have been nicer, more encouraging, helpful and patient. I hit my ball 3 times to their 1 but it was all good. I think they found me entertaining, you know, like comic relief! Deb S even calls me lemon head, which I think is enduring. Anyway, it was nothing like what I expected. No judgments! I don't know if I convinced the lovely lady whose name begins with "B" but it was all the truth. By the way she looks fabulous, I think she lost like a 100 lbs, which ticks me off, but I digress. I think I convinced a few ladies at Back to Golf Night !

We are looking forward to our upcoming Spring Lunch on April 23rd. We will play 9 holes that day and then have lunch!

Until next time I leave you with this! " I came, I saw, I forgot what I came for"



What is wrong with this picture?

Thursday Morning Ladies Golf Group by Cynthia Hungerford

adies, are you looking for an easy way to get a Thursday morning tee time? Well, look no further Ithan the Thursday Ladies Group!

This is a group that's perfect for the lady golfers who live in HEB and are looking for a fun, fast friendly round of golf with other HEB gals. You can build your own foursome to play with your friends or join others who want to meet new friends.

We play each Thursday morning from mid-April through late October, depending on the weather. There are no additional fees, only your green fees are required, and members are under no obligation to play each week. You don't need a GHIN, just tell us your average 18-hole score when you join. Tee times are allocated to the group by the Pro Shop and we usually start around 8:00am, depending on the time of year.

An invitation to play is emailed to everyone in the group 10 days prior to the play date. Interested players have 3 days to respond and the pairing are sent out 6 days before the scheduled date. Then all you have to do is show up, pay your green fees, play golf, and have fun!

If you would like to be included on the email list, send your name, phone, and your average 18-hole score (or handicap) to *ThursdayLadiesGroup@gmail.com*. Once your request is received, you will get a confirmation email in response. Looking forward to seeing you out on the links!



Ladies 9/18-Hole League (Tuesday Ladies Non-Competitive) by Liz Folk

Spring is in the air. The course is greening up. It's time to register for a new and exciting golf season with the Ladies 9/18-Hole League!

Are you wondering why this year's league designation is "9/18"? This means now you can play either 9 or 18 holes of golf in the Tuesday Ladies Non-Competitive! This new designation is based on membership input at the end of 2023. Leadership heard the membership's desires and acted on these wishes with the support and help from the Golf Pros. A big thank you to Jason Franke for accommodating this change.

Both 9 and 18 hole play will be accommodated on Tuesday mornings! There will be shotgun starts for all players. How will it work? Members will decide if they want to play 9 or 18 holes each week when they sign up to play. Based on each player's selection, they will be paired with like players. Most play days will accommodate both 9 and 18 hole play. There are a few exceptions which are the Member/Guest event and the Member/Member events. These will remain as 18 hole events.

With this new format for 2024, we are hoping to accommodate more members who cannot commit to play a full 18 holes each and every week. Members will have their choice of play each week.

The league is taking membership registration now. The fee remains at \$100 which includes the annual \$50 GHIN fee. For a registration form, please email Pam Finch at the email address below. Past members should have received a registration form to their email. The league's Golf Genius portal may be accessed via this link: *www.golfgenius.com/ggid/24heblnc*

The newly elected 2024 Leadership Team is preparing for the upcoming season. The Spring Brunch is set for Tuesday, April 30 at 10 AM. Opening day is Tuesday, May 7 with shotgun start of 8:30 am.

We look forward to seeing our returning members and welcome new members to the newly formed 9 and 18 hole league!

2024 Ladies 9/18 Hole League Leadership Team

Pam Finch – *Chair* (pam.finch51@gmail.com) Suzanne Vaughan – *Social* (suzspeaks@comcast.net) Karen Dorr – *Secretary* (karendorr@comcast.net) Karen Chisholm – *Social* (thechisholm@yahoo.com) Sue Evans – *Treasurer* (sevans365@gmail.com) Bev Petry – *Member/Guest* (beverlypetry@comcast.net) Sue Matteson – *Past Chair* (suemrdh@gmail.com) Jan Rankin – *Member/Guest* (jandonrankin@yahoo.com)

> THANK YOU TO OUR RESIDENTS AND GUESTS FOR ENSURING THE 25 MPH SPEED LIMIT IS FOLLOWED. SPEED LIMIT IS 25 MPH

Golf Cart Tires

Please ensure you have the proper tires on your golf cart so that they do not damage the course. All golf carts should have the Turf/Street tires and not the All Terrain tires. Carts with All Terrain tires will not be permitted to be used on the course.

Thank you for your understanding and cooperation.

TURF/STREET GOLF CART TIRES



ALL TERRAIN GOLF CART TIRES



GOLF CART SAFETY REMINDERS

Carts may be operated by anyone sixteen (16) years of age or older, providing that person has a valid driver's license. Please ensure that no one under 16 years of age is operating a golf cart.

Golfers, please be careful when entering the street from the golf cart paths. Drivers, please look out for golf carts on the streets.

Thank you for your attention to this very important safety matter.



Men's Golf Association by Larry Cotter • MGA Chair

ATTENTION: IF YOU HAVE NOT HEARD, DUE TO AN OUTSIDE EVENT OUR SPRING BUSINESS MEETING/LUNCHEON HAS BEEN MOVED TO TUESDAY APRIL 16TH AT NOON.

The course is open and waking up from the winter and the weather is getting warm, you know what that means don't you! Yep we are only weeks away from the start of the 2024 MGA season. It was great seeing all the familiar and welcoming new faces at back to golf night. We were happy to answer your questions get members registered and see that you are as eager as we are about getting the season underway.

If you are new to HEB or recently retired and want to join us on Wednesday mornings for a guaranteed tee time and a chance to play golf and meet old or new friends the MGA is for you. If your name appears in the HEB resident directory, simply log into the resident page of the HEB Home Page or portal and then use the GOLF tab followed by the "Golf Leagues" tab to get to the 2024 MEN's GOLF LEAGUE link and the HEB store to pay your dues. If you are new and not in the resident directory or don't want to pay online simply stop by the Golf Shop. For those who spend the winter elsewhere there is no deadline or cutoff of when you can join, the only requirement for joining is you have to pay your dues before participation whenever that is.

Each year we typically have approximately 10 -20 new members join our great league so rest assured if you like to play golf at any level we would be very happy to have you join this great organization.

We use the MGA Portal for everything related to the MGA. Here you will find everything from League Rules (BYLAWS), points of contact, Schedule of events and weekly results. Jason has been busy improving the registration process and everyone who played last year will automatically be transferred to this year's roster and once you pay your dues, you will be good to play and attend the Luncheon/Business meeting.

As I said last month the calendar has done us a favor this year and we have an extra week giving us 23 weeks of play. The schedule of events is posted on the MGA portal. Our schedule did not change that much this year. We have a great variety of individual, two man and 4 man events making it fun and a great opportunity for golfers of all levels. Listening to our members we eliminated the Worst Ball competition and added in a Team Quota event that looks like it will be a fun event. Remember to mark your calendars for the last week of May, June, July and August as like past years the last Wednesday of the month are stroke play weeks.

Of special note this year the MGA is happy to let you know that we are working with Heritage Todd Creek to have a two day "Challenge" between our two Men's clubs. At this



onday Fun Group is changing this spring to Wednesday Nine and Dine. It will continue to be a fun, lighthearted 9-hole golf scramble with a shotgun start at 5:00 pm. We will sign up via Golf Genius through the Pro Shop. It's a great way to meet new neighbors, get together with old friends, play a little golf, and converse over dinner and a beverage.

Play will take place on the front 9 holes, which will limit the weekly playing field size to 64 players. Signups will open 2 weeks in advance and a waitlist will be started once the field is full. The signup deadline through Golf Genius will be 5 pm each Monday for that week's Wednesday 9 & Dine. Dinner will still be optional with details emailed to players in advance for signup.

For those who have not already signed up with Golf Genius, but are interested in taking part in our weekly golf scramble, please send your name and email address to Lynn or Hal Nelson. We will then forward that information to the Pro Shop to add you to the correspondence for Wednesday 9 & Dine.

Our first night back on the course is scheduled for April 24th, weather permitting. Hope to see you there!

Lynn Nelson lynn_nelson712@comcast.net Hal Nelson pipernelson@comcast.net

time we are looking at playing at Todd Creek the morning of Thursday 5 September and here at HEB on Tuesday afternoon, 10 September. Both events will have a dinner/lunch following the rounds to interact with our Heritage counterparts and award prizes and the winner will take possession of the HERITAGE CUP for the year. More news to follow!

As usual if you have any questions feel free to contact any of the MGA leadership committee members or stop by the pro shop. We look forward to seeing you at the Kickoff Banquet/Business meeting on April 16th followed by our first week of play on April 17th.

STAY SAFE AND LET'S HAVE A GREAT 2024 MGA SEASON.



Flexible and Casual Monday Men's Golf by Larry Place

onday Morning Men's Golf is an HEB tradition since the 2000s. Are you interested in a flexible and casual round of golf with fellow HEB residents? This could be the group for you. It can be a great way to meet new friends, neighbors, and other golfers you do not normally play with.

No need to play every week. No fees to be on the email list. You can pick whether you want to play in the early morning one week and in the late morning another week depending on your schedule. You can pick to play with some of your buddies or pick to meet new residents or a combination. You can sit down for a drink and/or a meal in the Eagle's Nest after your round. You only pay for applicable green's fees and cart fees on weeks when you decide to play.

All I need from you is your name, email address, preferred tees, and either your GHIN handicap or an average score and I will pair you up with players of similar ability who are playing on the same tees. If your ability goes up or down or you want to change tees during the season, let me know and I can change your preferences. In 2024, we are scheduled to play from March 18th through October 28th weather permitting. Tee times vary from 7:30 through 10:57 depending on the



time of year with 4 noon shotgun starts scheduled due to course maintenance. I will send out an email to the group 10 days prior to the date of play and after responses have been gathered, I will send out the tee sheet 5-6 days before the date of play. The player then just needs to show up, pay applicable fees, play golf, and have fun.

If you would like to become part of my email list, send your name, tee box preference, and handicap or average score to hebmmg@gmail.com or call me at 303-617-5419.

Tennis Club by David Peck

Rebruary has been a good month for tennis at HEB. We played several times and always filled both courts. We are hopeful March and April will provide us with good weather and the opportunity to play often. Several of the club members have been away for the winter and are anxious to return and join us on the courts again. We have added some new club members and hope to continue that trend this spring and summer. Due to the increased interest we are adding a Friday morning session to our schedule. This will be for all club members to play at the same time each week. This Friday morning schedule addition will become our 5th morning per week. We will continue our Thursday evening mixed doubles schedule as soon as the weather permits.



I attended a planning session with the Master Board on February 14th to discuss the future of the two HEB tennis courts. I appreciated the opportunity to explain why these 2 tennis courts are essential to our tennis playing community. I believe a solution has been proposed that keeps these 2 courts intact now and into the future. I appreciate the board's consideration of this as well as the support of the non-tennis playing community here at HEB. One of the great aspects of living here at HEB is the myriad of activities available to all of us. It is important to protect and preserve all of these activities for everyone's enjoyment.

The new schedule is posted at the tennis courts as well as the shared pergola. The intermediate and advanced players are playing on Tuesday and Saturday mornings, with the women on Monday and Wednesday mornings. The entire club will be playing on Friday mornings and the mixed doubles will play on Thursday evenings. Start times are currently based on the weather. Some residents have shown an interest in playing tennis again so we will be setting up some clinics to help them get back into the sport this spring. Please let me know if you or anyone you know would like to start playing tennis with us. We are a very social and fun loving group! I have attached a recent picture from our tennis games in February. It was another of many great times on the courts. Please call or email me with any questions or comments.

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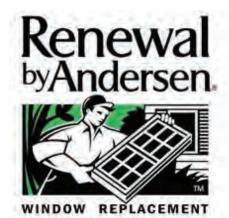
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Trying to get by WITHOUT installing a Whole House Water Filtration and Conditioning System? HERE'S WHAT'S AT RISK.



SERVICE DIRECTO

The comparisons and the concerns for Aurora Homeowners...

Do you use a water softener or consider getting one? Or do you try to get by with just bottled water avoid contaminants in your drinking water? But what about all the contaminants that are absorbed in your body with every shower and hand-washing?

We delve into the most common methods that are used to "shortcut" their way to a healthy home and body, shedding light on shortcomings in comparison to purchasing a whole home water filtration and conditioning system. Navigating the landscape of the whole home system can also be a daunting task! Options available range from various technologies to different filtering capacities, choosing the right solution is crucial for ensuring the well-being of both our families and our homes' plumbing infrastructure.

One whole home solution that has emerged as a beacon of reliability and efficiency in achieving superior water quality throughout every corner of the home. It's called the Halo 5. It's maintenance-free, WQA Tested and Certified and has a 10-year warranty. We will shed light on the pitfalls of the other methods when compared to the Halo5 and we'll uncover the key considerations that make Halo5 the recommended choice for those seeking unparalleled water quality and comprehensive home-wide conditioning.

WHOLE HOME SYSTEM VS BOTTLED WATER?

Choosing between a whole home water filtration system and bottled water significantly impacts water quality and accessibility. Unlike bottled water, the whole home system retains essential minerals, offering a balanced drinking experience and extending its benefits to bathing and cooking. Additionally, the whole home system eliminates Xenoestrogens and BPA, common in bottled water, ensuring a healthier water supply. Cost-effective and environmentally friendly, the whole home system is priced at about 1/1000th of bottled water, making it a prudent choice for both healthconscious and budget-conscious consumers. Curious about the contaminants in your drinking water? Visit https://www. ewg.org/tapwater and enter your zip code for the list of 17 contaminants in Aurora water that reportedly exceed the EWG health guidelines.

WHOLE HOME SYSTEM VERSUS A WATER SOFTENER?

The differences between a whole home system such as the HALO 5 and traditional water softeners are striking and warrant careful consideration. Despite the HALO 5 often being competitively priced or even more affordable than traditional softeners, the softeners are often a less effective solution for combating issues like hard water, scale, and corrosion. In contrast to softeners, the HALO 5 Whole House Water Filtration and Conditioning System delivers alkaline, highly filtered water throughout the entire home, eliminating the need for specific reverse osmosis installations at various points. Importantly, traditional softeners lack the ability to filter contaminants, potentially exposing households to risks. Conversely, the HALO 5 transforms dissolved calcium and magnesium into harmless crystallized formations, providing a more advanced and environmentally conscious approach to addressing hard water concerns.

In short, the findings showed that the proprietary HALO ION water conditioner solves hard water problems by physically treating the water. No chemicals are added to the water. Halo filtrations systems are effective at reducing chlorine and chloramines & other chlorination by-products.

Want to know how the water in your home measures up? Aurora homeowners can receive a free water evaluation and free consultation on a whole house water filtration and conditioning system by mentioning this article to the preferred provider - Patriot Pros Plumbing, Heating, Air and Electric of Castle Rock. This premium home service provider is the preferred whole home filtration installer of the Halo 5 offering plumbing expertise, excellent customer experience and quality installation. There is a 10-year warranty on all Halo 5 and they are known for their "up front pricing" and have a 100% satisfaction guarantee. Family-owned Patriot Pros is also BBB A+rating, 4.7 google rating for Plumbing, Heating, Air, and Electrical Home Services and has been in business for 26 years. To learn more about the Halo 5, watch the video at patriotpros.com/halo5. Call (720) 213-8904 or book your free consultation for water assessment online at patriotpros.com – just click "Book Now."

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Please be sure to notify the Admin Bldg by contacting Alison Gulley at AGulley@heritageeaglebend.com or 720-235-1827 for any changes to your contact information

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