



October 2023 | Edition 262

# NEWS

HOA OF THE YEAR 2021  
*CAI Rocky Mountain Chapter*

*by Joe Bacheller*





## Events at Your Clubhouse

Here in your magnificently remodeled Clubhouse, you'll find over 37,000 square feet of event space. Ready to accommodate everything from weddings, receptions, banquets, family events, conferences, parties and more! Your Clubhouse can host everything from grand to intimate with the exceptional level of service you have come to expect.

Contact Jennifer Stoneking today to plan your next event by emailing or calling!

[jstoneking@heritageeaglebend.com](mailto:jstoneking@heritageeaglebend.com)

720.235.1822







## AN AGE-RESTRICTED COMMUNITY

### MASTER ASSOCIATION BOARD OF DIRECTORS

**President:** Rick Matteson, 720-955-7757

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**Director:** Steve Gallagher, 732-598-5507

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## HERITAGE EAGLE BEND GOLF CLUB STAFF

### Administrative Office

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## HERITAGE EAGLE BEND GOLF CLUB NEWS

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**Deadline for submission of articles is the 5th of each month.**

Contact Jillian Wyatt at

[JWyatt@heritageeaglebend.com](mailto:JWyatt@heritageeaglebend.com) or 720-235-1831

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### CLUBHOUSE

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### WELCOME DESK

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Welcome Desk 303-693-7788

Ext. 120 and 119

### UPDATED HOURS

#### Welcome Desk Hours

Monday – Sunday 7:00am – 8:00pm

#### Clubhouse Hours

Monday – Saturday 7:00am – 9:00pm

Sunday 7:00am – 8:00pm

#### Administrative Office Hours

Monday – Friday 8:00 am – 4:30 pm

### EAGLE'S NEST HOURS

#### Breakfast:

Monday – Saturday 8:00am – 11:00am

Sunday 8:00am – 12:00pm

#### Lunch:

Monday– Saturday 11:00am – 4:00pm

Sunday 12:00pm – 4:00pm

#### Dinner:

Tuesday – Saturday 4:30pm – 8:00pm

#### Bar:

Tuesday – Saturday 8:00am – 9:00pm

Sunday – Monday 8:00am – 6:00pm

### MSI

Contact Kristen at

[KKennedy@msiho.com](mailto:KKennedy@msiho.com) or 720-974-4189

for Ledgers or Billing info (statements)

or at [www.msihoa.com](http://www.msihoa.com) to request a status letter  
if you are selling your home.



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### VISION STATEMENT HERITAGE EAGLE BEND GOLF CLUB

will be recognized as a premier  
age-restricted community in Colorado.

### MISSION

Preserve and enhance the value of our community  
by operating and maintaining  
our common elements and offering services  
to standards that support our vision.

Inclusion of any advertisement in this magazine shall  
not be deemed to be an endorsement of the advertiser  
by the Master Association.



## LANDSCAPE SERVICES FOR 2023-2024



Landscape Services are limited  
to the following:

Aerification (Spring & Fall)  
Irrigation System Turn On & Turn Off  
Snow Pushing

Additional Services:  
Leaf clean up (spring & fall),  
shrub pruning/removal,  
putting down mulch  
Holiday lights hanging & take down

Contracts are available at the  
Welcome Desk or by contacting  
720-235-1852 or  
turf@heritageeaglebend.com

## UPCOMING MEETINGS

### Architectural Advisory Committee

Monday, October 16th, at 2:00 pm

### Facilities & Grounds Committee

Thursday, October 12th, at 3:00 pm

### Financial Advisory Committee

Thursday, October 19th, at 2:00 pm

### Golf Committee

Thursday, October 12th, at 9:00 am

### Legal & Compliance Committee

Wednesday, October 18th, at 2:30 pm

### Master Board Meeting

Thursday, October 26th, at 2:00 pm

### Master Board Work Session

Wednesday, October 11th, at 2:00 pm

Please check with Jennifer Stoneking at  
JStoneking@heritageeaglebend.com  
or 720-235-1822 for location

If you change your meeting time and date, be sure to notify  
Jillian Wyatt at JWYatt@heritageeaglebend.com

\*Notices presented in this publication are intended for legal and  
informational purposes and cannot be used as a platform for  
particular religious, political or philosophical points of view.

*Management reserves the right  
to make editorial decisions on content.*



## President's Message

by Rick Matteson, President of Master Board

The proposed 2024 budget is nearly finalized and will be presented to the community in early October. We will hold Town Halls at 2 p.m. on Monday, October 2 and at 5:30 p.m. on Wednesday, October 4. Both meetings will be in the Antero Room. I hope you will find time to attend one of these meetings – they offer a good opportunity to understand HEB's finances and to get answers to questions you may have about the proposed budget.



You should receive budget and voting information from your Delegate on Friday, October 5 or shortly after that. Please take the time to fill out your ballot and return it to your Delegate. This ensures that your personal decision is represented during voting. If you do not personally vote, your Delegate will make that decision for you and cast your ballot.

By the time you read this, The Garrett Companies probably has started work on the Echelon apartment development. The first step – site grading – is expected to take about six weeks. Garrett then will temporarily fence the entire site; during construction this will include security cameras that automatically alert police of intrusions.

Garrett has agreed not to utilize South Quemoy for construction. Construction traffic will enter from Aurora Parkway, and workers will park on the construction site. Garrett's contracts with subcontractors will include a clause prohibiting their workers from parking on South Quemoy. Garrett's security company will maintain license plate records of all vehicles onsite. Work will be done Monday-Saturday within hours allowed by the City of Aurora. There will be no Sunday work. The first residents are expected to move in about late 2024, with completion scheduled for approximately September 2025.

At some point there will be minor work on South Quemoy, such as water line and sidewalk work and creating an entrance into Echelon. This will be a secondary entrance, as allowed by the easement U.S. Homes granted when they sold the property many years ago. The primary entrance will be on Aurora Parkway. Garrett does not plan to open the South Quemoy entrance until construction is complete.

Garrett has committed to keeping us informed as the development progresses, and we will do our best to pass that information on to the residents quickly via eblasts.



## General Manager's Message by Gene Blum

Fall is here, and with the changing of the season, comes even more fun here at HEBGC. We have quite a few events coming up in the month of October. Oktoberfest will be a little different this year, instead of just one night of fun, we are expanding German offerings to three days starting on October 3rd. There will be food and drink specials in the Eagle's Nest on these days, so keep an eye out for announcements. On October 11th, we are proud to bring another one of our incredibly popular wine dinners, with our Orin Swift Wine Dinner. We have picked the wines for this special night and Chef is busy coming up with delicious pairings for them. This event will sell out, like always, and we can't wait to see you again on this special night. Get your tickets! At the end of the month, things get scary with our annual Halloween Masquerade Ball, and HEBGC residents always go all out and are so creative. I can't wait to see what everyone comes up with this year!



The fall also brings our time to submit the 2024 Master Business Plan and Budget, which we are finishing up right now to share with residents. We will be presenting the plan with two town hall meetings in the Antero Ballroom on October 2nd at 2 pm and October 4th at 5:30 pm. There is a lot of information to learn at these events to help you make an informed decision when it comes to voting. We look forward to seeing you.

There are also a lot of events coming in November to mark your calendars for. Please save the date for our annual Veterans Day Buffet on November 11th. It's our night to honor all our veterans with a complimentary dinner to thank them for their service. Following the dinner there will be a Veterans Day program in the Antero Ballroom. We will also be hosting our annual Thanksgiving Day Feast on the 23rd. This annual family event will fill up fast, so get your reservations in as soon as they become available. At the end of the month, we will be having another wine experience to enjoy with a wine tasting event on the 29th. Keep an eye out for announcements on the menu and wine pairings.

The holidays are fast approaching, and it is a wonderful portion of the year! The decorations and lights around the Clubhouse and community will be going up soon and we will be turning on all the lights the day after Thanksgiving. Our wonderful residents and HEBGC staff set up all the decorations inside the Clubhouse and we want to thank them in advance for all their hard work. Once again, we have so many fun things happening this fall and I look forward to seeing all of you at the Clubhouse.



## Traditions Talking by Traditions Eagle Bend Board Members

### FINANCIALS

The operating results (subject to audit) for year-to-date July 2023 are complete. The net result is an excess of \$116,565 versus a budgeted surplus of \$222. We have lower expenses in communal water, landscape services and snow removal expenses. We are expecting higher expenses over the next few months as water and landscape services reach their heights during the summer months. For July 2023 reserve net income shows a deficiency of \$22,117 vs budgeted surplus of \$69,814. This underrun in surplus is due to the timing of some expenditures, which should correct itself over the next few months.

### INCOME STATEMENTS

#### TRADITIONS EAGLE BEND HOMEOWNERS ASSOCIATION, INC. • YTD JULY 2023

|  | Operations     |                |                | Reserves       |                |                |
|--|----------------|----------------|----------------|----------------|----------------|----------------|
|  | Actual<br>2023 | Budget<br>2023 | Actual<br>2022 | Actual<br>2023 | Budget<br>2023 | Actual<br>2022 |
| Total Revenues                                   | \$ 400,912     | \$ 399,616     | \$ 373,101     | \$ 162,591     | \$ 164,932     | \$ 155,490     |
| Total Expenses                                   | 284,347        | 399,394        | 421,377        | 184,708        | 95,118         | 102,543        |
| Excess (Deficiency) of Revenues<br>Over Expenses | \$ 116,565     | \$ 222         | \$ (48,276)    | \$ (22,117)    | \$ 69,814      | \$ 52,947      |

### BOARD OF DIRECTOR CANDIDATES AND PRESENTATION OF 2024 BUDGET AND BUSINESS PLAN

Please read the candidates' bio, mark your calendars for September, 19 @5:30 to hear from them, bring your questions about the 2024 packet your received, and listen to the presentation.

#### TRADITIONS HOMEOWNERS:

#### THE ANNUAL BUDGET, BUSINESS PLAN AND DIRECTOR VOTING INFORMATION WAS MAILED TO ALL EARLY SEPTEMBER.

Hopefully you attended the 2024 Board of Director Candidate, Budget and Business Plan Presentation on September 19, 2023 to gain information and insight prior to completing your ballot.

**Please take the time to read the candidates' bios and vote.** Deadline for ballot return in 5pm, October 16, 2023. Drop off at the Welcome Desk or mail in to address listed on ballot. We urge you to attend your Annual Traditions Meeting on Tuesday, October 17, 2023 to be informed of ballot results, meet new friends and become active in your Traditions community.

ANNUAL 2024 BUDGET MEETING  
AND VOTING RESULTS  
**OCTOBER 17<sup>TH</sup>**  
**AT 5:30 PM**  
IN THE ANTERO ROOM

Traditions Hotline  
303.343.4011

## TRADITIONS BOARD OF DIRECTOR ELECTION CANDIDATES - BIOS

### Bob Janky

I have been a resident of Traditions for 14 years. My involvement with the community includes being the Delegate for District 34 for the last 7 years. I have served on the cost reduction for three years working on the configuration and efficiency of our communal irrigation system.



Last November, I was asked and joined the Board as the Irrigation Statistician to continue how to improve and monitor the operation of the of the System at the Board level.

I have a degree in Business Administration and have owned and operated a Home Medical Equipment Company where I developed the accounting and operations systems. I also have 13 years of experience in Residential Property Management developing budgets, overseeing the daily accounting process and the overall operations of the company.

Serving on the Cost Reduction Committee and the last year serving on the board has given me an overall knowledge of Traditions Programs. I feel my experience in accounting and management is an asset to the Board.

### Annette McCreadie

Here's life in a nutshell....

I grew up in Dayton, Ohio and received a BS in Education from Miami University, going on to teach special education in Ohio and Florida. Next came a Masters in Education from University of Central Florida and then teaching "the new computer technology" to thousands of Traveler's insurance agents in the 1980s.



One of those agents, Bruce McCreadie, is my amazing husband of 37 years! Of course, a few years later in 1989, our twin daughters arrived and there's never been a dull moment since...

After that came the Ph.D. and being the school principal / Director of Education for the Cleo Wallace Center here in Denver.

Then we moved back to Florida where I spent the past 23 years in real estate working closely with hundreds of HOAs and management companies.

Three years ago, we moved back to Colorado! We finally found a home in HEB last spring! After attending the Traditions meeting, I'm ready to step up to the plate on behalf of all of us. Cheers to many wonderful days ahead!



## TRADITIONS BOARD OF DIRECTOR ELECTION

## TRADITIONS BOARD OF DIRECTOR ELECTION CANDIDATES - BIOS

**Debra Schaefer**

Debra Schaefer is a proud Colorado native who has deep roots in her community. After attending the University of Colorado Denver (UCD), where she honed her skills in business, Debra embarked on a fulfilling career dedicated to empowering small business owners. As a legal services provider, she passionately advocates for entrepreneurs, helping them navigate legal complexities and achieve their dreams of success.

Alongside her partner Jerry, Debra enjoys exploring the beautiful Colorado mountains, golf, travel, quiet moments at home, and creating cherished memories together. Debra finds immense joy in her role as a loving mother to two children and a doting grandmother to three grandchildren. Her nurturing nature extends beyond her family as she is actively involved in the community, serving as a dedicated member of the Aurora Chamber of Commerce. Debra's green thumb and love for gardening provide her with therapeutic escape, reflecting her commitment to nurturing growth both personally and within her community.

**Steve Ribbens**

Steve Ribbens moved into the Traditions Community of Heritage Eagle Bend in September, 2022. Steve is married to Bren and they are both very active in the HEB Pickleball Club.

Steve was a teacher and coach at Denver Christian HS before becoming a HS Principal in three different schools. Steve then led Denver Youth for Christ as the Executive Director after which he worked for a few more non-profits as a Development (aka fundraising) professional. In 2007, Steve started his own recruiting company where he specializes in recruiting executives in the oil and gas industry.

Steve has served on the Foundation Board of both Denver Christian and Leman Academy. He also led the Racial Dialogues program at Colorado Community Church which set-up opportunities for people of different cultural backgrounds to engage in conversations about race with each other.

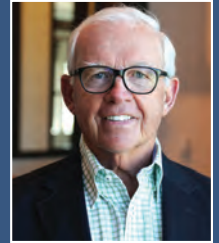
Steve and Bren have three sons and two grandchildren.

**Ed Doherty**

My wife and I have lived in HEB for 8 years now and have come to appreciate the dedication of the board members, district delegates and other volunteers. In addition, we enjoy all of the benefits of living in such a wonderful community.

My background consists of 20 years in Law Enforcement in various local and federal agencies in NYC and Denver, Vice President of Sales of an International Telecommunications company, as well as President of the Littleton Station HOA from its inception until we moved to HEB. My Bachelor of Science is from Columbia.

I feel it is time to step up and contribute some of my skills to the Traditions Board.

**Don Rowlands**

My wife, Karen, and I were lifelong residents of Nebraska until 2018 when we moved to Heritage Eagle Bend to be closer to our daughters, sons-in-law and 4 granddaughters.

I hold a bachelor's degree in business as well as a law degree, both of which were obtained from the University of Nebraska-Lincoln. I was in private practice for 12 years before being appointed a District Judge in 1986. I served in that capacity for 32 years.

While in Nebraska I served as President of the Nebraska District Judges Association, President of the Lincoln County Drug and Alcohol Program, Vice President of the Holy Spirit Parish Council, and a board member of Nebraska Legal Aid.

I currently serve on the Legal and Compliance Committee of HEB and would like to begin serving Traditions as a Board Member.

**Bryan Campbell**

Bryan Campbell recently moved to the HEB Traditions neighborhood and is seeking election to the Board of Directors. He is a lifelong resident of Colorado. He holds graduate degrees in Engineering and Management from the University of Colorado, Boulder. During his 45-year career, Bryan held positions of increasing responsibility and leadership with three of Colorado's largest corporations. He served for two decades in a technical executive role with Hewlett-Packard. Bryan will bring strong leadership, open communications, group facilitation, and compassionate community relationship skills to the Traditions Board. Bryan recently completed a three-year term with the Town of Parker Special Licensing Board, which controls liquor licensing and license enforcement.







## SUMMARY TREASURER'S REPORT • JULY 2023

## 2023 OPERATIONS INCOME STATEMENT--UNAUDITED

## HERITAGE EAGLE BEND

July

|                                    |                       | 2023<br>Actual    | July<br>2023<br>Budget | 2022<br>Actual    | 2023<br>Actual    | July<br>2023<br>Budget | 2022<br>Actual      |
|------------------------------------|-----------------------|-------------------|------------------------|-------------------|-------------------|------------------------|---------------------|
| <b>Revenues:</b>                   |                       |                   |                        |                   |                   |                        |                     |
| Cash and Investments               | Golf                  | \$ 384,892        | \$ 381,812             | \$ 338,374        | \$ 1,298,704      | \$ 1,311,181           | \$ 1,203,890        |
|                                    | Food and beverage     | 219,362           | 221,540                | 225,845           | 1,272,189         | 1,098,405              | 1,011,317           |
|                                    | HOA                   | 292,847           | 292,298                | 292,659           | 2,121,916         | 2,094,366              | 2,062,104           |
|                                    | <b>Total revenues</b> | <b>897,101</b>    | <b>895,650</b>         | <b>856,878</b>    | <b>4,692,809</b>  | <b>4,503,952</b>       | <b>4,277,311</b>    |
|                                    |                       |                   |                        |                   |                   |                        | -                   |
| <b>Cost of Sales:</b>              |                       |                   |                        |                   |                   |                        |                     |
|                                    | Food and beverage     | 76,979            | 78,588                 | 79,899            | 457,107           | 392,941                | 384,119             |
|                                    | Golf shop             | 15,078            | 16,085                 | 12,553            | 56,627            | 57,096                 | 52,313              |
| <b>Payroll and Benefits</b>        |                       | <b>353,646</b>    | <b>338,719</b>         | <b>353,146</b>    | <b>2,228,502</b>  | <b>2,178,817</b>       | <b>2,178,297</b>    |
| <b>Other Operating Expenses</b>    |                       | <b>241,385</b>    | <b>290,445</b>         | <b>299,900</b>    | <b>1,778,374</b>  | <b>1,889,731</b>       | <b>1,774,292</b>    |
| <b>Total Expenses</b>              |                       | <b>687,088</b>    | <b>723,837</b>         | <b>745,498</b>    | <b>4,520,610</b>  | <b>4,518,585</b>       | <b>4,389,020</b>    |
| <b>Net Operating Income (Loss)</b> |                       | <b>\$ 210,013</b> | <b>\$ 171,813</b>      | <b>\$ 111,379</b> | <b>\$ 172,199</b> | <b>\$ (14,633)</b>     | <b>\$ (111,709)</b> |

Footnote - Audit Adjustments from 2022 made following changes to 2023 YTD Actuals

1. Payroll Adjusting Entry - Moved from 2023 to 2022

2. Operating Expense Adjustment - Moved from 2022 to 2023 then moved to Reserve

## CASH FLOW AND BALANCES--UNAUDITED

## Heritage Eagle Bend Master Association

July

|  | July  |                             |                               |                                |                  |                  |
|--|---|-----------------------------|-------------------------------|--------------------------------|------------------|------------------|
|  | Operating Fund<br>Unrestricted<br>and Available | Contingency<br>(Restricted) | Litigation Settlement<br>Fund | Capital<br>Improvement<br>Fund | Reserve<br>Fund  | Total            |
| Cash and Investments January 1, 2023                   | 906,132   | 627,630                     | 593,512                       | 325,782                        | 2,160,875        | 4,613,931        |
| <b>Sources and (Uses) of Cash:</b>                     |   |                             |                               |                                |                  |                  |
| Excess(Deficiency) of Revenues Over Expenses           | 172,199   | 8,681                       | 7,577                         | 154,751                        | 1,148,560        | 1,491,768        |
| Non-Cash Charges to Income                             |   | 1,127                       | 840                           | 427                            | 11,555           | 13,949           |
| Change in Working Capital                              | 441,368   | -                           | -                             | (1,480)                        | -                | 439,888          |
| Capital Expenditures                                   |   |                             |                               | -                              | (152,835)        | (152,835)        |
| Repayment of Inter-Fund Loans:                         |   |                             |                               |                                |                  | -                |
| Principal  |   | 43,470                      | 55,403                        | (150,013)                      | 51,141           | -                |
| Interest   |   | 2,110                       | 2,689                         | (7,281)                        | 2,482            | -                |
| Capital Contribution--Operations to Reserve            | (56,339)  |                             |                               | -                              | 56,339           | 0                |
| Homeowner Contributed Capital                          | -   | -                           | -                             | 56,520                         | -                | 56,520           |
| <b>Net Increase (Decrease) in Cash and Investments</b> | <b>557,228</b>                                  | <b>55,388</b>               | <b>66,509</b>                 | <b>52,924</b>                  | <b>1,117,243</b> | <b>1,849,291</b> |
| Cash and Investments July 31, 2023                     | 1,463,360                                       | 683,018                     | 660,021                       | 378,706                        | 3,278,118        | 6,463,222        |

## Village Voice by Myrla Marshall

October is here and with it we start to transition from leaf cleanup and move to snow. Leaves will be removed after most have fallen from the trees. The good news is we have retained Mountain State for snow removal this season, with no price increase.

A reminder that in the Villages all cars must be parked in your garage overnight. We also want to remind everyone that we have limited Visitor Parking, and homeowners should not use those spaces. If you need any exceptions please contact the Administrative Office.

Finally and most importantly you all should have received your budget packet. If you have not, please contact the Administrative Office. It is important that you return your ballot by October 23rd. There is a drop box for the ballots at the Welcome Desk. We have included the new Reserve Study. Based on our current knowledge it shows that if we continue at the \$75 monthly contribution per homeowner to the Reserves, we are able to meet our known future obligations. If anyone has any questions, please call the hotline 303-343-4011 and a board member will return your call.

| QUARTER 2 YTD     | ACTUALS   | BUDGET     |
|-------------------|-----------|------------|
| TOTAL INCOME      | \$307,406 | \$307,528  |
| TOTAL EXPENSE     | \$271,614 | \$334,528  |
| NET INCOME (LOSS) | \$35,792  | (\$27,000) |
| RESERVES          | \$432,649 |            |

PLAN ON ATTENDING OUR BUDGET RATIFICATION MEETING  
TUESDAY, OCTOBER 24<sup>TH</sup>, 2023 • 5:15 PM



## MASTER 2024 BUDGET MEETING DATES & TIMES

THE FIRST RESIDENT TOWN HALL WILL BE HELD ON  
MONDAY, OCTOBER 2, 2023, AT 2:00 PM  
IN THE ANTERO ROOM.

THE SECOND RESIDENT TOWN HALL WILL BE HELD ON  
WEDNESDAY, OCTOBER 4, 2023, AT 5:30 PM  
IN THE ANTERO ROOM.

VOTES WILL BE TALLIED ON TUESDAY, NOVEMBER 7, 2023,  
AT 5:30 PM. WATCH EBLASTS FOR MORE INFORMATION.

## NOTARY SERVICES

*Did you know the HEB offers notary services?*

We have two notaries available in HEB  
to help with your notary needs.

**PLEASE CALL TO SCHEDULE AN  
APPOINTMENT BEFORE COMING IN FOR  
NOTARY SERVICES.**

If your document requires witnesses,  
please be sure to bring your own witnesses with you.

To schedule an appointment,  
please call 720-235-1827  
or email [agulley@heritageeaglebend.com](mailto:agulley@heritageeaglebend.com).



## SHREDDING EVENT

OCTOBER 14TH  
AT 9:00AM  
AT THE HEBGC  
UPPER PARKING LOT

## HEB EBLASTS?

ARE YOU SIGNED UP TO RECEIVE EBLASTS FROM HEB?

IF NOT, PLEASE EMAIL JEFF LAMBERT AT [JLAMBERT@HERITAGEEAGLEBEND.COM](mailto:JLAMBERT@HERITAGEEAGLEBEND.COM)

WITH YOUR CHOICE OF PASSWORD AND JEFF WILL GET YOU ALL SET UP,  
SO YOU WON'T MISS ANY IMPORTANT HEB INFORMATION!

Monday - Saturday POOL HOURS FROM 7:00AM - 9:00PM

Sunday POOL HOURS FROM 7:00AM - 8:00PM

| TIME            | MONDAY                           | TUESDAY                 | WEDNESDAY                   | THURSDAY                | FRIDAY                  | SATURDAY   | SUNDAY    |
|-----------------|----------------------------------|-------------------------|-----------------------------|-------------------------|-------------------------|------------|-----------|
| 7:00AM-8:00AM   |                                  |                         |                             |                         |                         |            |           |
| 8:00AM-8:55AM   | STU'S AQUACIZE                   | STU'S AQUACIZE          | STU'S AQUACIZE              | STU'S AQUACIZE          | STU'S AQUACIZE          |            |           |
| 9:00AM-10:00AM  | WATER AEROBICS<br>Paula Peterson | AQUACISE<br>Lynda Shirk | AQUACISE<br>Rita Stansberry | AQUACISE<br>Lynda Shirk | AQUACISE<br>Susan Havel |            |           |
| 10:00AM-10:15AM |                                  |                         |                             |                         |                         |            |           |
| 10:15AM-11:30AM | AQUACISE<br>Nancy Zanetti        |                         | AQUACISE<br>Joyce Mannix    |                         | AQUACISE<br>Susan Hayes |            |           |
| 11:30AM-12:00PM |                                  |                         |                             |                         |                         |            |           |
| 12:00PM-12:30PM |                                  | WATER                   |                             | WATER                   |                         | WATER      |           |
| 12:30PM-1:00PM  |                                  | VOLLEYBALL              |                             | VOLLEYBALL              |                         | VOLLEYBALL |           |
| 1:00PM-2:00PM   |                                  | ↓                       |                             | ↓                       |                         | ↓          |           |
| 2:00PM-3:00PM   | KID HOURS                        | KID HOURS               | KID HOURS                   | KID HOURS               |                         | KID HOURS  | KID HOURS |
| 3:00PM-4:00PM   | ↓                                | ↓                       | ↓                           | ↓                       |                         | ↓          | ↓         |
| 4:00PM-5:00PM   |                                  |                         |                             |                         |                         |            |           |
| 5:00PM-6:00PM   |                                  |                         |                             | ↓                       |                         |            | ↓         |
| 6:00PM-7:00PM   |                                  |                         |                             |                         |                         |            |           |
| 7:00PM-8:00PM   |                                  |                         |                             |                         |                         |            |           |
| 8:00PM-9:00PM   |                                  |                         |                             |                         |                         |            |           |



## PAYING MONTHLY DUES

THERE ARE SEVERAL WAYS TO PAY THE MONTHLY DUES THAT ARE DUE ON THE 1ST OF EACH MONTH.

ONE IS TO MAIL THE COUPONS AND CHECKS DIRECTLY TO MSI AT THE FOLLOWING ADDRESS:  
HERITAGE EAGLE BEND C/O MSI  
P.O. BOX 173307 • DENVER, CO 80217-3307

ANOTHER IS BY SIGNING UP FOR ACH (AUTO PAY) THROUGH THE ADMIN OFFICE BY EMAILING  
AGULLEY@HERITAGEEAGLEBEND.COM FOR THE FORM.

OR PAY WITH YOUR OWN BANK BILL PAY AND SEND DIRECTLY TO MSI AT THE P.O. BOX ADDRESS ABOVE.  
BE SURE TO INCLUDE YOUR ACCOUNT NUMBERS.

THIS WILL STREAMLINE THE PROCESS OF THE CHECKS GOING DIRECTLY TO MSI

## ARCHITECTURAL IMPROVEMENT PROJECT COMPLETED?

If you have finished your approved project, please email a completed picture to Alison at AGulley@heritageeaglebend.com or drop off a copy to the Welcome Desk or Admin Building Mon – Fri 9 am – 4 pm

*There is no need to print off pictures, just contact Alison at AGulley@heritageeaglebend.com and she can make an appointment for you to assist in retrieving the photos from your phone.*



## COMMUNITY SNOW INFORMATION SAVE THIS INFORMATION!

**Questions regarding snow pushing?** The all community Snow Line is 303.343.3063. Call this number to get information regarding Traditions, Villages and Single-Family Contracts / Community. This line is updated so you can call it multiple times. Remember that snow pushing does not begin until the snow stops falling before we come and push it.

If you live in a Traditions home, your snow pushing is done by an outside group. Villages also has an outside group. Single-Family Contracted homes, as well as the streets, are handled by HEB. If you have questions regarding Traditions or Villages snow pushing and you have already called the Snow Line above, please do not call the Welcome Desk. Instead, you'll leave a message on the:

**Traditions / Villages Hotline at 303.343.4011.**

If you live in a Single-Family Home and have a Snow Contract and have questions on your service, please call Taylor in the Landscaping / Snow office at 720.235.1852.

*Please remember, it is more important than ever to keep your vehicles off the street when it is snowing!*

**HEB SNOW LINE • 303.343.3063**



## HOW TO REPORT A STREET LIGHT OUTAGE

If you see a street light out, you can report it directly to Xcel Energy, first by collecting the serial numbers and cross street signs. Next, you'll report streetlight outages to 303-571-3608 or [https://www.xcelenergy.com/report\\_outage](https://www.xcelenergy.com/report_outage). Once reported, it will go on a list for Xcel Energy to troubleshoot and repair. It could take some time depending on the repair needs.

**THANK YOU IN ADVANCE FOR YOUR HELP IN REPORTING DIRECTLY TO XCEL ENERGY!**



## DONATE YOUR EYEGLASSES



The Lion's club has been collecting used eyeglasses since 1937. The collected glasses are sent to the Lions Eyeglass Recycling Center for processing. The eyeglasses are sorted to determine those that are usable and unusable and then placed in an inventory for the distribution to optical missions around the world.

Lions also help to minimize landfill waste by supporting precious metal reclamation and scrap processing to damaged glasses that are unusable.

**If you are interested in donating, the Airport Lions Club collection box is located in the HEB library.**

## EVENTS

**LOOK FOR EBLASTS FOR UPCOMING EVENTS AND OFFERINGS AT THE CLUBHOUSE.**

If you are not signed up for eblasts or have changed your email, please contact Jeff Lambert at [JLambert@heritageeaglebend.com](mailto:JLambert@heritageeaglebend.com) and he'll add you to the eblast list. Please ensure you haven't unsubscribed from eblasts.



**TO SCHEDULE A DISTRICT OR HOLIDAY PARTY OR OTHER EVENT, please contact Jennifer Stoneking at [JStoneking@heritageeaglebend.com](mailto:JStoneking@heritageeaglebend.com) or 720-235-1822**

## TRASH / RECYCLE CONTAINER REMINDERS:

Trash and/or recycling containers may be placed outside on the street for pick up after 5:00 pm on the evening before trash and/or recycling is to be picked up. Please do not place containers out earlier than 5:00 pm. Trash and/or recycling containers must be properly stored by the evening of pickup.

Waste Connections is only responsible for picking up contents in the bins only. They will not pick up any bags or trash outside of the containers. Homeowners can request an additional container for \$5.00 per month by calling Waste Connections at 303-288-2100 or can request an additional pick up at \$5.00 per bag (max 40lb). Waste Connections has been picking up items outside the containers in the past as a courtesy but due to staffing shortages and changes to equipment they are now following the guidelines of the contract and picking up only contents within the bin.

For questions or any missed trash / recycling pickup, please contact Waste Connections at 303-288-2100 or report at

<https://www.wasteconnections.com/contact-us/#5311>

To get on the Call List for any changes in normal service dates, please also contact them at **303-288-2100.**

Calendars for pick up dates can be found at [www.wasteconnections.com/pickup-schedule/](http://www.wasteconnections.com/pickup-schedule/)

**THANK YOU FOR YOUR HELP!**

## Lamp Posts, Lightbulbs, Mailbox Posts & Numbers, and Mailboxes

Thank you to those who have freshened up your lamp posts, mailbox posts, mailboxes, house numbers, and replaced light bulbs. These items make our community look great. In case you do not know the colors for these items, please see below:

**Lamp Posts:** The color for the lamp posts is Rustoleum Rusty Metal Primer

**Lightbulbs:** The only bulb to be used is a maximum of 60 watt or equivalent size in soft white.

**Mailbox Posts:** The stain for the mailbox posts is a Sherwin Williams stain called "SW 3512 Cider Mill".

**House Numbers for Mailboxes:** Mailboxes must have the home address in 1½ to 2 inches high white reflective vinyl numbers attached to the front lid.

**Mailboxes:** Some residents have used Rustoleum Hunter Green to repaint. Or replacement mailboxes be purchased at Home Depot, Ace hardware, and Amazon as follows:

Gibraltar Industries:

Solar E1100G00 Elite Premium Green Steel Std Size

Solar E1600G00 Elite Premium Green Steel Lrg Size

**THANK YOU FOR HELPING KEEP HEB LOOKING GREAT!**





## Aquacise Monday, Wednesday, Friday 10:15 am - 11:15 am

This is a vigorous but fun class that uses water weights to exercise and strengthen the core as well as every joint and muscle in the body. There is a supply of weights at the pool for you to use. Because of classes back to back in the pool it is easier to come with your suit on rather than trying to change before class. We have class in the outdoor pool after Memorial Day. Call Linda Rydberg with questions 303-770-6939.

**Tuesday and Thursday 9:00 am -10:00 am** led by Lynda Shirk 303-406-8525

## NEW! 8:00 am Aquacise Class

The early bird gets the pool. Please feel to join us for an early session of "Aquacise". Classes are held Monday-Friday at 8:00 – 9:00. We utilize the outdoor pool when it is available. Otherwise, we hold our sessions inside. Classes begin and end with full-body stretching followed by main body exercise consisting of isotonic, isometric, and cardio exercises. Bring your water weights or utilize the clubs. Sessions are led by HEB resident, Stu Joyce.

## Monday, Wednesday and Friday 9:00 -10:00 am

Come join the fun and get a full body aerobic workout at the same time. We've also added some extra noodle exercises to our routine. We have three different leaders - Paula Peterson, Rita Stansberry & Susan Havel. For a little more socializing, we meet for breakfast once a month in the Eagle's Nest. For information call Rita @720-220-4688.

## Art - HEBGC

For anyone interested in creative arts, please contact Sheryl Hutchings, 303-204-4682 or sahutch@me.com

## Beginning Line Dance

**Wednesday, 3:00 pm - 4:00 pm**

\$6 per class. Contact Jenny Moss jjenmoss@comcast.net

## Bridge - Ladies'

**Monday, 12:30 pm to 3:30 pm**

\$1 for prizes. Please call first. We have six tables of regular players and always need substitute. Samie Quick, 303-699-0840

## Bridge - Relax and Laugh

**Tuesday, 8:45 am to 11:00 am** - No fees

This non-competitive bridge group is for those who want to get back to a really fun, thinking game. We meet each week in our Clubhouse.

For more information call Kathy Taylor, 720-205-2920, Carrie Sharp, 720-479-8414

## Bridge - Partners

**Thursday, 8:45 am - noon**

This club meets each week at the Clubhouse. Each person pays \$1 for that day's prizes. For more information, call or Alice Edwards, 720-299-3803 or Mary Joe Kranz, 720-328-5000

**Bocce** Check the weekly E-Blast for current information on leagues and events. Leagues run from May into October. There is a Spring session and a Fall session. We have leagues for singles, pairs, men, women, and mixed. All skill levels are welcome. Leagues are held Sunday through Friday, AM and PM most days. For information on Bocce, please contact Sharon Armstrong at 303-766-1791 or sharonarmstrong82@comcast.net

## Busy Bloomers Garden Committee

**3rd Monday, 10 am at the HEBGC Clubhouse**

Enjoy gardening in Colorado! Informative, stimulating agenda to benefit members and our HEB community - special guest speakers, unique tours, lively projects, worthwhile fundraisers. Come join us and experience the social fun in gardening! Maryellen Comeau, 630.890.9100

## Car Club 2nd Saturday, 9 am at the Clubhouse

Informal meeting of guys and girls who enjoy seeing and discussing the cars. Organizers of the HEBGC Summer Car Show. No dues. No rules. Just Fun. For more information contact Jerry Stenbakken at 303-862-6201 or Jerome.stenbakken@gmail.com

## Cardio Rock Tuesdays and Thursdays, 10:00 - 10:45 am

If you love to dance and would like to be part of an enjoyable 45 minute group workout session, Jenny Moss, certified fitness instructor, has created a program just for you. In her class you will rock, pony, samba, and boogie to great music for an energizing 45 minutes! You will learn uncomplicated footwork and choreography, and will be encouraged to move at the music at your own level. Come join us in the Antero Room on Tuesdays and Thursdays.

\$6 drop-in. Contact Jenny for more information at jjenmoss@comcast.net.

## Canasta-Hand and Foot

**Every 1st and 3rd Thursday of the Month, 1:00pm - 4:00pm at the HEB Clubhouse**

Easy card game to learn, drop-ins welcome.

For more information, contact Melissa Bryson 303 952-9249

## Church - Eagle Bend Community Every Sunday at the Clubhouse, 10:00am

Call Bruce Minor, Pastor, 303-757-1455

## Crazy Quilters 3rd Saturday, 10:00 am - 3:00 pm

We always welcome new residents. We will be meeting on the 3rd Saturday of each month from 10:00 am to 3:00 pm in the HEBGC Clubhouse Craft Room. Vickie Pervich: 303-771-6342 • vickiepervich@gmail.com

## Cribbage Club Every Tuesday Afternoon

2:30 - 5:00 Both Tournament cribbage and Social cribbage each Tuesday.

\$5 entry fee for prizes for Tournament cribbage. Signup is required.

New players are always welcome. For more information, contact Larry Place at 303-617-5419 or lj\_place@msn.com

## Duplicate Bridge Wednesdays, 5:30 pm

Meet in the Clubhouse. Contact John Posluszny

Cell: 720-454-3969 jpoz4842@msn.com and Janet Cain Cell: 303-929-9088

## Genealogy Club

The HEBGC Genealogy Club offers the Heritage Eagle Bend Community an opportunity to further understand genealogy and genealogical research through education, mentoring, discussion, and preservation. Club meetings are held the 2nd Monday of every month from 10 a.m. to noon at the HEB Clubhouse. There are no dues but if there is an outside speaker, a \$5 per person fee will be charged. If you have any questions, please contact Cindy Born-Mylo at cindybornmylo@msn.com

## Mah Jongg Fridays, 12 noon to 3 pm at the Clubhouse

If you need help, please contact Peggy Calhoun at 303-746-8190

## Pickleball Club (check the HEBGC website under COURT SPORTS)

Please join us for one of the fastest growing sports in the country! Pickleball is a mixture of badminton, table tennis, and tennis. We welcome all skill levels.

We have beginning/novice, intermediate, and advanced play. See our website for current play times. We play all year, weather and court conditions permitting. We have 6 standalone courts with permanent nets.

For more information, please contact Brenda Waterhouse @ bwaterh19@gmail.com

## Parkinson's Support Group

**3rd Thursday each month at 11:00 am, in the HEB Clubhouse.**

Learn from others diagnosed with PD, and their caregiver.

Contact Bruce Minor (303) 504-0000 bruceminor@eaglebendcc.org

## Pinochle Club 2nd and 4th Wednesday, 12:00 pm - 4:00 pm

Contact Barbara Pedersen, phone 303-690-3451 for more information

## Singles 2nd Thursday, 4:30 pm

The Singles group has a calendar full of fun group activities and outings. We occasionally have speakers at our meetings and host a Spring and Fall Luncheon that includes entertainment. All HEBGC residents are welcome. Please contact Joani Cravens at jolycravens@gmail.com or 303-690-9467

## Strength Training Wednesdays and Fridays 4:00 pm – 5:00 pm,

**Wednesdays 7:00 am – 8:00 am**

New Directions Personal Training offers group strength training classes at HEB. Please call or email Stacy Montgomery at 303-898-5945 or stacy@newdirectionspt.com for more information.

## Tennis Club

**Men** - Drop-in doubles for all levels Tuesday and Saturday mornings.

Call for current times as they change by seasons.

**Women** - Drop-in open doubles for all levels. Mondays 9:00 - 11:00am.

Times change with warmer weather. See emails and gazebo bulletin board for mixers and interclub play information.

*Need more information or have questions?*

Call David Peck at 913-579-3218 or Karen Wadleigh 719-233-9325

## Water Volleyball Tuesday, Thursday and Saturday Noon - 2:00pm

If you're interested in having fun and getting a good workout, then please join us at Water Volleyball. No swimming is required and we welcome all skill levels. For more information, please contact Linda Cooper, 714-337-5920 or Larry Greenberg, 303-594-5466.

## Watercolor and Beyond

**Monday 1:00 pm - 4:00 pm**

For all those interested in painting in watercolor and exploring other media, meets every Monday.

For more information, please contact

Sheryl Hutchings, 303-204-4682 or sahutch@me.com





## Another Exciting CAL Term Begins Successfully by Sheryl Hutchings, CAL Chair and Publicity Lead

**Booyah!** A slang interjection conveying excitement or exuberance. (Note: it was officially added to the Merriam Webster Dictionary way back in 1990.)

This expression of exuberance is exactly how the CAL Leadership team feels about the successful kickoff and start of classes for the Fall 2023 term!

We sincerely thank those 186 residents who registered for the dozen different classes being offered during the Fall Term. All twelve classes met their minimum requirements for enrollment and one third of them met their maximum available seats number. **Booyah!**

Now the planning is well underway for the Winter 2024 Term which will begin in January. Class proposals have all been received and reviewed, and facilitators are hard at work putting together their plans and presentations. You won't be able to preview Winter classes until mid-November, but we promise you will be excited about what's on tap for January, February, and March of 2024. **Booyah!**

If you are new to HEB and haven't yet taken a CAL class, please be on the lookout for information about upcoming classes and plan to take advantage of lifelong learning opportunities. If you have lived here for some time and have never taken a CAL class, it is time to get involved for many reasons.

The medical experts all agree. Seniors receive benefits above and beyond what they learn in classes. Improvements in socialization, cognition, and physical and mental health are also outcomes of lifelong learning.

As we age, loneliness can become a big health risk factor that can impact our health and wellness. By choosing to take classes, you can combat loneliness through social engagement, especially since you're surrounded by people who share your interests.

In terms of cognitive improvement, according to research by Dr. Ipsit Vahia, director of geriatric outpatient services for Harvard-affiliated McLean Hospital, "New brain cell growth can happen even late into adulthood. The process of learning and acquiring

new information and experiences, like through structured classes, can stimulate that process."

Furthermore, believe it or not, there are physical benefits to taking a class, even if it is not an activity-oriented class. Classes that involve listening and reading can contribute to physical wellness. A study by the University of Sussex in England found that reading for as little as six minutes lowered study participants' stress levels, slowing their heart rates and easing tension in their muscles. Lower stress has wide-ranging benefits for seniors' cardiovascular health, decreasing blood pressure and reducing the risk of a stroke or heart attack, boosting immunity, and lowering levels of depression.

And finally, being fully engaged in learning something new has been found to provide satisfaction and happiness, thus improving mental health. However, to derive these benefits, the tasks must be difficult enough to really challenge the learner. It's overcoming the challenge that produces improved health and happiness.

Rest assured that CAL is working round the clock to offer interesting and challenging educational opportunities that will provide these benefits. Lifelong learning isn't just fun: it is fundamental to aging well.

**Booyah!**

### LET'S TALK MUSICAL THEATRE!

**FRIDAY, OCTOBER 20**

**10 A.M. CLUBHOUSE**

**RSVP REQUESTED**

**ALICE EDWARDS AE5@AOL.COM**

**Eagle Book Club** Meets the third Thursday of the month at 7 pm in the HEBGC Clubhouse.  
Mary Ann Tarr - 720-318-7706 • Mary Jo Kranz - 720-376-8197 • Elaine D'Angelo - 303-794-5622

October 19, 2023 Klara And The Sun by Kazuo Ishiguro

Klara And The Sun is a thrilling book that offers a look at our changing world through the eyes of an unforgettable narrator, and one that explores the fundamental question: what does it mean to love?  
*Science Fiction*

November 16, 2023 American Dirt by Jeanine Cummins

This is the story of Lydia and her son as they struggle to escape Cartel violence in Alcapulco, Mexico and their journey towards safety in the United States. *Fiction*

December 21, 2023:

*No Book Club Meeting*



## HEBGC Genealogy Club News!!

by Cindy Born-Mylo

Our October 9, 2023 program will feature our own Bill Hately presenting his lecture on Demystifying DNA. His presentation will cover the basic components of human DNA, where it is located in our bodies, how it is passed on to new generations and how one can use the DNA "numbers" reported by genealogy sites to understand family relationships, like siblings, first or second cousins, grandparents or great grandparents. It will cover how DNA is linked to a person's ethnicity reports. It will cover how to use DNA to understand any surprise results provided by genealogy sites' analyses of your DNA.

An HEB resident for 23 years, Bill was a biology major in college and an optometrist in the Army for 26 years. Following his retirement from the military he spent the next 19 years in health care management and has been researching the genealogy of his family for the past 9 years. Bill likes to think of himself not as a professional genealogist, but more of a family storyteller. He has provided a lecture on male YDNA 4 times as a part of the HEB CAL genealogy class and been a member of the HEB Genealogy Club for 3 years.

The presentation will be given in person and via zoom. Please contact Cindy Born-Mylo at cindybornmylo@msn.com as soon as possible if you would like to attend. There is no cost for this lecture.

### SAVE THE DATE: \*\*\*DATE CHANGE\*\*\*

The date of our November meeting is now **November 6** due to the holiday decorations being put up in the Clubhouse. Our speaker will be J. Mark Lowe presenting *Finding Your Landless Ancestors*.

The Genealogy Club is open to all HEB residents and meets the 2nd Monday of every month at 10:00 a.m. until noon at the HEB Clubhouse. If there are any questions, please contact Cindy Born-Mylo at cindybornmylo@msn.com.

### SMART DRIVER COURSE NOW FREE TO CURRENT AARP® MEDICARE SUPPLEMENT INSURANCE PLAN CUSTOMERS

UnitedHealthcare is performing all marketing activities related to this free offer and is providing customers with information on how to take advantage of it.

The AARP Smart Driver online course is an alternative, especially for those who need to renew their car insurance discount.

Website: [www.aarpdriversafety.org](http://www.aarpdriversafety.org)

**NEXT AARP DRIVER SAFETY CLASS  
NOVEMBER 17 FROM 8:45AM TO 1:00PM**

**Call the Welcome Desk to register**

**Please pay by check or money order**



Remember we are having  
Texas Hold'em twice a month.  
1st and 3rd Wednesdays



### 2023 TEXAS HOLD'EM

**October 4 & 18**

**Time is 6 pm – 9 pm**

**BUY IN \$20**

Come a few minutes early to set up. To Rebuy, you must be out of chips. If you come on time, you get an extra chip. Rebuy's until the Break, Around 7:30.

**Dates for the 2023 year are:**

**November 1 & 15 • December 6 & 20**

**Looking Forward to enjoying the evening.**

**Any questions, you can email or call.**

**Barbara Sachetti**  
bbdancers@msn.com  
303-917-4379

**Mike Hulan**  
Mikehulen@yahoo.com  
303-868-3316

### AAC Requests – Information to Provide for a Complete Application for Review:

If you are considering submitting for an exterior improvement, we have provided a sample below to adapt to any project you may be submitting for. Please email hebaac@heritageeaglebend.com for Plot Plans and AAC forms OR they can be found at [www.heritageeaglebend.com](http://www.heritageeaglebend.com). After logging in, select HOA/select Committee Reports/select Architectural Submittals & AAC/Architectural Submittal Form.

*For a landscape request, you'll submit the following:*

- AAC forms
  - including signatures from neighbors, at least 1-2 must sign (emails from neighbors acknowledging the project can be included with the forms and information)
  - initial all areas on the forms (no check marks)
  - include details of project
- Plot Plan
  - drawing on location of requested improvements
- Photo(s) of existing areas you wish to change
- Additional information such as:
  - Size, dimensions, accurate drawing of changes, plants, materials, etc.
- Any additional information helpful to the AAC in their review process

*Please send all of this to hebaac@heritageeaglebend.com or drop off at the Admin Building M-F between 9 am – 4 pm*



## Billiard's Club News *by Marty Patten*

**F**all is a great time to transition to indoor sports, so why not come join us in playing pool on Monday and Thursday afternoons. Many Billiards Club members continue to play pool every week, so come on over!! Please join us to play, regardless of your skill level. All are welcome!

The regularly scheduled dates and times set for open men's play, for billiards club members, are currently Monday and Thursday afternoons from 1 to 5 pm. We can have 8 or more players at a time in the Billiards Room, so we can have members playing on both pool tables, with 4 at a time playing on each table. We can also schedule additional days and times or even evening times if there is enough interest. If we can get more participation and enough interest, we would again like to host pool tournaments and playoffs.

If you would like to join the Billiards Club, dues are currently \$10/year, but remain suspended for all members until we resume full normal operations. Women are also encouraged to join and in the past there has been a regularly scheduled women's pool playing session on Tuesday afternoons from 2 to 5 pm. It is also possible to set up times for couples play, again if interested.

If you want to join the Billiards Club, or if you have any questions, please contact Marty Patten @ (303) 690-5971. Your feedback on when to schedule reserved times for play is appreciated.

## HEBGC Car Club

Our Car Club meetings are usually held the 2nd Saturday of the month in the HEB Clubhouse.

The best way to be apprised of meeting schedule changes and car club events is to be on our email distribution list.

Email your information to  
[jerome.stenbakken@gmail.com](mailto:jerome.stenbakken@gmail.com) to be added.



## BLACKHAWK TRIPS FOR 2023

Cost is \$30 for each person.

The bus will be going the 4th Thursday of each month except November and December.

We leave the Clubhouse at 9:00 am and leave the Bally Casino at 3:00 pm. The cost for each person is \$30.

The following are our trips for this year:

October 26,

November 16, and December 21

Next trip will be **September 28th**

Each person receives \$10 in play upon arrival and \$15 food coupon after 50 points of play. Reservations need to be made and paid 7 days or earlier before the trip. No refund in the last 7 days unless the trip is canceled.

Reservations may be paid with cash or check.  
Text or email to Syble Revard 303-917-4095,  
[syblejane2@gmail.com](mailto:syblejane2@gmail.com),  
for address to send or drop off payment.

## The Chavurah

The HEBGC Chavurah invites you to join our Circle of Friends, a Jewish-oriented social group here at HEBGC. The word Chavurah is a Hebrew word which means "circle of friends. We welcome anyone interested in participating in traditional and social Jewish activities.

Some of the planned activities are a Chanukah Party, Passover Seder, attend plays, a summer BBQ, and other events which please our members. We also lend support to our members during times when they need care, help, and comfort through difficult times. Currently we meet monthly.

*For further information, please contact:*

*Jerry Lassow 720-379-7429 Chairperson*

*Donna Musciano Vice Chairperson 303-663-7472*

*Natalie Lassow Secretary 720-379-7429*

*Stan Sachs Treasurer 661-717-6558*

## VETERAN'S COFFEE

MEETS THE THIRD FRIDAY  
EACH MONTH AT 9 AM

HUMBOLDT ROOM



## HEB Artists in the Mood for Another Challenge *by Sheryl Hutchings*

Vincent Van Gogh is quoted as having said “I often think that the night is more alive and more richly colored than the day.” One has only to look at his famous “Starry Night” painting to see this thought brought to life. In agreement with Van Gogh and inspired by the idea that night offers many beautiful scenes to paint, our group chose “Night Vision” as our theme for our October creations.

**Karon Sorensen** shared a beautiful mountain starry night scene. “My watercolor painting of the ‘Starry Night’ is my interpretation of being up in the mountains at dusk overlooking a lake and enjoying the magnificent stars in the sky.”

**Alaine Lessing’s** mixed-media painting is entitled, “Same Moon, Different Millennium: Ashcroft.” She reports that “not much remains of this once-bustling mining town, which rivaled Aspen back in its heyday.” Alaine says, “Painting this reminded me of what the High Lonesome really feels like.”

**Linda Ault’s** acrylic night vision painting is titled “Land of the Midnight Sun.” She comments, “Growing up in the far north, I saw this a lot, so I am quite fond of these beautiful night sky creations.” Linda, a new participant in our painting group, also comments that “it is so much fun to see everyone’s paintings each month!”

“Moonglow,” a watercolor by **Elaine Tsumura**, aims to capture the awesome reflections in water when the surrounding areas are dark. “I tried to capture the light from the moon shining through the trees and lighting up the quiet surface of pond water. I titled the painting ‘Moonglow’ because it reminded me of the old song: “It must have been MOONGLOW, way up in the blue...”

**Sheryl Hutchings** submitted a watercolor entitled “Northern Lights,” which is based on a photograph a friend sent her after visiting Iceland, one of the places that is now on Sheryl’s travel bucket list. Experts say that the best time to see the Northern Lights is on clear nights around midnight during the Aurora season which starts at the end of August and finishes by mid-April. If Sheryl does get to Iceland during the 2024 Aurora season, she will most certainly take her painting palette with her!

“Blossoms of Light,” a watercolor creation by **Christina Davis** was inspired by the Botanic Gardens Blossoms of Light, a very popular local event at Christmas time. Christina attended with her family, took some photographs, and came home to paint. “I was absolutely awestruck looking at all the beautiful lights spread throughout the Gardens, in all the trees and bushes and hanging over paths. It was an unforgettable experience.”

“Neon in Night Waters” is **Roxanne O’Rourke’s** contribution to this month’s Night Vision theme. She says, “Watching koi fish in their ponds is so relaxing and interesting to me! Though this painting is certainly more whimsical than realistic, hopefully these pond playmates will still make people smile!”

All of us in the Watercolor & Beyond painting group hope you will visit the craft room any time during the month of October to see these creative endeavors.



Starry Night



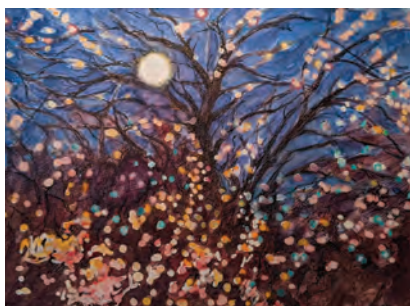
Same Moon, Different Millennium: Ashcroft



Neon in Night Waters



Land of the Midnight Sun



Blossoms of Light



Northern Lights



Moonglow



## Rotary Club of Centennial Drug Take Back

On Saturday August 5th, the Rotary Club of Centennial along with the Arapahoe Sheriff's Department held the Sixth Annual Drug Take Back here at HEGBC. This was a 2 hour drive thru event culminating with a collection of unused or expired Prescription and Over the Counter drugs weighing in at well over 150 pounds. Each year this continues to amaze not only the Rotary and Sheriff's Department but the volunteer workers collecting bags of drugs to be destroyed. Volunteers received positive response from participants stating they were thankful for the ease of accomplishing what they needed to get done and hoping to continue as a yearly event for the community.

The Rotary Club of Centennial, Arapahoe Sheriff's Department and volunteers have agreed to continue annually a drive thru drop off event on the first Saturday in August. Watch for follow up information in the monthly newsletter & weekly news Eblast for the August 3, 2024 Drug Take Back.

A thank you to the HEBGC staff in scheduling and supporting this event. Thanks to Ron Riedesel for coordinating with Rob Johnston of the Rotary Club of Centennial and Scot Sickafoose of the Arapahoe Sheriff's Department.

- Carolyn North, CURN ret'd



## August Blood Drive - Another Success!

While there can never be enough ready-to-go blood to match every critical need, our August blood drive went a long way to replenish our local supply. Approximately 86 donors showed up to help in the best way possible. It's an honor to host the blood drive when our community's donors are so dedicated. Vitalant continues to be impressed with all of you who donate drive-after-drive. Many, many thanks.



Our next blood drive is on **Friday, November 3, 2023**. We are scheduling appointments now, so contact [junegoddardcolorado@gmail.com](mailto:junegoddardcolorado@gmail.com) if you have questions or would like to make an appointment.

And big congratulations to your neighbors shown below who have achieved major donation milestones:

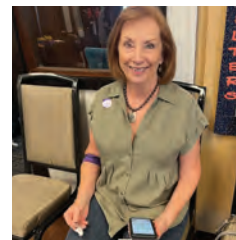
**JOHN Inderwish** – 1 gallon; **GAIL Inderwish** – 2 gallons; **JAMES COOPER** – 5 gallons; **BONNIE LEMONS** – 5 gallons, **CHERYL REIMER** – 1 gallon and **GARY LUSSENHOP** with a whopping **ELEVEN GALLONS**. You guys are the gold standard!



Bonnie Lemons - 5 gallons



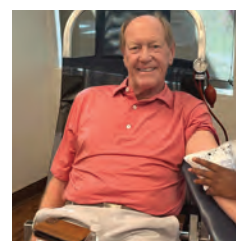
Cheryl Reimer - 1 gallon



Gail Inderwish - 2 gallons



Gary Lussenhop - 11 gallons



John Inderwish - 1 gallon



James Cooper - 5 gallons



## Bocce by Cathy Murtha

The 2023 Bocce season is coming to a close on October 13th. And what a season it has been!



We started off with a bang on March 8th with the Inaugural Spring Bocce Event. What a success that was, Steve Smith sang and led the group with our own Bocce song, to the tune of That's Amore! Attendees were also treated to a Fiesta Buffet, games and achievement awards. Judging by the smiles on everyone's faces, the event was a huge success.

The Spring season started off on Sunday, May 21st with a new league "Team Bocce". This was a beta testing league and with the great comments we received when the league finished, we made changes as needed and we are anticipating a modified version of both for 2024. Besides the standard Mixed Pairs, Singles, New Players and Traditional leagues we maintained the Friday Drop In play. The biggest obstacle of the Spring leagues was rain! I know this has been a common thread throughout this year's ebbs and newsletters but come on! The Thursday Traditional league was barely able to complete their games to make the standings! It seemed they were always making up games on off days!

June 24th brought the Men's tournament and all the fun of competition and great games of Bocce! In the end it was narrowed down to three teams in the finals, with the first place winners going to Allen Weiss and Jim Newman, second place went to Abe Zeiderman and John Toelle, with the third place position going to Bob Holtschlag and John Kimble. The Mixed Pairs tournament followed on Friday July 28th and it did not disappoint! Is it my imagination or are the Bocce competitors getting better each year. The winners were first place going to Bob Morgan and John Kimble, second place went to Dave Bedrosian and Doug Neves, third place winners Bob Smith and Don Smith, fourth place: Richard and Robin Turner. The Women's Tournament was held on September 9th and it was hosted by the Men of the Bocce Club. The first place winners were Keely Day and Joan Snihur, second place went to Nancy Zanetti and Sherri Moody, and third place winners were Cindy Brewer and Robin Turner.

Soon the courts will be prepared for Winter and the ball stands tucked in and snow will cover the courts. It has been a great year for Bocce. The Leadership Committee has worked hard to make this year a success. If you see Sharon Armstrong, Mary Jo Collins, Brenda Martin, Dennis Havel, John Kimble, Mike Anderson or Don Smith, give them a big thank you for their work to make Bocce a successful club. It has been my pleasure to work with them on the Committee and I look forward to next year and what it will bring.

## SEE YOU IN THE SPRING!

If you would like to reserve the Bocce courts during off league play, please contact Mary Jo Collins at big\_strong\_woman@yahoo.com or 303-810-1725 and she will help you.

## JUST REMEMBER : LIFE IS GREAT — BOCCE MAKES IT BETTER!

Please contact Sharon Armstrong with questions or comments at 303-766-1791 or email at [sharonarmstrong82@comcast.net](mailto:sharonarmstrong82@comcast.net)

## PASSPORT FOR THE ARTS IS BACK FOR 2023

Please see listed below some dates and times for upcoming shows:

Annie • November 26th 2:00 \$79.20

Need to sign up by October 9th

Six • December 17th 2:00 \$99

Need to sign up by November 6th

### 2024 Dates

Jesus Christ Superstar • January 28th 2:00 \$84.15

Need to sign up by December 15, 2023

Chicago • February 4th 2:00 \$84.15

Need to sign up by December 20, 2023

Message in a Bottle • February 25th 2:00 \$74.25

Need to sign up by January 8th

Hairspray • March 10th 2:00 \$88

Need to sign up by January 30th

Shrek • March 17th 2:00 \$79.20

Need to sign up by February 12th

M.J. • April 28th 2:00 \$93.50

Need to sign up by February 23rd

Cher • May 5th 2:00 \$79.20

Need to sign up by March 27th

Company • June 2nd 2:00 \$84.15

Need to sign up by April 5th

Wicked • July 28th 2:00 \$108.90

Need to sign up by June 10th

Please sign up at the Welcome Desk and bring your check at that time made out to DCPA.

Thank you, Donna Musciano  
[donna.Musciano@gmail.com](mailto:donna.Musciano@gmail.com)  
 303.570.4287



## EB Singles by Ginny Schiel

As summer comes to a close, members of the Singles Club appreciated shared friendships through many activities. Some members attended Rockies games, the Sugar Plum Bazaar at the Stanley Marketplace, a Rendezvous at the Fort, bowled with friends, attended movies, enjoyed a trip to Blackhawk, met for breakfast, went on a boat cruise, and celebrated at the Birthday Bash.

Singles Fall Luncheon was a big success, thanks to Pam Earnest and Mary Jo Kranz. Open to all HEB residents, "Erma Bomback: By Your Side" was a sold-out event.

Plans are underway for October: The Singles Activities Committee will start it with a Koffee Klatch at the Clubhouse and continue through the month with the Parker Boomer Hour, Bowling, a Birthday Bash, a Blackhawk trip, Singles breakfast, and a trip to the movies.

A costume party is scheduled for Singles membership meeting on October 12. Prices will be given for the funniest, cutest, most creative/original, most stylish and scariest costume.

A new President and Vice-President of Singles will be installed in October. Joani Cravens, who was Singles former Secretary, will be taking over for Pam Earnest who worked extremely hard navigating EB Singles through the post-Covid period where members were slowly feeling better about once again getting out and having fun. Joani brings a lot to Singles with her past experience as a City of Aurora Manager. Judy Ficke is our new Vice-President, and Diana Renn took over as our new Secretary.

If you need information about Club events and who to contact, our monthly calendar will be in the EB Singles binder at the HEBGC Welcome Desk. Check your calendars for events you would like to attend and sign in on the event sheets in the Singles book at the front desk.

We encourage you to attend our Singles Club membership meetings the second Thursday of the month at 4:30 pm to learn more about our EB Singles. All HEBGC residents (married or single) are welcome, and if you are interested in joining or finding out more about us, please contact Joani Cravens at [jolycravens@gmail.com](mailto:jolycravens@gmail.com) 720-837-4036.



## Busy Bloomers Garden Committee

August meeting: We met at the Clubhouse and carpooled to 10 members homes in HEB. We toured these beautiful gardens seeing the effort, skill, and work that was demonstrated in each of these gardens. After our tour, we met at the Parkway Grill for lunch.



September meeting: The Busy Bloomers carpooled from the Clubhouse to the Denver Botanical Gardens. This is one of the top five botanical gardens in the nation. We had docent leaders give us a tour of several of the different gardens.

For our October meeting, we will meet in the craft room to make arrangements with pinecones led by Kate McTigue.



For questions please contact Maryellen Comeau,  
[marycomeau@aol.com](mailto:marycomeau@aol.com)



## Tennis Club *by David Peck*

The summer may be over but the tennis at HEB is going strong! We have picked up several new members this summer and the weather has been very nice. It was a hot summer however we always found players willing to endure a little heat. We moved the morning start times back to 8:30 am but with the fall weather have moved them back to 9:00 am. I want to thank the HEB maintenance department for fixing the tennis courts lights. We have really enjoyed playing in the evenings when the sun is not a factor with these lights. Both courts are often used and our ball machine has been well utilized on court #2. The courts are clean and well marked. The benches are painted and the shade umbrellas are great on sunny days.

Our social event is scheduled for September 30th. We will be playing tennis at 9 am. We will find clever ways to accommodate all the tennis players who attend on our remaining 2 courts. The social luncheon will start at 11:00 am in the Humboldt room. Members are encouraged to bring a guest to the luncheon. It is great to get all of our members together at one time.

As the weather improves this fall I hope we can get more people playing tennis with us. The US open this month is always great to watch and an inspiration to play more tennis. Tennis has a long history here at HEB and always will. New residents at HEB are finding out about our club and joining in the fun. If anyone wants more information please contact me at 913-579-3218 or Karen Wadleigh at 719-233-9325. We are playing on Saturday, Monday and Tuesday morning as well as Thursday evenings so stop by and check it out. The schedule is posted at the gate on court #1.

David Peck 913-579-3218 • dpeck2100@gmail.com

## Monday Night Fun Group

Our 2023 season has come to an end. We thank all those who participated and helped to make our weekly golf scramble a lot of fun. We also want to give a huge shout-out to the Pro Shop and Food Service, whose tireless efforts make our Fun Night possible and very enjoyable.

We anticipate some changes for next year, so please stay tuned for more information as we get closer to the 2024 spring kickoff for our Fun Group Golf Scramble. Hope to see all of you at Back to Golf Night at the Clubhouse in March.

Lynn Nelson  
[lynn\\_nelson712@comcast.net](mailto:lynn_nelson712@comcast.net)  
 Hal Nelson  
[pipernelson@comcast.net](mailto:pipernelson@comcast.net)



## CONGRATULATIONS TO OUR NEW LEADERSHIP TEAM MEET AND GREET OUR LEADERSHIP TEAM



Brenda Waterhouse  
Chair



Tracie Field  
Vice Chair



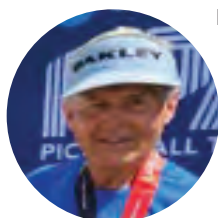
Susan Walsh  
Secretary



Pam Baker  
Treasurer



Terry Kasper  
Member-at-Large



Thank you to Jim Strouse for the past year of new and nifty training programs. As a result of Jim's dedication our member skills and abilities on the courts have shined through daily play, club tournaments, and our club has gained national recognition with some of our members participating in tournaments all over the United States!

## CPR/AED TRAINING

Ed Abrams has been working with the Master Board to get an AED machine installed at the Pickleball Courts. After about 17 months, he finally got approval. Thank you Ed.

Ed and Scotty Kelly have been training the pickleball community on how to do CPR and use the AED machine on September 7th he trained the 100th student, Deb Snead! This is a huge milestone for them and a job very well done. Hopefully, we will never have to put this into action, but we are ready to save lives on the court!





## Ladies 9-Hole Golf Subcommittee

by Mary Scherr

Our League season ended on September 21st with a scramble and delicious lunch from the staff at the Eagle's Nest. The official league ended but not the golf as we continued to play through the end of the month and into October just for fun. Now we are looking forward to next year starting with the annual Snowball Social on January 18th.

The final exchange of the year was at Lone Tree and the team who attended reported a beautiful day playing on the front nine-a new experience as the exchange is usually played on the back nine! A Huge thanks to Pam Finch, Exchange Coordinator, for all the organizing that goes into making the Exchange Program so successful. Many hours go into setting up the roster, working with the other 5 clubs on the schedule, collecting and paying fees to the other clubs, and organizing our own exchange. Because of Pam's attention to the smallest detail, the HEB hosted a fabulous Exchange that received accolades from all who attended.



More next month on our Closing Day Scramble and Social including the winning teams.

**SEE YOU ON THE COURSE!**

## Tuesday Morning Ladies 18 Hole League

by Sue Matteson

With our Fall Brunch and Annual Meeting on Oct. 3, we close out the 2023 golf season for the Tuesday Morning Ladies 18 Hole League. For the most part, the weather has co-operated and we've had some great golf days.

This summer we had our annual member/guest day and two league fun days. In July we held a four person step aside scramble and in August we had a two person scramble. Prizes were won in each event and all of us that participated had a great time. The pictures are from the luncheon after the 2 person scramble.

Thanks to Craig Hatch, Assistant Pro and the golf shop staff for the great work you've done for the league this year. Craig organized the games every week and kept us on track. And, also, to Marty and the grounds crew for keeping the course in such good shape.

Hoping we can have some good golfing weather late into the fall and be ready to be "back in the swing" next spring.



## Golf Shop Corner

by Jason Franke, PGA Director of Golf

October always means a change in the seasons and generally some great golf weather! All of the leagues have wrapped up their successful seasons, and we want to thank everyone for supporting all the different leagues, making for an exciting 2023!

Marty and his team began their fall aeration with the greens on September 11th and 12th. The greens healed quickly and we're already back to great conditions!

Just a reminder that all league credit book earnings will expire at the end of the year, so please visit the Golf Shop to

spend that up! We can generally special-order items if you can't find what you're looking for. Remember that HEB residents always get 30% off all apparel, 10% shoes and 15% off all accessories.

Also, all Rounds Package money will not expire at the end of the year, so feel free to reload if you need to as those funds will carry over!

Thank you for your continued support and we hope you all stay safe and healthy!

If you need anything or have questions or concerns, please contact Jason Franke at (303) 400-6700 or jfranke@heritageeaglebend.com.

## Men's Golf Association by Larry Cotter MGA Chair

**Can you believe we are about to close out yet another VERY successful MGA season.**

Congratulations to Mike Miyaki for winning the MGA Club Championship low Gross with an impressive two round total of 153 (Mike is our Club Champion two years in a row, WAY TO GO MIKE) and to Bruce Hahn who shot a two round low NET of 141 to win the low NET title. It was a hard fought and exciting two weeks of play with a lot of good golf and a lot of members enjoying the competition.

At this time we still have the HEB CUP competition (21 and 22 September) to look forward to which is always a fun and exciting event for the players who accumulated enough HEB CUP points to qualify for the two day event. It's always a fun two day event filled with excitement giving our MGA members a chance to experience what it's like to play in an event similar to the RYDER Cup. It will be interesting to see which team can come out victorious.

Most importantly let's not forget the final round of play which is the Presidents Revenge and fall luncheon/business meeting on 27 September. For all you members who like to sit back and complain every week over an adult beverage or sent emails complaining about the week's earth shattering issues (you know who you are), this is my chance to create a format that will make you wish you were nicer to your MGA Chair. Remember when you are scratching your head wondering what the heck was he thinking, IT WILL BE FUN! Don't worry we have already gone out and played the format and I think you will find it fun, playable and have a good time.

As always the MGA is a fun and exciting organization and if you have any comments or recommendation please feel free to share with the members of the Leadership committee.

### MGA CHALLENGE FOR OCTOBER

#### THANK ALL OF THE DEDICATED FOLKS WHO MAKE IT POSSIBLE FOR US TO HAVE OUR GREAT MGA SEASON.

We often forget how many dedicated men and women it takes to make our Wednesday MGA season successful. Starting with the entire behind the scenes workforce who spends uncountable hours riding mowers, grooming fairways, greens and traps. We take for granted that when we show up and carts are up in the parking areas ready to go, balls on the driving range and all of the smiling faces that greet us in the pro shop. And last but not least are the cooks, servers and bar tenders who allow us to gather and enjoy visiting with new and old friends. In addition to respecting our course take a little time to thank all of the staff that makes our MGA and HEB community the great place that it is. It's impossible for me to account for everyone involved in the success of the MGA, PLEASE go out of your way to thank them all and if I have missed anyone I apologize and say a BIG THANK YOU.

## Women's Golf Association by Sandi Miyaki

On September 28 & 29, the HEB Women's Golf Association held their 2023 Club Championship. We extend our congratulations accordingly:

**Overall Gross Champ is Pat Brewer!**

**Overall Net Champ is Deb Alderson-Pool!**

**Gross:** 1st, 2nd, & 3rd, 4th place finishers respectively in each of the following flights: **Flight 1** - Deb Snead, Linda Schippers, Amy Zook; **Flight 2** - Shari Marsh, Becky Genet, Gail Inderwish, Marsha Brillhart; **Flight 3** - Cherie Conway, Christy Bodaness, Shirley Gillespie; and **Flight 4** - Lori Gibson, Jamey Versteeg, Deb Walleen.

**Net:** 1st, 2nd, 3rd, 4th place finishers respectively in each of the following: **Flight 1** - Melanie Smith, DeDe Pomeroy, Lori Schmidt & Sherrie Gambrell (tied); **Flight 2** - Barb Fagan, Diane Pranske, Ann Gallagher, Debbie Strine; **Flight 3** - Marsha Comstock, Vickie Dyciewicz, Amy Knowles; **Flight 4** - Vicki Griffith, Jill Taylor, Connie Stires.

We appreciate the support of Craig Hatch and the HEB Proshop throughout this 2 day event. Good news, in 2024, WGA plans to have the 2 day League Championship on successive Tuesdays. Please watch for our 2024 play schedule later this fall if participating in this championship event is on your wish list!







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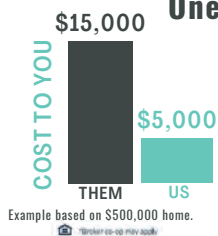
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| <b>Traditions Hotline:</b>                       | <b>303.343.4011</b> |                         |
| Jane Harris, President, <i>Irrigation</i>        | 214.923.7596        | jgh847@hotmail.com      |
| John Ehlers, Vice President, <i>Snow</i>         | 303.484.9352        | jodo7875@comcast.net    |
| Joe Parsons, Treasurer, <i>Roofs and Gutters</i> | 925.548.4436        | attjfp@gmail.com        |
| Carolyn North, Secretary, <i>Back-up</i>         | 720.870.8989        | carolyn7176@comcast.net |
| Ed Doherty, Director, <i>Landscaping</i>         | 303.548.7037        | Ed.doherty@comcast.net  |
| Bob Janky, Director, <i>Irrigation Stats</i>     | 303.564.1104        | bobjanky4@gmail.com     |

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| Terry Pearson, Treasurer/Secretary | 831-676-7307        | terrypvillages@gmail.com   |
| Marcia Johnson, Director           | 303-949-1404        | marciamay1949@gmail.com    |
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